

# Class Descriptions

**(L) Limited Seating • (\$) Material Fee**

## **Antibiotics & Infectious Diseases – Joe Alton, MD**

Joe Alton, MD (a.k.a. Dr. Bones) teaches a class on infectious diseases and the antibiotics that cure them. He will discuss how to recognize various infections that would likely reach epidemic proportions in survival scenarios, the different classes of antibiotics, and how the group medic can use them wisely to prevent unnecessary loss of life off the grid.

## **Basic Hand Sewing (L) – Tatia Childers**

This class will cover basic hand sewing and repairs: different types of stitches, darning socks, how to read a pattern, sewing on buttons, hook & eye closures, etc.

## **Basic Radio Communication for Preppers – Johnny Glance**

This class will discuss information on basic communication needs for the prepper. Areas covered include shortwave, VHF, and VHF communications. Overview of radio equipment available and its use.

## **Beginner Beekeeping – Marsha Jones**

Beginners course for new beekeepers. Topics will include: Equipment, Tending Bees, Pest Control & Treatment, Honey, Wax, and Propolis.

## **Bug Out Bicycles – Kathy Gibson**

This class will cover using bicycles for bugging out, getting home, and transportation. History of bicycle use in the past, basic repairs, bicycle parts and accessories.

## **Bread Making (L) (\$10) – Melissa Mehaffey**

Nothing smells or tastes as good as homemade bread. You will learn the satisfying skill of baking bread for yourself and your family. Even if you have a busy schedule, you can still bake bread! You will take away your own loaf of bread and recipes for many kinds of breads to try at home.

## **Building A Community Communications Plan – NC Scout**

So you've got a bunch of comms gear- what are you going to do with it? This class covers how to implement whatever communications equipment a group may have in order to make the best use of what a group may have under austere conditions. This course will essentially cover the competent creation of a communications plan for a community or tactical group.

## **Building Your Own Solar Power System – Eric Bellin**

This class will teach you what you need to set up an off-grid system for your retreat – cabin – bug out or bug in location or tiny house. This will be a two-part class. The first half will be in the classroom. Learn to determine the amount of power you will need. Determine the number of solar panels – controller – inverter – batteries – battery bank – wire size – 12 and 24 volt systems and the benefits of larger voltage. The use of a multi-meter to read volts, amps, and watts.

The second half of the class will be outside and will be hands-on. You will build 12-24 volt systems. Build battery banks in series and parallel and set up solar panels. You will also set up water pumping

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systems and PV solar hot water units. At the conclusion of this course, you will be able to design and build your system.

*If all of this sounds too difficult or too technical for you...don't let it! It is high school electronics at best. See you in class!*

Check out my YouTube channel for past projects: Base Camp WNC

## **Butter Making (L) (\$10) – Charlene Chappell**

This class will cover the history of butter making. You will make a jar of butter to take home and will leave with recipes!

## **Canning Fruits & Vegetable (L) (\$45) – Cecilia Burress**

Students will learn both water/steam bath and pressure canner methods of preserving fruits and vegetables. Learn how to use a pressure canner with confidence! Students will take their canned goods home.

## **Canning Meats (L) (\$45) – Cecilia Burress**

Students will learn to preserve beef, bacon, and chicken, as well as printed info on wild game. Learn how to use a pressure canner with confidence! Students will take their canned goods home.

## **Cheese Making (L) (\$10) – Grannie Pam**

This is a hands-on cheese making class. Each person will make cheese. There will be cheeses to taste and recipes for all cheese presented and made.

## **Colloidal Silver for Emergency Preparedness – Jonathan Glauser**

This class teaches about what colloidal silver is and how to use it inside and outside of the body. Colloidal silver is one of the best first aid items and can even be used to preserve food and sterilize water. All the various uses from head to toe will be covered, including how to use colloidal silver for children and animals.

## **Constitutional Conversation – James Yacobi**

This class will cover the basics of the constitution and how it relates to current events we are seeing today.

## **Creating a Basic Signals Intelligence Package – NC Scout**

Think all you need is a scanner? Wrong. This class will cover all of the other equipment you might want to consider having- and most important- why. From understanding the most common threats in your own area of operations to how to electronically target them, we'll talk about and get hands on with the gear to set your group up for success.

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## **Cyber Security – Tim Ross**

This class will cover various topics ranging from staying safe online to knowing how to become anonymous with your web surfing. You will learn data encryption techniques that anyone can implement whether it be on a cell phone or computer to protect your data. You will learn wireless security basics as well as tricks and the hardware tools that hackers use to gain access to wireless devices. This will assist and prevent you from becoming a victim! Also, smart and safe, yet simple password management and other various recommendations and software tools for phone and computers to keep your information secure.

