

Preparing your nappies:

Before their first use, nappy inserts need to be washed. After the initial washes, the nappy inserts will become slightly smaller and more absorbent.

- We recommend washing three times before first use
- Water temperature of around 40°C
- Do not use fabric softener - it can accumulate in the inserts
- It is not necessary to dry the inserts between the initial washes

NOTE: Snug Wrap Nappy Covers only need to be washed once before first use.

Washing and drying instructions:

Before washing, disassemble the nappies. Milk-fed only baby poo can be left on the nappies. Once the baby is eating solids, 3D poo must be removed before washing.

Close the tabs on the nappy covers using the laundry tabs or on the front panel. Prewash the soiled inserts and covers on a short 30 - 60 min cycle with half the standard amount of detergent. If the Snug Wrap nappy covers smell clean after the prewash they can be removed and dried. Then machine wash the nappy inserts, remaining Snug Wrap covers and any other small items of washing (eg. baby clothes, bibs, muslins, reusable wipes, regular clothes etc) at 40°C using the detergent manufacturer's recommended amount of detergent for a large or heavily soiled load. This is called the main wash step.

- Ensure the machine is loosely full for the main wash. It does not need to be full for the prewash
- Use a good quality detergent
- Increase the amount of detergent for larger washing machines
- Using a sensitive detergent may require extra detergent
- Never soak the Snug Wrap nappy covers
- Do not use fabric softener
- Do not use concentrated chlorine bleach
- Hang to dry or tumble dry (covers on low heat only)
- Do not iron, do not dry clean
- It is normal for natural fibres such as cotton to dry and become stiff in dry environments. Soften by scrunching the inserts or put in the drier for 5 mins.

Refer to more detailed washing advice on our website



Contact:

If you are still having problems or you have any questions, please contact us on:



