



EMSL Analytical, Inc.

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Phone: (813)-280-8752 (856) 858-4800

Symphony Natural Health
2550 South Decker Lake Boulevard, #28
West Valley City, UT. 84119
Phone: 415-243-9991

EMSL Order No.: 362300247
Sample(s) Received: 1/20/2023
Date Reported: 2/3/2023
Date Printed: 2/3/2023
Reported By: E.Mirica

- Laboratory Report -
Analysis of Microplastics
Project: Microplastics in OHCS

Conclusions:

The data obtained during analysis indicates the following:


- No microplastics were detected in samples 1 – Culinary Salt and 2 – Sole Stones.

Procurement of Samples and Analytical Overview:

The samples submitted for analysis arrived at EMSL Analytical on 1/20/2023. The package arrived in satisfactory condition with no evidence of damage to the contents. The data reported herein has been obtained using the following equipment and methodologies.

Methods & Equipment: Polarized Light Microscopy (PLM) – *Zeiss, Universal Petrographic Microscope*
Reflected Light Microscopy (RLM) – *Nikon, DF Microscope*
Raman Spectrometry/Microscopy (RM) – *Horiba, XploRA Plus*

Analyzed by:



John Newton
Senior Materials Scientist

2 February 2023

Date

Reviewed/Approved by :



Eugenia Mirica, Ph.D.
Laboratory Director

3 February 2023

Date



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Background:

Two samples were submitted for analysis. The purpose of the analysis was to determine the microplastics concentration.

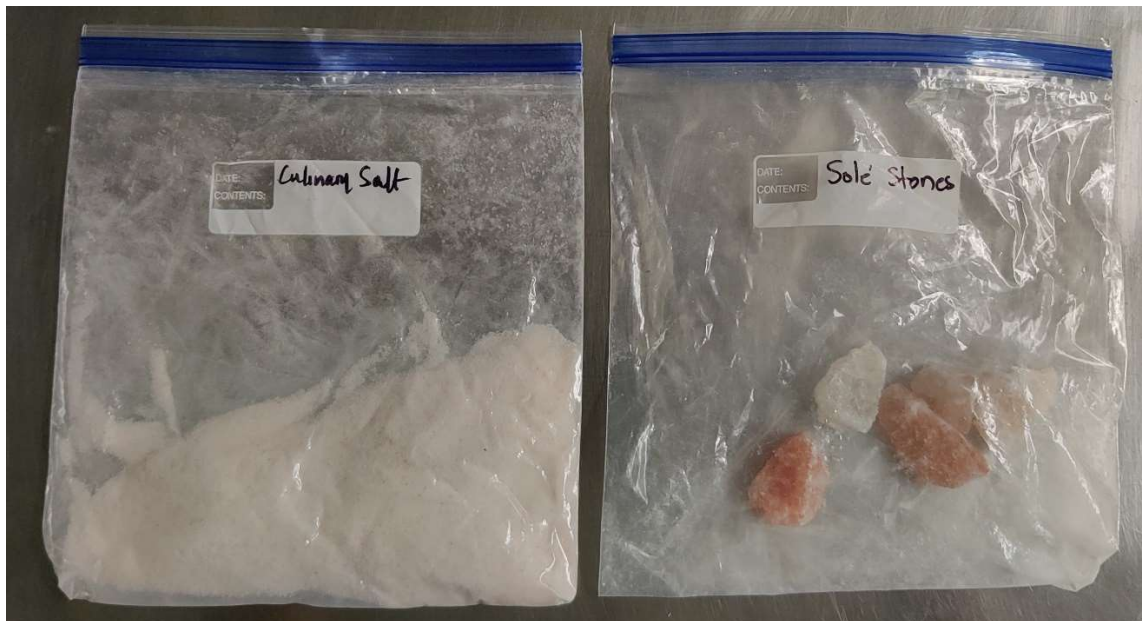


Figure 1: Sample as received for analysis.

Sample ID	Description	Date/Time Sampled
1	Culinary Salt	1/10/2023
2	Sole Stones	1/10/2023

Sample Preparation:

See Appendix 1 for sample preparation.



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Summary of Results:

Table 1: Summary of microplastics analysis.

Sample ID	Description	Microplastics
1	Culinary Salt	No Microplastics Detected
2	Sole Stones	No Microplastics Detected
NIST Spike ^A	EMSL Lab	NIST traceable polystyrene spheres present within accepted control range
Laboratory Blank ^B	EMSL Lab Water	No Microplastics Detected

Comments: A) NIST traceable polystyrene microsphere control sample prepared by laboratory for QC purposes.
B) Laboratory prepared particle-free water used during NIST sample preparation, filter rinse and glassware cleaning.

Sample Preparation:

See Appendix 1 for sample preparation.