Cyber security – also known as I.T. security is the protection of computer systems from the theft and damage to their hardware, software, or information, as well as from disruption or misdirection of the service they provide. Cyber security includes controlling physical access to hardware, as well as protecting against harm that may come via network access, data and code injection. Also, due to malpractice by operators, whether intentional or accidental, IT security is susceptible to being tricked into deviating from secure procedures through various methods. Cyber security is of growing importance due to the increasing reliance on computer systems and the Internet, wireless networks such as Bluetooth and Wi-Fi, the growth of "smart" devices, including smart phones, televisions and tiny devices as part of the Internet of Things. The more we start to rely on these "smart" devices, the more careful we need to be with security measures.

## **Dangerous Cults at the End of the World – Kerry Alzner**

During the end-times, dangerous cults will arise and have an effect on your group's ability to survive. Learn what types of cults will rise during the end times, what they are about, what their goals are, and how to refute their ideologies.

“Know your enemy and know yourself and you will never lose a battle” – Sun Tzu

*A copy of the class will be offered to students (Pay to instructor at the time of class):*

- *Written Form = \$5.00*
- *Digital Form = \$1.00 (Bring your own flashdrive)*

## **Designing a Home Survival Binder – Franklin Horton**

In his book series *The Borrowed World* and *Locker Nine*, author Franklin Horton emphasizes the importance of having a well-organized written plan that every member of the family is aware of and can access in an emergency. In times of stress, whether it's SHTF or a weather emergency, verbal instructions can be forgotten. Participants in this class will discuss how to structure their plan and what areas should be addressed. Participants will receive an outline for developing their own plan and will get to check out some goodies that they may be interested in adding to their own preps.

## **Edible & Medicinal Plants – Spencer Bolejack**

Key topics in this class will include: Plants and trees of Appalachia for food, medicine, and tools; Harvesting tips and tricks; Look-a-likes and hazards; and Seasonal Options.

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## **Escaping Restraints – William White**

Bring home knowledge to teach your kids! Human trafficking and hostage situations are more common than you'd like to think, primarily in regards to children ages 12-17. This class will teach you different ways to escape the most commonly used restraints used by bad guys including handcuffs, cable/zip ties, rope, duct tape, and more.

## **Essential Knots for Everyday Use & Survival – Tony Haney**

This is a beginner's knot tying class. Learn the basics to get started and help build your knowledge. One-on-one instruction will be available at the end of the class.

## **Everyday Carry "EDC" – Jan Emore**

What items should be carried on your body at all times to ensure you are able to get to your next level of preps in car, house, or bug out location. Will briefly discuss handgun carry but will be more focused on a total EDC system that will give you the basic tools to get to more supplies. What to carry and how to carry it.

## **Exposed! How the U.N. Affects you Top Down/Bottom Up – Kim Fletter**

This class exposes the United Nation's Trojan Horse methods and the communists behind them and how they are implementing their "Top Down/Bottom Up" schemes to bring about the One World Order.

## **Family Communication Planning – Butch Erskine**

If an EMP or solar flare hit at this moment, do you know where your family is and how they will get from their current location to their destination? If they don't arrive, would you know where to go look for them? Does your family or team know when to engage the "plan"? This class addresses "What is a family communication plan"? We will discuss; What is communication and emergency communications, what objectives should we build in a plan, who should have your plan, when to trigger your plan, four phases of emergency communications, the "Uh Oh plan", family communication devices, communication plan checklist, and sample emergency plan. The objective of this course is to assist individuals in understanding and creating a plan on how to communicate w/out separated from family members during emergencies.

## **Fermentation for Food Preservation (L) (\$20) – Suzanne Upton**

Food fermenting is easy and delicious! The age-old art of food preservation is healthy and is a great source of vitamins and probiotics. We will discuss how lactic acid fermentation works and the many benefits for the entire homestead. Each student will make a jar of sauerkraut to take home.

## **Food Storage – Jennifer Elswick**

Every day and long-term food storage. Learn to save money through couponing & buying in bulk. Learn how to process your food storage and observe a dry food storage demo.

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## **Foot Health in SHTF: What You Need to Know – Lizzy McDaniel**

If you can't walk, you can't work easily or run away in a SHTF situation. This class will summarize common foot problems and how to address them in SHTF as well as tips on what to look for in footwear for SHTF foot health.

