

# COSMOPOLITAN

## 12 Natural and Organic Sunscreen Brands That Really Work

First thing's first: terms like "natural" and "organic" are not regulated by the FDA, which means that big ol' "natural" stamp on your sunscreen label is pretty much meaningless. So how do you know what's *actually* natural or organic when it comes to sunscreen? You need to flip over the bottle over and read the label.

But because I know you don't have time to be scouring different ingredient lists while quickly running to the drugstore, I've rounded up my 12 favorite natural and organic sunscreens that really, truly are what they say they are. They're all chemical-free, mineral-based formulas (so they use zinc and/or titanium dioxide to protect your skin), and made with good-for-you plant-based ingredients too. Find your new formula, below, and get slathering.



COURTESY IMAGE

1

this natural sunscreen that blocks pollution

### Coola Mineral Sun Silk Crème SPF 30

ulta.com  
\$42.00

SHOP NOW

I use a ton of organic skincare, so when I came across this this 70 percent organic sunscreen, I had to try it. Not only does it shield skin from harmful UV rays, **it protects against from damaging blue light** (the rays emitted from from your phone or laptop) and pollution, too. I've been using it for three months, and my skin has honestly never looked better.