realnappies



Realnappiesofficialpage



www.realnappies.co.nz



info@realnappies.com

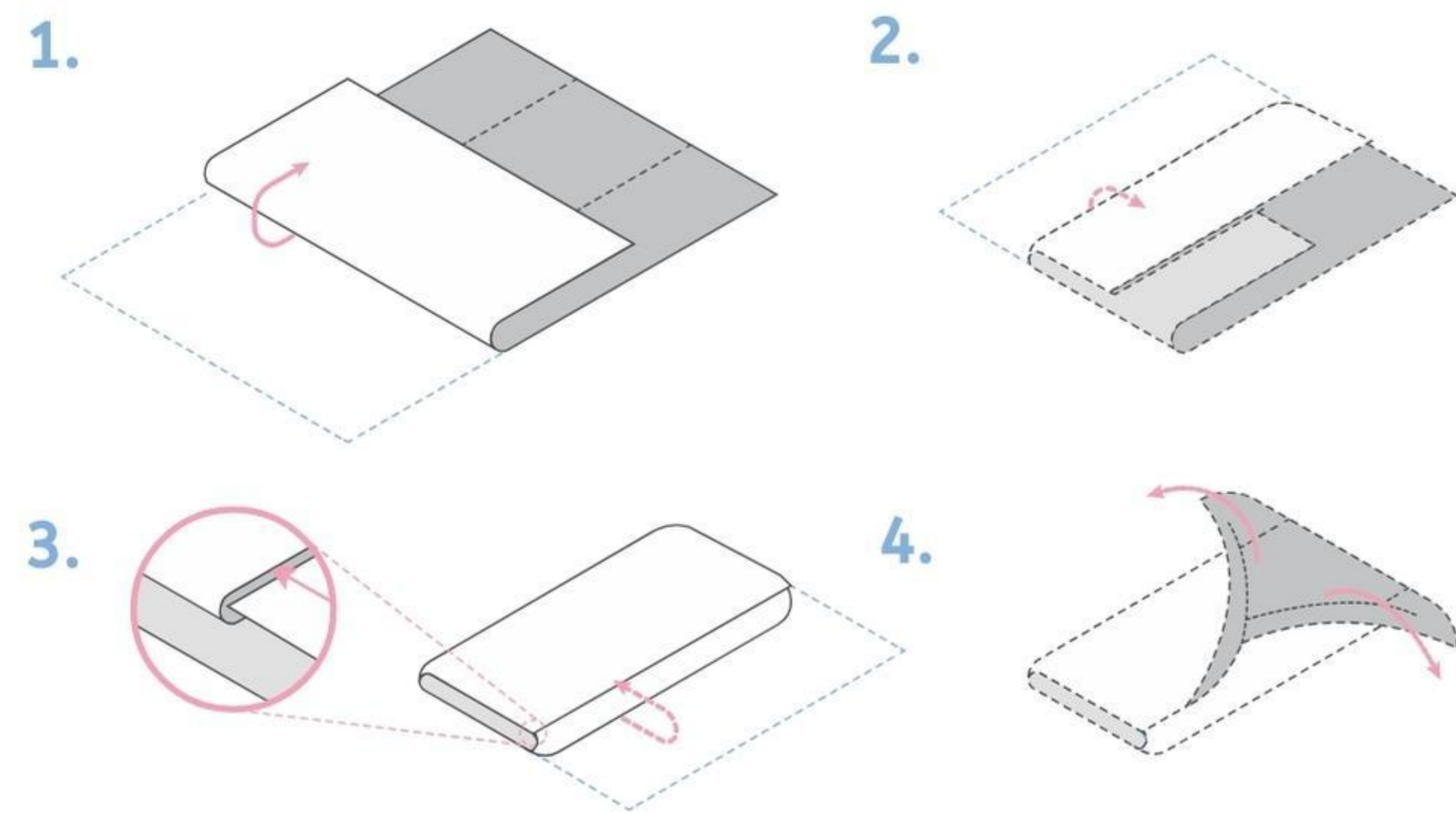


**HELPFUL
USER
GUIDE**

Folding the nappy insert:

Liquid Poo Fold

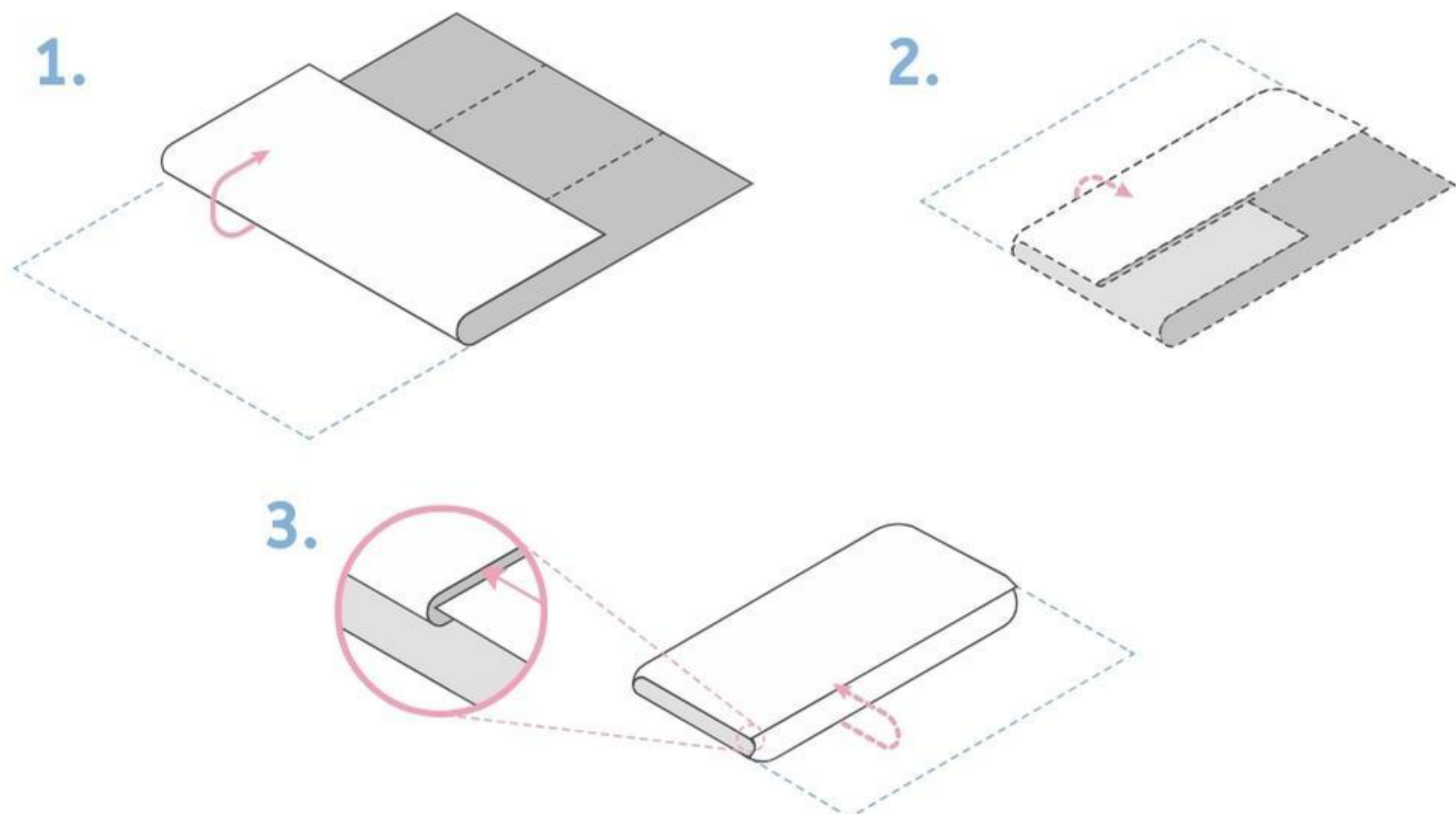
Often used at newborn stage, especially if breastfed.



