

Detergents for Cloth Nappies

This list is in alphabetical order with our recommended detergents at the top, then some we maybe recommend, finally those we do not recommend.

Product	Recommend	Notes/Comments
Allen's Naturally	Yes	Natural Detergent, Biodegradable
Amolin	Yes	
Charlie's Soap	Yes	Biodegradable. Note: skin test first, as some burns have been reported from this detergent
Claudia's Choices	Yes	
Country Save (Liquid or Detergent)	Yes	Cost effective, additive free
Dropps Baby	Yes	
Earth's Choice	Yes	
Earthwise	Yes	
Ecostore Powder	Yes	
Green Care	Yes	
Hurricane	Yes	
Hydrox	Yes	Use sparingly
La Parisienne, delicate	Yes	
Lifekind	Yes	Contains seed and pulp extracts
Maggies Soap Nuts	Yes	All natural
Mountain Green Baby free & clear	Yes	Great detergent
Mountain Green Free & Clear	Yes	Great detergent
Nature Clean Laundry Liquid	Yes	All natural

Nellie's Laundry Soda	Yes	Contains coconut oil
Next Generation	Yes	
Oxy-Prime Powder	Yes	
Oxyboost	Yes	
Penguin Sport-Wash	Yes	Restores waterproofing for any diaper covers that have lost their protection
Persil Sensitive	Yes	
Planet Ark	Yes	
Planet Ultra Powder	Yes	
Purity Sensitive	Yes	
Reflect Sensitive	Yes	
Rockin Green	Yes	
Sam's Choice (Walmart's own brand)	Yes	
Sensi-Clean / Sports-Wash	Yes	We recommend this product as a great way of stripping cotton diapers every month. Note: Some babies may develop a rash if very sensitive
Sensiclean	Yes	Note: may cause rashes on very sensitive skin
Soap Nuts	Yes	
Sport wash	Yes	Note: may cause rashes on very sensitive skin
Sun and Earth Deep Cleaning	Yes	
Sun Oxygen Cleaner	Yes	
Tri Nature	Yes	
Watkin's (Powder)	Yes	
Wonder Wash	Yes	

Bio-O-Kleen Liquid Laundry	Maybe	No fragrances, enzymes, brighteners
Ecos Free and Clear Liquid	Maybe	
Oxy-Clean Baby	Maybe	
Ace Powder	No	
AJAX All-Purpose	No	
All	No	
All Baby	No	
All Free and Clear	No	Can cause diapers to smell and leak
Arm and Hammer Fabricare	No	Can cause diapers to smell and leak
Arm and Hammer Free	No	Can cause diapers to smell and leak
Bio-Zet	No	
Biovert	No	
Cheer	No	
Cold Power	No	
Down to Earth	No	
Dr Bronner's Soap	No	
Dreft	No	
Drive	No	
Duo	No	
Dynamo	No	
Earth Friendly Products Baby	No	
Ecover	No	
EnviroRite	No	
Era	No	
Fab	No	
Fresh Start	No	

GAIN	No	
Gain with bleach	No	
Ivory Snow	No	
Ivory Snow	No	
Jewel Ultra	No	
Kirklands Signature	No	
Lemieux	No	
Lux Flakes	No	
Maleleuca	No	
Method	No	
Mrs Meyer's	No	
Omo	No	
Oxi-clean	No	
Persil Low Suds	No	Contains oil to keep bubbles down, this can affect absorbency
President's Choice	No	
Purex	No	
Radiant	No	
SA8 Sensitive	No	
Sears	No	
Seventh Generation	No	Can cause diapers to smell and leak. Biodegradable.
Shaklee Liquid	No	
Sun, Sun Free	No	
Sunlight Sensitive	No	
Surf	No	
Target Baby	No	

The laundress	No	
Tide	No	
Trader Joe's	No	
Watkin's (Liquid)	No	
Wisk	No	
XTRA	No	

Other things to consider when buying detergent

As a general rule of thumb, we suggest you avoid the following ingredients:

- Whiteners and Brighteners (tiny particles that remain on your clothes making them seem brighter after washing. These are not necessary and may cause skin irritation)
- Fragrances and Dyes (Unnecessary chemicals for babies' laundry)
- Bleach (harsh chemical against babies' delicate skin)
- Fabric softener (leaves a residue on your nappies and will cause them to be less absorbent)
- Soap Flakes (leaves residue on your nappies)
- Borax (this will break down the PUL covers eventually)

The good news is that cheaper detergents are less likely to contain additives that are best avoided, meaning cheaper detergents can be better for your cloth nappies than expensive ones! Yippee! You can save even more money!

Additionally, we prefer powders as they do not contain the additives needed to keep it in a liquid form.

DO NOT use too much detergent, we recommend about $\frac{1}{4}$ of the recommended amount.

Also, be aware of High-Efficiency Washing Machines. These are great as they use less water than Top-Loader machines, meaning you save on water and energy. The problem is using less water means laundry detergents do not always dissolve as quickly and can leave a soap residue on your diapers. If you find you are getting detergent build up. Try stripping your nappies, Use a low-suds laundry detergent with a front-loader, or turn your washing machine to high-water level.

Happy Washing!!