## **Getting Home – Jeff Smith**

"Getting Home" takes a look at things you need to consider if you have to "get home" during an emergency. We will briefly go over the types of emergencies you may encounter and planning (handouts included). We will spend more time studying route selection, time and travel considerations, equipment, how to overcome some situations you may encounter and finally, common "missed opportunities" that may make your journey easier. This class not only targets those of us whose families/groups are dependent upon us making it home in an emergency, but our loved ones and key players as well.

## **Goat Basics for Beginners (L) – Cindy Deitz**

This is a hands-on course for basic goat care. Topics include breeds of goats, goat nutrition, basic goat anatomy, housing of goats, recognizing illness, hoof trimming, drenching, how to take temperatures, administer vaccines, and common parasites.

## **Group Survival Under a State of Absolute Anarchy – Johnny Jacks**

This is a two-part class. Part one delves into the details of how to organize a MAG (mutual assistance group) into a set of operational functions. Part two discusses BOL (bug out location) development and operations. Details derived from this class help students understand how to interface mutual assistance group functions and bug out location operations to maximize their chances to survive the die off and prosper afterwards. Students will be provided a detailed handout for their prepper library. The class will use the hand out as a guide for an informal discussion that allows maximum student participation and learning.

## **Gun Laws for Preppers: Getting Ready, Not Arrested – Paul Valone**

If you own guns, you are probably an accidental felon many times over. With more than 30,000 arcane, sometimes nonsensical local, state and federal gun laws on the books, it is nearly impossible to carry a firearm outside the home without violating more than one. Those who say, "I'm going to do what I need to, regardless of the law" should understand that government has the most control over those it can brand as law-breakers. To help you better navigate the vagaries of ATF rulemaking, I've updated the course to include not only the latest ATF-induced hazards of popular AR-15 pistols but also short-barreled shotguns that *aren't* shotguns and how you can legally create un-serialized guns whose existence is unknown to anyone but you.

### Topics Covered

- Legal hazards of buying and selling guns
- Where you can open carry (and where you can't)

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- Concealed carry “do’s and don’ts”
- Navigating “gun-free” zones
- Picking your “car gun” to avoid being a felon
- Multi-state travel with firearms
- National Firearms Act: Machine guns, suppressors, and short-barreled rifles and shotguns
- Self defense, Castle Doctrine and Stand-Your-Ground
- The hazards and advantages of AR-15 pistols
- Legal intricacies of “80%” guns

## **Hardening Your House – Kerry Alzner**

This class covers how to harden doors and windows to prevent break-ins. Where to place flood lights to properly illuminate your yard and house. Types of alarm systems, cameras, fence lines for additional protection. You will learn what types of weapons are best for home defense, their pros and cons in defending the home. Legal issues for protecting of the home before the grid goes down.

## **Healing Disease Naturally – Tim & Naomi Havens**

Healing Disease Naturally, a brief history of natural modalities used by the instructors to heal their bodies and their pets’ bodies of disease. Emotional awareness will be included. Naomi’s autobiography, “Stealth Journey – An Uncommon Fight Against Cancer, Fear, Tradition, and Pharmaceuticals” will be available for purchase.

## **Homestead Herbs – Suzanne Upton**

Every homestead garden should include herbs for health! Learn the basics of growing and harvesting herbs for minor ailments. Learn the simple folk method of making tinctures, salves, and oils for first aid, syrups for coughs, colds, and immune support.

## **Homestead Iron (Blacksmithing) (L) (\$12) – David Burress**

Students will learn the practical forging skills applicable to homesteading or self-sufficient lifestyles.

## **House of Worship (\$10); Active Shooter Scenario Based Training – Pierce Kibbey**

Mission: Students will discuss active shooter and other scenarios that are possible. Students will be briefed on team set-ups and considerations and roles. Students will formulate response plans for medical disaster, missing child, domestic & active shooter scenarios. Using Role Players, Non-Lethal Training Ammo (Airsoft & UTM) and safety helmets be placed in various scenarios as a team.

## **Individual Tactical Equipment Selection & Use – Dave McCall**

Demonstration and discussion on the following topics: Body Armor, Load Bearing Equipment, Weapons (Knives, Pistols, Rifles), Ballistic considerations, and Personal & Group Defensive Tactics & Techniques.

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## **Infusions, Poultices, Salves, and Tinctures (L) (\$30) – Cecilia Burress**

Students will learn to prepare infusions, salves, poultices, and tinctures for wellness support.