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Results and Discussion:

Table 2: Microplastics results for sample 1.

EMSL ID:	362300247-0001		
Sample ID:	1		
Description:	Culinary Salt		
Amount Analyzed:	750(gm)	LOQ Particles/(gm):	0.0013
Preparation Parameters	Value	Units	Comments
Sub-sample (prepared):	750	(gm)	A
Effective Filter Area:	1370	(mm ²)	
Field Area:	1370	(mm ²)	
No. Fields Analyzed:	1	(No.)	
Area Analyzed:	1370	(mm ²)	
Limit of Quantitation:	0.0013	P/(gm)	E
Particle Size Range (µm)	Concentration Particles/(gm)	Percent in Range	Comments
<1	<LOQ	N/A	B
1 - 5	<LOQ	N/A	B
5 - 10	<LOQ	N/A	B
10 - 50	<LOQ	N/A	B
50 - 100	<LOQ	N/A	B
100 - 500	<LOQ	N/A	B
500 - 1000	<LOQ	N/A	B,C
1000 - 5000	<LOQ	N/A	C
>5600.0	<LOQ	N/A	C, D
Total Microplastics	None Detected	N/A	N/A
Count by Morphology	(%)		(%)
Spherical	ND	Sheet	ND
Non-uniform	ND	Fibrous	ND
		Shaving	ND

Comments: LOQ = Limit of Quantitation (see Appendix 2). Sample volume based on particle concentration.

- A) Parameters used in the preparation of the sample.
- B) Particles observed by microscopic analysis.
- C) Particles observed by sieve separation and stereo microscopic analysis.
- D) Particles larger than the generally accepted definition of microplastics.
- E) See appendix 2 for calculations.



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Table 3: Microplastics results for sample 2.

EMSL ID:	362300247-0002		
Sample ID:	2		
Description:	Sole Stones		
Amount Analyzed:	750(gm)	LOQ Particles/(gm):	0.0013
Preparation Parameters	Value	Units	Comments
Sub-sample (prepared):	750	(gm)	A
Effective Filter Area:	1370	(mm ²)	
Field Area:	1370	(mm ²)	
No. Fields Analyzed:	1	(No.)	
Area Analyzed:	1370	(mm ²)	
Limit of Quantitation:	0.0013	P/(gm)	E
Particle Size Range (µm)	Concentration Particles/(gm)	Percent in Range	Comments
<1	<LOQ	N/A	B
1 - 5	<LOQ	N/A	B
5 - 10	<LOQ	N/A	B
10 - 50	<LOQ	N/A	B
50 - 100	<LOQ	N/A	B
100 - 500	<LOQ	N/A	B
500 - 1000	<LOQ	N/A	B,C
1000 - 5000	<LOQ	N/A	C
>5600.0	<LOQ	N/A	C, D
Total Microplastics	None Detected	N/A	N/A
Count by Morphology	(%)		(%)
Spherical	ND	Sheet	ND
Non-uniform	ND	Fibrous	ND
		Shaving	ND

Comments: LOQ = Limit of Quantitation (see Appendix 2). Sample volume based on particle concentration.

- A) Parameters used in the preparation of the sample.
- B) Particles observed by microscopic analysis.
- C) Particles observed by sieve separation and stereo microscopic analysis.
- D) Particles larger than the generally accepted definition of microplastics.
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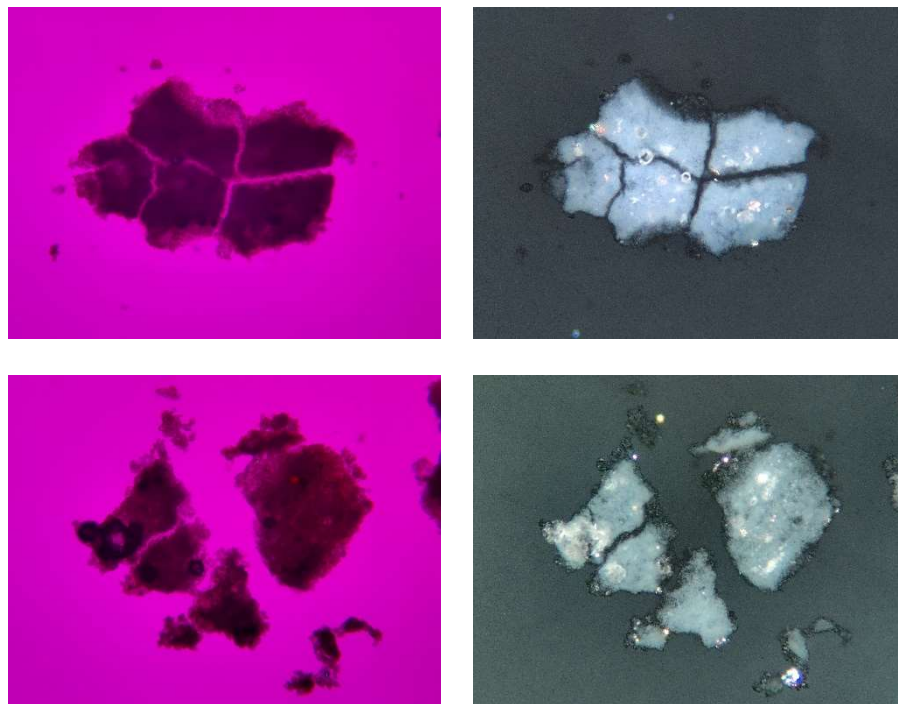


