

SELF

9 Moisturizers With Sunscreen That SELF Editors Actually Love

I'll find almost any excuse to take advantage of a **multi-use product**, simply because they help cut down on the time it takes to pull myself together. One of my favorite ways to put this type of product to the test? Getting all the benefits of a great moisturizer that's packed with sunscreen.

According to **Sejal Shah, M.D.**, board-certified dermatologist and founder of SmarterSkin Dermatology, using this type of moisturizer on a regular basis is enough to protect your skin from the sun, unless you plan to be outdoors for a prolonged period of time. "If you're going to be outdoors for a prolonged period of time, like the beach, biking, or hiking, then you really need a more dedicated sunscreen," she tells SELF. Also, pro tip: Shah says you should apply all skin treatments to your neck, ears, and chest (places that are often exposed and prone to sunburn, but that we tend to forget about).

Using a product that's formulated to moisturize my skin *while* protecting it from the sun's UV rays is a definite win-win (especially because I leave the house without applying **sunscreen**—which is bad news for my **dark spots**—more often than I care to admit). I'm not alone in loving the convenience of these products; #TeamSELF agrees. We're all about utilizing sun protection and making our day-to-day routines easier, which is why so many of us are hooked on using moisturizers with sunscreen first thing in the morning. These products don't feel oily or heavy like some old-school sunscreens. Because they're made with **skin hydration** in mind, they glide on smoothly and don't leave behind an icky residue. Read on for a few of our favorites that keep our skin super hydrated and protected, too.



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Coola Classic Face SPF 30 Cucumber, \$32

"I swap my regular facial moisturizer for this Coola one on days when I'm away on vacation or going to the beach. [When it comes to] keeping my face glowy and moist while protecting me from the sun, it does the trick. I also reapply it throughout the day, every two hours. With that cadence, my face never burns—I really love it." —Hannah Pasternak, senior editor, emerging platforms

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