## **Junk Yard Steel: Identification & Uses – David Burress**

Students will learn various ways to determine the carbon content of steel and how to use various steels for tool making. This class will conclude with a tool making demonstration.

## **Keeping the Tap Flowing, Lights On, and the House Cool with Engineer 775 – Scott Hunt**

This class will start with water transition to hot water then transition to creating power via hydro, generators, solar wind and it'll finish up with putting everything together. Scott will teach his approach to preparedness as he shares with his customers the way to maximize the resources on their property allowing them to live there self-sufficiently in terms of water hot water and electricity production.

## **Keeping You & Your Family Safe in any Environment – Kevin Dylus**

This course will cover recommendations, tips, and techniques utilized to increase personal safety. You will dissect what works and what fails based on crime statistics.

## **Kids Survival Course (Ages 10-16) – Will White & David Grasty**

The Leaders are from Piked Antler Project. They will be teaching survival skills, including fire starting, shelters, wilderness first aid, compass & land navigation, edible plants, and more! Classes will run from 8:30-12, and from 1-4:30.

## **Kombucha & Apple Cider Vinegar (L) (\$25) – Tim Ross**

This class will teach you how to make this ancient, delicious, and healthy fermented tea. If you are a kombucha drinker, you don't want to miss this class! Homemade Kombucha cost pennies to make, takes very little time and effort, and you can flavor it any way you want. You will go home with your own scoby, which is the starter you need to make your own, also know as a "mother". If you normally buy kombucha at the store, then making it at home will save you a fortune. Both Kombucha and apple cider vinegar have probiotic, antibacterial, antifungal, antiseptic properties and are full of enzymes. You will learn how to make ACV and other fruit vinegars from scratch so you can enjoy all the amazing health benefits at home for a fraction of the price of a good, small batch vinegar. Whether drinking for health, using as a marinade, or splashing on a fresh salad, you will love having your own vinegar on hand.

## **Land Navigation (L) (\$25) – Gary Vernon**

This is an all-day class. The first section will be learning the practical use of basic topographical maps and a basic compass. The remaining portion of the class will be a practical field exercise that requires moderate walking. *Please wear comfortable walking shoes and bring a bottle of water.*



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## **Lessons Learned from Homesteading in the City and on the Farm – Mike & Kathy Sparks**

This class will help you develop a prepping homesteader mindset no matter where you live. Mike and Kathy will discuss how they homestead on a postage size lot, a quarter acre lot, a 1.25 acre lot, a 3 acre lot, and now an off-grid 22 acre farm and the lessons they learned along the way.

## **Logistics for the Prepper – Kevin Carraway**

This is a course in the staging and planning of supplies and systems. Handout will be provided.

## **Machete Use for Self Defense and How to Defend Against – Hakim Isler**

Machetes are a commonly used and carried item. They are inexpensive and effective. The machete is now a commonly used tool by gangs for instilling fear. Learning how to use and defend against these tools are important to say the least.

## **Making Mead (Honey Wine) (L) (\$45) - Vicky Rowe**

Mead is a wine made with honey, and is as old as people. Honey, water and yeast are all that is needed to get a fantastic beverage that can also be stored. This class will provide a complete mead making kit for making 1 to 2 gallon batches of mead, including honey, water, yeast, bucket, and equipment. The class will provide Instruction on making Mead and best ways to make it well. Students will make their Mead right in the class and take it and all the tools and equipment home to be able to make more mead! Handouts including recipes will be provided. There will be taste testing of mead to see what a good mead tastes like!

## **Meals in a Jar (L) (\$15) – Grannie Pam**

A presentation will be made demonstrating how to put together meals in jars. Each person will put together two meals in jars. We will serve loaded baked potato soup which is one of the meals in jars that will be made. Each person will also receive a copy of the recipes presented.

## **Networking – Building a Network Now! – DJ Cooper**

This class is an introduction to MAG groups. More specifically, groups that offer networking NOW! Services and suppliers that work together and omit the middle man. Examples: medical or dental co-ops, farming co-ops, and service exchange. You will learn how to put a monetary exchange rate into effect and learn barter skills and services. We will discuss a new medical co-op model recently rolled out, things that can be bartered or swapped, and how to find those with skills and supplies. A free checklist and graphics pamphlet will be available to all participants.

## **Off-Grid Solar Systems – Christopher Wilson & Adam Allman**

Explanation of various methods and equipment used to obtain an off-grid system for producing DC and AC power. Examples of equipment and how various solar PV components can be used to obtain AC power with and without the use of storage batteries. Presented by NABCEP Certified Electrical Engineer; Christopher Wilson.



