



ENGLISH



THIS MANUAL CONTAINS IMPORTANT SAFETY INFORMATION. BEFORE USING THE SLACKLINE READ THIS MANUAL CAREFULLY AND MAKE SURE YOU UNDERSTAND AND AGREE TO ALL WARNINGS, CAUTIONS, INSTRUCTIONS, AND SAFETY RECOMMENDATIONS. PERIODICALLY REVIEW THE INFORMATION IN THIS MANUAL AND INSPECT YOUR SLACKLINE REGULARLY FOR SIGNS OF DAMAGE. DO NOT USE THE SLACKLINE UNLESS YOU ACCEPT ALL RISK OF INJURY AND/OR DEATH THAT MAY RESULT FROM YOUR USE.

www.yogaslackers.com

# 1. WARNING! THE SLACKLINE IS A DANGEROUS PIECE OF EQUIPMENT EVEN WHEN USED PROPERLY:

PARENTS OF MINORS AND MINORS: Minors should not use the slackline unless they are under constant competent adult supervision. Make sure that the slackline is only installed in areas where minors cannot access the slackline without such adult supervision. Minors should never adjust the tension of the slackline at any time.

The slackline was developed solely for one adult to improve his or her balance by slowly walking across the slackline over a flat, even and soft landing area without any obstacles, people, projections, or hazards nearby. The slackline must only be used in the manner described in this Manual. USING A SLACKLINE CAN BE A DANGEROUS ACTIVITY THAT MAY RESULT IN SERIOUS INJURY AND/OR DEATH EVEN WHEN USED PROPERLY. USE AT YOUR OWN RISK AND ALWAYS USE COMMON SENSE.

Make sure that the slackline is fixed only to anchors as described in section 3.1 and 3.2 below. Do NOT attach the slackline to any anchor point that is too weak to safely anchor and use the slackline or that is not fixed. For example, do NOT attach the slackline to one or more cars. Make sure that the ground and landing area over which the slackline is suspended is flat, even, and soft. You will be falling onto it!

DO NOT set the slackline at any height above 18 inches / 50 centimeters.

Make sure that there are no obstacles, hazards, people, or projections near the slackline that could injure you in a fall. Only use the slackline at locations without any hazards and/or dangers.

- Do NOT walk the slackline in sandals or using shoes with lugged soles.
- Keep all spectators at least 3 meters (9 feet) from the slackline.
- Never use the slackline at dusk or night or in wet or icy conditions.
- Do NOT allow more than one person to use the slackline at any time.
- Do NOT exceed 220 pounds (100 kg) in weight on the slackline at any time.
- THIS SLACKLINE IS NOT INTENDED FOR PERFORMING ANY TRICKS, INCLUDING BUT NOT LIMITED TO JUMPING, FLIPPING, ETC. RISK OF INJURY AND/OR DEATH INCREASES SIGNIFICANTLY WHEN TRICKS ARE ATTEMPTED OR PERFORMED.

This slackline is not impervious to damage. THE SLACKLINE MUST BE PROPERLY MAINTAINED AND INSPECTED BEFORE EVERY USE. FAILURE TO INSPECT AND MAINTAIN THE SLACKLINE BEFORE EACH USE MAY RESULT IN INJURY AND/OR DEATH. THE USE OF ANY PARTS NOT PROVIDED BY THE MANUFACTURER ARE NOT RECOMMENDED AND MAY DAMAGE THE SLACKLINE, IMPACT PERFORMANCE, SHORTEN THE LIFESPAN OF THE PRODUCT, AND CAUSE INJURY AND/OR DEATH.

### 1.1 NATURAL WEAR NOT RELATED TO WARRANTY CLAIMS:

Wear on the loop protection is not taken into warranty consideration – In usage the slackline is confronted with permanent dynamic stresses. Wear on the loop protection hence does not get considered for warranty claims.

Related to the topic above, the wear on the print of the slackline is excluded from warranty claim. Wear on the slackline that is caused by incorrect usage, for example when wrapping the slackline around sharp corners the slackline can not be claimed for warranty. The slackline is a sports product and under usage naturally is confronted with wear.

## 1.2 WASHING AND MAINTENANCE INSTRUCTIONS:

Please rinse entire slackline with clear freshwater after usage in salt water. Before every usage of the slackline please check all parts for damage. Please only wash with lukewarm clear water.