Boy Fold

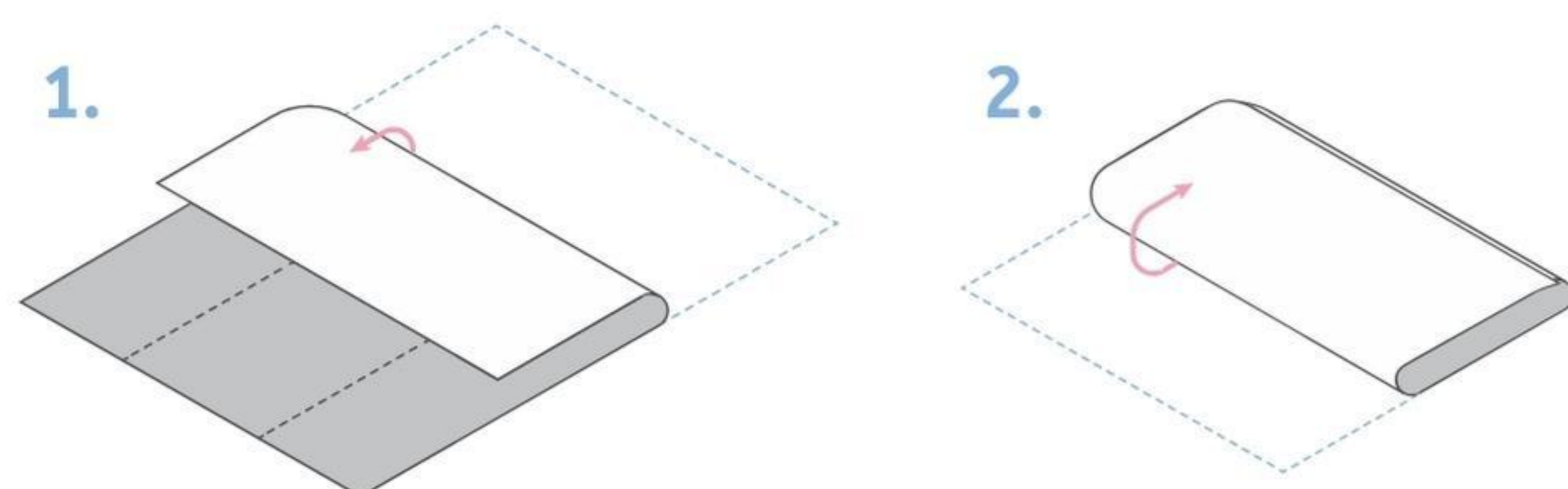
For absorbency in the front.

Tuck one side under to keep fold in place.



Girl Fold

For absorbency in the middle.



See our website
for fold videos






Assembling the nappy:



Putting the nappy on:



Helpful hints:

- Nappies should be changed every 2-4 hours.
- It is easiest to store used nappies in an airy basket or a wet bag at daycare or when out and about 
- Do not soak nappy covers.
- Assemble the clean nappy before removing the soiled nappy from the baby for a quick and easy change.
- Always ensure nappy insert and liner are completely tucked inside the nappy cover at the waist and legs. 
- Do not tuck the nappy inserts into the flaps of the cover at the front or back. This can cause leakage.
- Do not fold the liners – if you want a smaller size, cut in half. 
- If using barrier cream, always use a liner.
- Occasionally remove any lint build-up in the nappy tabs by using a toothpick and running it between the rows of hooks

Nappy sizes:

 newborn	 infant	 crawler	 toddler
2.5–6 kg (5–13 lbs)	5–9 kg (11–19 lbs)	8–14 kg (17–30 lbs)	13–18+ kg (28–40+ lbs)

Using the correct size nappy is **essential** to ensure a comfortable, leak proof fit.

Real Nappies come in four sizes to fit your baby from birth to potty training. All babies vary in shape and size, therefore, these sizes act only as a guide.

Use this brochure as a
poster for quick reference.