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## **Off-Grid Perimeter Security – Mark Strickland**

This class covers how to use off the shelf technology to set up off grid perimeter security. What is the purpose of this you may ask? If you do not have enough people stand guard at all the areas you need to cover to protect your perimeter, this class will cover how to leverage off the shelf technology and cover the areas when you do not have the people to stand guard.

If you are a DIY'er and want to do this yourself or if you are not sure you want to tackle this project on your own, you will learn to be an educated consumer. We will talk about how to use cameras and sensors; then couple these technologies with batteries and solar to power your perimeter security systems. You will learn what questions to ask and learn what capabilities each technology has to offer and how these capabilities can work for you.

## **On-Grid Solar Systems – Christopher Wilson & Adam Allman**

Explanation of how a battery system can be configured to maximize the benefits of the available solar power to reduce energy cost and prepare for off-grid situations. Explanation of three methods of using the grid power to work with a battery backed up solar PV system.

## **One Time Pad Encryption – NC Scout**

Need encryption? One Time Pad is your go-to for unbreakable messages. Often written about, but rarely understood. It's a lot simpler than you think. In this class we'll be talking about what it is, covering how to encrypt and decrypt messages using it, and how to send large amounts of information quickly while keeping the messages short. This course will essentially cover how to encrypt and decrypt messages using a one-time pad.

## **Patrol Bases (\$15) – Kerry Alzner**

Whether bugging out or on a combat type mission, the need to rest, make new plans or adjustments to the old one, or hide from hostile elements, you should know how to establish a Secure Tactical (PATROL) Base to accomplish these tasks. Learn how to plan, establish, and conduct patrol base operations.

Students will receive a copy of the "U.S. Army Ranger Handbook" which is required for this class.

## **Planning & Building a Preparedness Room – Eric Bellin**

Whether it is a bug out or bug in cabin or tiny house - this class will instruct you on how to design a fully functional room for an emergency (i.e., hurricane, winter storm, or grid-down event) with heat, AC, power, refrigeration, cooking, and entertainment. This class will give you the information and guidance needed to complete this task even on a budget. The goal is to have your room for everyday living but have it ready in the case of an emergency.

Check out past projects on YouTube: Base Camp WNC

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## **Preparedness 101 – The Mindset and Risk Management (Food, Water, Shelter, and Security) – Butch Erskine**

Recommend all personnel taking Preparedness 102 and Preparedness 103 complete this course prior. **This is the big one!** Many individuals and families focus on food and water only. Being self-supportive and independent of the government system requires the steps included in this course. The course covers most, if not all, key requirements for basic preparedness. presentation is a course using different types of equipment as examples. First step is understanding the mindset of the sheep and the sheep dog; and risk management planning. The course then addresses food, water, security, and sheltering. This course is not about how to fix food but how to build a food plan for short, medium, and long-term storage. The water portion covers how to sanitize and different methods of storage. The sheltering block covers both urban and rural. Additionally, the course cover is bugging him and bugging out. And finally, building a security plan; defense in depth. What is the point in saving food and water if you don't have a plan to protect your family and resources? What are you going to do when your neighbor knocks at your door and says "my children are starving". The objective of this course is to assist individuals to think "out of the box" and build a total plan that provides food, water, shelter, and security to help families to survive during man-made and natural disasters. This course prepares attendees for the new Preparedness 102 (mid-level) and Preparedness 103 course (advanced).

## **Preparedness 102: Midlevel – Butch Erskine**

Preparedness 102 is instructor led and prepares attendees to understand key roles in community teambuilding, survival, and stability. This is a mid-level course that prepares students for the Preparedness 103 course. This course continues from individual skills taught in Preparedness 101 and now prepares attendees the process they would use in team building and preparing a community for a possible collapse while maintaining some level of stability during a collapse and post collapse.

## **Preparedness 103: Advanced Level – Butch Erskine**

Preparedness 103 is an advance level course utilizing skills learned in preparedness 101 and 102. This class will be divided into three communities (Urban, Rural, and Suburban) and will then be assigned roles as team leader, security, food, medical, communications. This course is instructor moderated and the conclusion of the preparedness series. Attendees will participate using information and skills learned in Preparedness 101 and Preparedness 102 to build teams and manage communities through day to day post-disaster functions and different threat type scenarios. Objective: attendees will build self confidence in skills and abilities to function and survive through disastrous events using personal and team skills attendees will role-play while learning important steps and tasks that must be established and maintained to survive and support a community survival. Communities will interact with other communities to barter, negotiate, and support one another through the process. This course will develop in three phases; team building and role playing; Briefing team decisions to other groups and moderator; and overall open questions and discussions amongst attendees to conclude the course and series.