## 1.3 ADDITIONAL SAFETY REGULATIONS:

- The slackline system is only allowed to be tensioned by hand and by one person only.
- The chosen anchors neither are allowed to have any sharp corners or be in a condition to potentially harm the slackline.
- The slackline system is never to be tensioned with other means (such as cars) than the equipment provided inside the set.
- Please do not leave the slackline unattended when de-rigged. Small children could get tangled up in the slackline.
- The slackline is not allowed to be modified in length by using knots.

# 1.4 FAILURE TO:

- USE COMMON SENSE,
- USE THE SLACKLINE AS RECOMMENDED IN THIS MANUAL, AND/OR
- HEED THE WARNINGS AND INSTRUCTIONS IN THIS MANUAL
- SIGNIFICANTLY INCREASES THE RISK OF SERIOUS INJURY AND/OR DEATH.
- WHEN ASSEMBLED, THE SLACKLINE IS UNDER SIGNIFICANT TENSION WHICH MAY EQUAL OR EXCEED 1500 lbs (7 kN/700 kg). DUE TO THE HIGH TENSION OF THE SLACKLINE, GREAT CARE MUST BE EXERCISED WHEN USING THE SLACKLINE TO DECREASE THE RISK OF INJURY AND/OR DEATH. OVERLOADING THE SLACKLINE WITH MORE THAN 220 POUNDS (100 kg) AND/OR MORE THAN ONE PERSON INCREASES THE TENSION AND MAY CAUSE THE SLACKLINE TO FAIL RESULTING IN INJURY AND/OR DEATH.

Check local laws regarding slacklines to see where and how you may lawfully use the slackline. In some cities and states slacklining use on public property is illegal, restricted, or banned.

You may see people on TV or on the Internet performing tricks or stunts on a slackline. These are people who have been practicing for a long time, who are highly skilled, and who accept the risk of all injury and/or death. DO NOT ATTEMPT TO PERFORM ANY TRICKS ON THIS SLACKLINE UNLESS YOU ACCEPT ALL RISK OF INJURY AND/OR DEATH.

THE MANUFACTURER AND RESELLERS OF THIS SLACKLINE EXPLICITLY DISCLAIM ANY AND ALL RESPONSIBILITY AND LIABILITY FOR ANY DEATH, PARALYSIS, INJURY, AND/OR DAMAGE TO ANY PERSON OR PROPERTY THAT MAY OCCUR THAT ARISES OUT OF OR IS IN ANY WAY RELATED TO THE USE OF THIS PRODUCT.

### 1.5 WARRANTY:

This product is warranted against any material or manufacturing defect for two (2) years from the purchase date as stated on a valid receipt. THIS WARRANTY DOES NOT COVER OR INCLUDE ANY DAMAGE OR DEFECT CAUSED BY: NORMAL WEAR AND TEAR, MODIFICATIONS OR ALTERATIONS, INCORRECT STORAGE, POOR MAINTENANCE, AND/OR DAMAGE DUE TO ACCIDENTS, NEGLIGENCE, OR MISUSE (INCLUDING BUT NOT LIMITED TO ANY USE NOT EXPLICITLY APPROVED IN THIS MANUAL). BE SURE TO THOROUGHLY DRY THE SLACKLINE BEFORE STORING.

Other than as described above, THE MANUFACTURER, SELLERS, AND RESELLERS OF THIS PRODUCT MAKE NO OTHER REPRESENTATIONS AND/OR WARRANTIES, EITHER EXPRESS OR IMPLIED, REGARDING THE PRODUCT, INCLUDING WITHOUT LIMITATION, ANY WARRANTIES AS TO MERCHANTABILITY, QUALITY, OR FITNESS FOR A PARTICULAR PURPOSE. THE MANUFACTURER, SELLERS, AND RESELLERS SHALL NOT BE LIABLE IN ANY WAY WHATSOEVER FOR SPECIAL, INDIRECT, CONSEQUENTIAL, OR INCIDENTAL DAMAGES, WHETHER BASED ON BREACH OF CONTRACT, BREACH OF WARRANTY, TORT (INCLUDING NEGLIGENCE), PRODUCT LIABILITY OR OTHERWISE, EVEN IF THEY HAVE BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. THE SLACKLINE USER AGREES THAT HIS OR HER FULL REMEDY AGAINST THE MANUFACTURER, SELLERS, AND RESELLERS FOR ANY LIABILITY, CLAIMS, OR DAMAGES, SHALL BE LIMITED TO THE PURCHASE PRICE OF THE SLACKLINE, AND IRREVOCABLY WAIVE ALL CLAIMS FOR ANY OTHER DAMAGES THAT SUCH SLACKLINE USER MAY HAVE.