Figure 2: PLM images of material in sample 1 (top) and sample 2 (bottom) showing extraneous material consistent salt, decomposed organic matter and fine mineral grains.



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Project Quality Control:

Figure 3: Microscopic image of 100ml filtered laboratory prepared particle free water used for sample preparation, filter rinse and glassware cleaning. No microplastic particles are detected.

Analyte	Particle Free Laboratory Water
Target Concentration	0 microplastic particles/ml
Measured Concentration	0 microplastic particles/ml
Acceptance Criteria	0 microplastic particles/ml

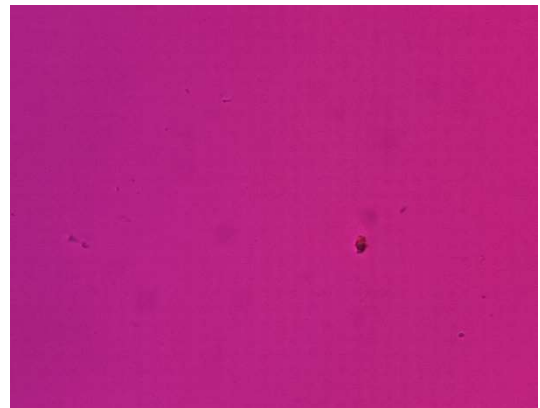
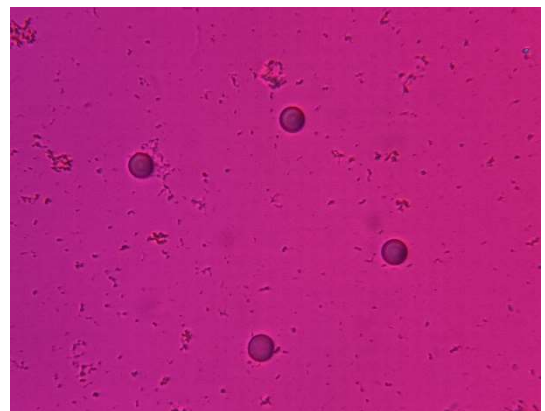


Figure 4: Microscopic image showing NIST traceable polystyrene microsphere control sample prepared by laboratory for QC purposes.

Analyte	NIST p-styrene spheres (10µm nominal diameter)
Target Concentration	6176 particles/ml
Measured Concentration	6196 particles/ml
Percent Recovery (PR)	100.3%
Acceptance Criteria	±10% (PR) (90-110%)