Students who read in advance will gain a better understanding to achieve the course objectives.

- One Second After – Dr. William Forstchen
- 299 Days – Glenn Tate

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- The Patriots – JW Rawles
- Going Home Series – A. American

## **Prepper Mindset (L) – Kelley Worth, MSW**

Prepper Mindset will be an interactive discussion about the “prepper label”. What does it mean to you? What does it mean to others? Does it change how people see you or how you see people? What kind of “losses” to preppers encounter before TEOTWAWKI happens? How do you deal with those losses and learn to thrive... not just survive? Some topics covered: Normalcy bias, prepper fiction as prepping, and kids and prepping.

## **Prepper Overload – DJ Cooper**

This class is geared toward the inevitable time when each of us feel as though prepping is overwhelming. It speaks to logistics, organization, and the need to step back. In the class we will discuss “the list”. Everyone has one, the question is: Are we using it to stay better organized? Handouts are included and a checklist and graphics from the PowerPoint will be provided. The class is meant to be interactive, meaning input and ideas from the class is encouraged and sought.

## **Privacy & Security – Forrest Garvin**

Online privacy is an important issue and it isn't always about hiding your information. It's about being able to control how we present ourselves. There are steps you can take to protect your financial and personal information while you visit your favorite social media, news and entertainment sites. There's so much information that it's easy to get confused, particularly if you're not tech-savvy. Colossal data breaches, marketers tracking your every step online, devious people exploring the photos you shared in social networks — the list of digital concerns it seems to be endless. Nevertheless, it's not completely hopeless: You can take back control of your data and, in this lesson, I will show you how to improve your online privacy.

Learn a practical skill-set in staying anonymous online and maintaining total privacy against even a well-resourced adversary with global influence. This class is NEW with lots of updates.

Topics: How to disappear on the internet, how to purchase items anonymously, how to keep companies from tracking you, how to be totally anonymous with a cell phone (burner phone), how to create and use aliases online and in everyday life, use disinformation to protect your identity. This class is not just for James Bond! When we lose our privacy, we lose our freedom.

## **Psychological Warfare During a Grid Down Event – Hakim Isler**

Many people underestimate the power of psychology when it comes to survival. Sure, we understand that in a tough situation mindset is everything. By now we have all heard the phrase "survival mindset," but what does that mean exactly and how do you really create it or use it? The answers to this are overlooked just like the answers to the various aspects of survival. Beyond a wilderness survival situation that pits a person versus nature there is also a situation in both a wilderness and urban

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survival scenario that could put man versus man. This statement normally brings to mind the idea of physical confrontation. How do you physically defend and combat people that want what you have or that want to hurt you? People are always surprised when I inform them that dealing with confrontation is more about the psychological than the physical. The idea that our lives are physical manifestations of our emotional and mental states and therefore how we interact with the world is determined through these aspects, is commonly over looked. As a Psychological Warfare Sergeant in the US Army I saw how powerful Psychological Warfare could be effective in the buildup or destruction of a community. This was especially evident during and after a war which is the epitome of survival situation. People are looking for food, shelter, water, security, and cause. Each one of these aspects is not just a physical need, but a mental and emotional one as well. Understanding the root cause of these needs give leverage and to some degree, control. Those who understand how to use this leverage in essence learn to fight without fighting.

In my classes I help people understand the many dynamics of human emotional and mental defaults and characteristics. Students gain an emotional intelligence that gives them the ability to deal with the angry, needy, desperate, and violent that will be encountered during a short or long-term disaster. In addition the goal is to help people understand how not to allow their own weaknesses to trap/be used against them by emotionally intelligent influencers that may seek to take advantage of them. I also show how to identify the psychological aspects of those who are trying to take advantage and those who can be potential allies if you understand who they are and how they operate. Psychological warfare is a powerful tool that is underrated in its importance to help people maintain control, order and safety during a disaster or high-risk situation. Those throughout history who knew how to use it wisely found themselves as leaders of countries and sometimes destroyers of communities. The war around you is easier to control if you understand the mindset of the players within it. This is the foundation of Psyop.

## **Reality Based Training for Lawfully Armed Citizens (L) (\$30) – Pierce Kibbey**

Mission: students will be exposed to audible/visual cues and physical objects in various controlled scenarios using UTM non-lethal training ammo to put their knowledge, skills, mindset, training to the test. Firearm conversions for pistols and rifles will be provided, in addition to role players and safety officers. Students will be placed in several active shooter and non-shooter scenarios. All safety helmets and additional safety gear/clothes will be provided.