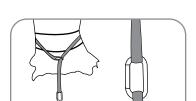
### 2. FURTHER WARNINGS:

The webbing can hold 1700 lbs (800kg) in normal use.

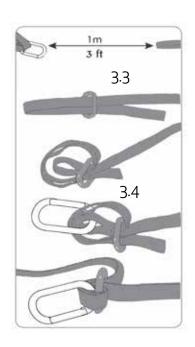
The eLine should only be tightened by hand. Under no circumstances should you use a car, tractor, boat, horse, chicken or monster truck to pull the line tight.

To extend the life of your eLine, store indoors after use and limit prolonged exposure to direct sunlight.

This slackline must not be attached or assembled between vehicles (e.g., cars or trucks) for various reasons, including because the tension can easily exceed the safety limit of 85 pounds (approx. 378N/38.5kg). This slackline must not be assembled or used at any height above 18 inches (50 cm). Slacklining is a beautiful sport, but its dangers, including serious injury and/or death, are significant and must never be underestimated!



3.1



## 3. ASSEMBLY:

The ideal set-up for the eLine is with trees approximately 20-25 ft (6-8 m) apart from each other. Make sure to set up your slackline using trees that are larger than 12" in diameter so as to avoid harming young trees. Place padding around the tree where the line and anchor will make contact with the tree trunk

**3.1** Place the anchor piece (black webbing) around a tree or fixed structure and secure loops at either end with one of the carabiners.

**tip:** If there is enough line left over, double wrap the anchor piece around the tree or girth hitch the tree taking one end of the anchor piece through the loop at the other end.

**3.2** Locate the loop at the end of the 15 m slackline (orange webbing) and wrap it around the second tree or fixed structure pulling the rest of the line through the loop so as to create a girth hitch tightening the line around the second tree.

**tip:** To help keep the line flat, pinch it at the point where it passes through the loop. this will help to prevent the line from turning sideways.

**3.3** Pull the end of the orange line towards the anchor piece around the first tree making sure the line stays flat and does not twist. Measure 3 ft (1 m) from the carabiner on the anchor piece and fold over the slackline creating "a bight" and placing it through the line lock.

**3.4-** Thread the bight through the line lock a second time and secure the second carabiner through the loop on the inside. Pull the line tight so that it secures around the line lock.

**3.5** After securing the line lock, take the remainder of the line towards the other carabiner attached to the anchor piece. Loop the remainder of the line through the carabiner from the bottom to the top creating an inward spiral.

**tip:** Make sure the gates of the carabiners are opening on the same side and towards each other ("THE YOGASLACKERS" side of the carabiner faces up on one and the "NOT FOR CLIMBING" warning faces up on the other) so that it is easier to spiral the line through.

**3.6** Pass the line through each carabiner a second time so that it wraps under itself twice on each carabiner.

**3.7** Pull on the end of the line to tighten the spiral lock and secure the slackline above the ground.

**tip:** Getting behind the anchor point or tree will allow you to tighten the line more, but the eLine can also be set up truly slack.

# 4. Take Down

To release the spiral lock pull the end of the line up (1) and out (2) so that the inside pass of the line releases and the lock unravels.

To keep all your eLine pieces together, daisy chain the line and clip the carabiners, line lock and anchor to the main loop. For detailed instructions scan the QR code bellow.

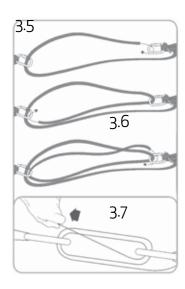
# 5. Tree Protection:

To protect your eLine and trees from damage. You should always use tree protection. This can a multitude of items, i.e. outdoor carpet, old yoga mats, carpet scraps or even cardboard.

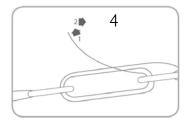
### FIND MORE INFORMATION ON:

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# spiral lock set up



spiral lock set up



#### **SCAN FOR SETUP VIDEO:**



distrubuted by





Team YogaSlackers is an eclectic mix of yogi adventurers known for practicing extreme living with awareness while educating about eco-conscious initiatives. The YogaSlackers are renowned worldwide for their development of slackline yoga which takes the practice of moving meditation to a whole new level. In addition to slackline instruction, the YogaSlackers also offer workshops and retreats involving Vinyasa Yoga, Acro Yoga, Climbing and Adventure Racing. Join us for an experience into taking yoga off the mat and into nature in all shapes and forms.

We look forward to meeting up with you somewhere along the journey!

PLEASE VISITUS ONLINE FOR MORE PICS, VIDEOS AND TEACHING SCHEDULE www.yogaslackers.com