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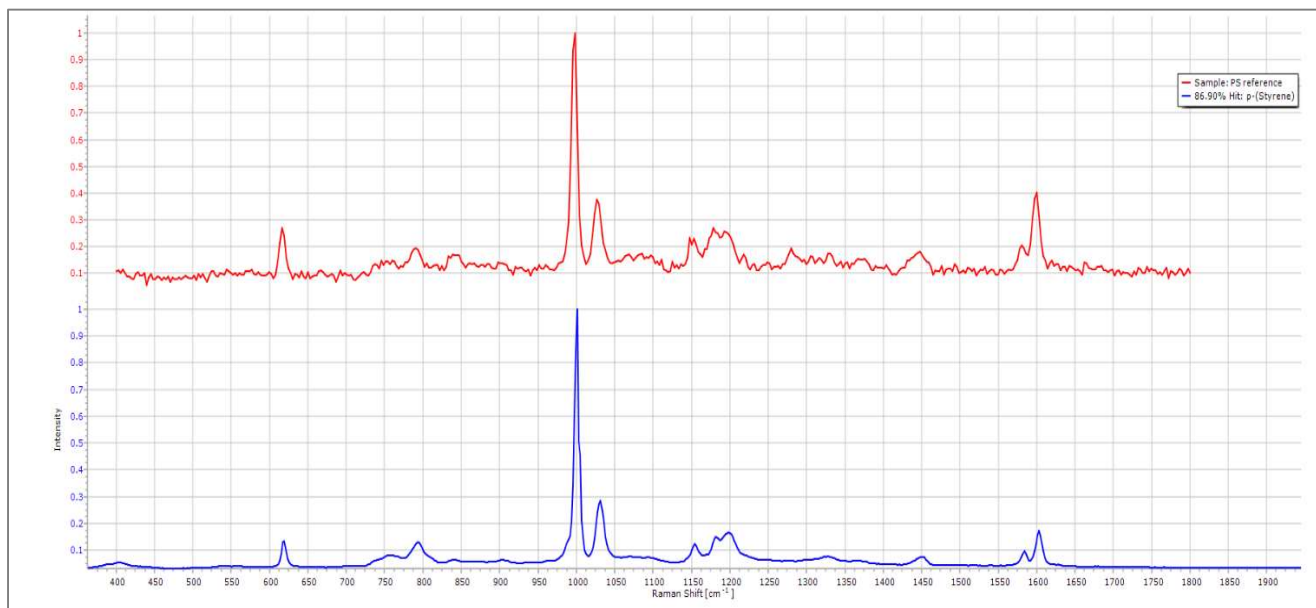
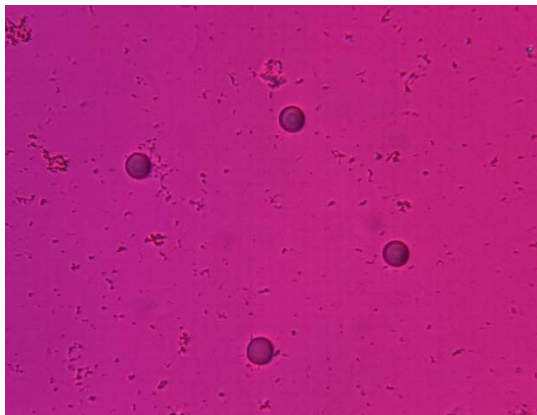


Figure 5: Microscopic images and associated EDX spectra showing the NIST traceable polystyrene spheres present in the NIST Spike sample.



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Appendix 1: Sample Preparation

Preparation for Level 2 Analysis: Raman Spectrometry

1. Each sample was hand mixed and sonicated to separate agglomerated material.
2. Aliquots of each sample were then filtered through 0.2µm pore size mixed cellulose ester (MCE) filters.
3. The filtered were dried in a desiccating chamber at ambient temperatures (~22°C).
4. The filter media was then adhered to glass microscope slides for analyzed by PLM and Raman spectrometry.

Appendix 2: Analysis Calculations

Limit of Detection (LOD): For microscopic analysis the limit of detection is considered to be a single (1) observed particle in the sample portion analyzed.

Limit of Quantitation (LOQ):
$$LOQ = \frac{\frac{LOD}{(FA \times F)} \times EFA}{SP}$$

Where:
 LOD = Limit of Detection (1)
 FA = Field Area (mm²)
 F = Number of Fields Analyzed
 EFA = Effective Filter Area (mm²)
 SP = Sample Portion Prepared (gm or ml)
Dependent upon solid or liquid sample.



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Descriptions & Definitions:

Microplastics are generally defined as polymeric particles smaller than 5 mm in size in any one dimension, present in waste water, rivers, lakes and oceans. Due to the small size, they may not be easily removed during the waste water filtration processes and can enter the ecosystem, negatively impacting the environment. The common sources of microplastics are: additives in personal care products, synthetic fibers, resin pellets, tire recycling, medical products, abrasion and exfoliating beads used in furniture and insulation, fragments of larger plastic items as they degrade from the effects of ultraviolet rays and other weathering factors. Microplastics can potentially leach toxic chemicals, including endocrine disruption chemicals, such as bisphenol A and phthalates.

None Detected (ND) denotes the absence of analyte in the subsample analyzed. Trace levels of the analyte may be present in the sample below the limit of detection (LOD).

Limit of Detection (LOD): The minimum concentration that can be theoretically achieved for a given analytical procedure in the absence of matrix or sample processing effects. Particle analysis is limited to a single occurrence of an analyte particle in the sub-sample analyzed.

Limit of Quantitation (LOQ): The minimum concentration of an analyte that can be measured within specified limits of precision and accuracy during routine laboratory operating conditions

Important Terms, Conditions, and Limitations:

Sample Retention: Samples analyzed by EMSL will be retained for 60 days after analysis date. Storage beyond this period is available for a fee with written request prior to the initial 30 day period. Samples containing hazardous/toxic substances which require special handling may be returned to the client immediately. EMSL reserves the right to charge a sample disposal or return shipping fee.

Change Orders and Cancellation: All changes in the scope of work or turnaround time requested by the client after sample acceptance must be made in writing and confirmed in writing by EMSL. If requested changes result in a change in cost the client must accept payment responsibility. In the event work is cancelled by a client, EMSL will complete work in progress and invoice for work completed to the point of cancellation notice. EMSL is not responsible for holding times that are exceeded due to such changes.

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