## **Risk Analysis & Management – Butch Erskine**

One of the most important steps to anything done in life is identifying the risk involved. Risk Management and Analysis should be applied to every phase of preparedness. In this course discussion will cover risk assessment and management. This includes assess, evaluate, manage, and measure the risk. How to develop controls and make risk decisions. What is risk analysis, risk evaluation, risk acceptance, and risk mitigation/control and evaluation? Building and implementation plan and security alerting matrix. The objective of this course is to assist individuals in understanding the importance of conducting risk analysis in each part of their preparedness plan. How do you know you have an effective plan if you haven't identified potential threats against your plan?

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## **Second Aid: What to do after first aid has been given – Dan Gentry, MD**

Practical principles to go from first aid to well without outside help. Topics covered will include cuts, burns, bullet wounds, bone breaks, heart attacks, strokes, and infections.

## **Self Defense – Jillian Serio**

Learn basic self-defense techniques from a 5<sup>th</sup> degree black belt in the Korean art of Han Mu Do. You will learn how to escape from wrist grabs and body grabs. Learn anti-bully tactics, defense against an attacker from the ground, and ways of attracting attention of others to aid in dangerous situations.

## **Simple & Fast Shelters on the Move (L) – Tim Glance**

Learn how to use a poncho or tarp and some cordage to make a simple, fast, and easy shelter on the move. Topics will include how to choose the best gear to put in your kit to make shelters, what knots you need to know, how to choose a shelter location, and will include demonstrations of several shelter styles and time will be provided for students to practice putting up shelters.

## **SHTF Security Planning – Mark Strickland**

This class covers how to establish your Physical Security plan should the rule of law or the structure of society breaks down. If you are already a part of an established Tribe, starting a Tribe or have plans to join a Tribe; you will need a Physical Security plan. The term Physical Security is intentionally used; there are many disciplines in the security world. A Physical Security plan covers, your guard force, how you will screen pedestrians, vehicles, and supplies. Your Physical Security plan must cover establishing and protecting the perimeter of your community, and the establishment/enforcement community rules of conduct (Law). Physical Security also covers Life Safety. Life Safety address your emergency procedures for Fire, Medical Emergencies, Severe Weather, and Emergency Evacuations.

Your Physical Security plan will govern the day to day life within your community for your Tribe. Writing your Physical Security plan now, allows you to give thought to how you will structure your Tribe's society. When developing a guard force, you must write guard order, use of force policy, and the rules of engagement. You will also need procedures for how reconnaissance teams leave and return to your community. Everybody tells you that you need a security plan. If you do not know how to write/establish a Physical Security plan; you need to attend this class.

## **Sourdough Bread Making (L) (\$5) – Grannie Pam**

This is a demonstration of making sourdough bread. There will be a loaf of bread already baked, one will be ready to go in the oven, and one will be put together during class. Each person will receive a sourdough starter and recipes!

## **Stick & Cane Use for Self Defense and How to Defend Against – Hakim Isler**

Sticks and canes are a commonly used tool among all ages. It is the one tool that can be carried anywhere and is one of the oldest weapons in history. Learning to properly use it means that you will never be without a weapon.

# Class Descriptions

**(L) Limited Seating • (\$) Material Fee**

## **Surviving Martial Law – L. Douglas Hogan**

In this class, the student will learn the definition of “martial”, its constitutionality, and how American citizens can manage and survive it. We will also go over the history of martial law and how it works. The student will learn statistics, approximate resources required to make martial law a probability, talk about the arms of government that will have to function to make it work, and much more!

## **Survival Groups – Forrest Garvin**

Your most important prep is being in a survival group!

The only people that argue against this are not in a group. This class will cover: why your “expert” is not in a group, why you need a group, how to find a group, where to find people, what to look for in others, how to talk to others about groups, how groups will change you, how to prepare yourself for a group, how many should you have in your group, how to find an quick bug out location, what due diligence should you do, roles and responsibility in a group. My survival group has been together for 19 years and I will share information that others have never shared.

## **Survival Hacks (L) – William White & David Grasty**

Learn life-saving tips and tricks from Piked Antler Project’s professional instructors. This is a very broad topic. You will learn tricks on making shelters, building stoves, fire craft signaling for help, and so much more!

