

A proper fit is essential to fully enjoy all the Selk'bag has to offer. Please note that the sizing recommendations are provided to guide selections for best fit. A person's unique weight and dimensions impact fit. For instance, a larger person at the upper height range may best fit the next size up; whereas a person of a smaller frame and weight at the low height range, may best fit the next size down.

## **In-between sizes?**

Please first consider the weight recommendations in the previous paragraph. Second, please understand that a looser fit is better for more comfortable sleeping, while a tighter fit is better for mobility - but may restrict sleeping comfort if booties are left on.

**We always recommend to size up if you are not completely sure. It's better to have a little bit more room while using your Selk'bag!**

**Please keep in mind that our Original model's higher loft of insulation, as compared to the Lite, makes it feel snuggler, so we suggest you size up if you are 1" to 3" below the in-between size range (i.e if you are getting the Original 6G and you are 5'9" we recommend getting an XL)**

## **Size Small**

Fits up to 4'11" / 150 cm Tall

It can fit up to 4'11" if you intend to use it while active, without booties.

## **Size Medium**

Fits up to 5'5" / 165 cm Tall

If you are between 4'9" and 5'3" this is your size. It can fit up to 5'5" if you intend to use it while active, without booties.

## **Size Large**

Fits up to 5'11" / 180 cm Tall

If you are between 5'3" and 5'9" this is your size. It can fit up to 5'11" if you intend to use it while active, without booties.

## **Size X-Large**

Fits up to 6'4" / 193 cm Tall

If you are between 5'9" and 6'2" this is your size. It can fit up to 6'4" if you intend to use it while active, without booties.