## **Sutures, Stapling, and Wound Care (L) (\$129) – Joe Alton, MD & Amy Alton, ARNP**

Learn how to provide complete wound closure with Dr. Joe Alton and Nurse Amy Alton’s hands-on training using real tissue and equipment that you get to take home, along with other materials. They will discuss the basics in plain English, teach you how to choose the right methods and how to implement them. Long-term wound care, wound infections, antibiotics, and much more will also be discussed in detail.

Each student will receive a suture kit with 4 surgical instruments, 1 sterile silk suture, 1 special laminated instruction sheet with images, the full suture and stapling class on a USB flash drive, plus a unique bonus gift of a Sterile Compressed Gauze and Pressure Dressing.

Pay fee directly to instructor: [https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=3SKKHLX3629L2](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=3SKKHLX3629L2)

## **Trapping: The Big Picture – Spencer Bolejack**

Key topics include: improvised gear, cordage, snares, vehicles, defense & property, and counter tracking.

## **Urban Bugging In and Bugging Out – Butch Erskine**

Imagine you are on your way home from work and you encounter roadblocks and responding emergency vehicles approaching your neighborhood. Flash mobs, gangs, or racial battles are taking place. The threat is spreading fast and your time is limited. You then realize, there is no way out of the area. You are now forced to bug in. Three days later your occupancy is on fire and you must bug out.

# Class Descriptions

**(L) Limited Seating • (\$) Material Fee**

What is your plan? This course provides reasons why urban bugging in and bugging out can present numerous problems, however limitations can often prevent individuals from bugging in or bugging out. Additionally, the course covers critical issues to resolve and why a family may have to bug in or bug out. Discussion covers security measures for doorframes, windows, garage doors, sliding doors, and exteriors as well as the use of lethal and non-lethal defense. Lastly this covers urban food and water storage. The objective is to assist individuals who must decide which option is the best, bugging in or bugging out.

## **Using Essential Oils in Daily Life – Candice Easter**

This class will teach you how to use essential oils daily for cleaning and health. The class will cover the most used oils, how to use them, and recipes for favorite blends.

## **Using Scanners & Other Radios to Monitor the World Around You – Tim Glance**

This class will teach you how to use a scanner, ham radio, shortwave radio, and even an AM/FM radio to listen to the airwaves and learn what is happening around you. Topics covered will include types of radios, types of radio systems to listen to, how to choose a radio, how to program and use the radio, and how to understand what you are hearing.

## **Weapons Capabilities – John Hemingway & Chris Gibson**

Will car doors, house walls, or other items stop bullets like we see on TV? Take this class to find out!

## **Weather Forecasting – Spencer Bolejack**

Weather forecasting is the prediction of what the atmosphere will be like in a particular place by using technology and scientific knowledge. In other words, it's a way of predicting things like cloud cover, rain, snow, wind speed, and temperature before they happen. Learn the natural signs for reading the weather by an attuned scout.

## **Weed Walk – David Grasty**

Take a walk with David Grasty to learn that in your back yard are many edible plants and their uses in illnesses, bites, etc. David relays the information in an easy-to-understand way that will help you retain the information and not overwhelm you. (Wear comfortable walking shoes)

## **What Everyone Should Be Carrying in their Car – Tim Glance**

No matter if it is your daily driver or a dedicated bug out vehicle, what you carry in your car is important. When you are not in your car it is usually still pretty close, so it is critical to have it well equipped. Everything from tools, gear for emergency repairs, what kind of food is safe to store in the extreme temperatures and more will be covered. Items will be demonstrated and a list of the instructors preferred items will be provided.

## **What If You Can't Buy It? (L) (\$10) – Tatia Childers**

What happens when you can no longer buy items like laundry detergent, household cleaners, toothpaste, mouthwash, facial toner, and condiments? Take this class to find out!



# Class Descriptions

**(L) Limited Seating • (\$) Material Fee**

## **When there is No Fire Department – Chris Gibson**

This class will cover fire prevention and discuss what you should have on-hand to be able to deal with both wildland and structure fires.

## **Wine Making – Jan Emore**

Over-simplified family recipe explained step-by-step. Easy wine making will demonstrate how to assemble ingredients, explain the fermentation process, and demonstrate how to bottle when ready.

## **Wound Care – Skinny Medic**

This class will cover the first response and how to stop the bleeding. You will learn different ways to close wounds. You will also learn how to keep the wound clean and prevent infection.

## **You've Got 5 Minutes – Are You Ready? – Julie Kidd**

You've got 5 minutes – Are you ready to evacuate? This class will guide you through making a plan for your family in case of an emergency, packing an evacuation bag and staying informed.