



SENDER ADJUSTABLE TABLETOP and DROP OFF LEGS



Your new Adjustable Leg sets open up a whole new world of coaching potential. You can easily tailor your sessions to your student's ability and create progression. You can also create more challenging sessions that involve inclined and declined drop offs.

**ALWAYS CHECK YOUR ADJUSTABLE LEGS ARE SECURE BEFORE EACH SESSION.
CHECK DURING EACH SESSION AND AFTER EACH CHANGE IN HEIGHT!**

The Legs can be used to create different features. The main features are:

DROP OFFS

You can create a Single Tabletop drop. However, we advise using a Double Tabletop from 350 mm and HIGHER. The extra rolling distance is essential to allow student to prepare for dropping. The higher you make practice the more speed is required to access the Tabletop and therefore students have more to deal with before dropping. We also advise that you use a STRAIGHT Ramp when creating Drop Offs as this is less likely to throw (JUMP) the rider up onto the Tabletops.

GAP JUMPS

You can detach one Ramp and one Tabletop (used as a Case Pad). The Drop off legs allow you to make a stable platform

TABLETOPS

The Tabletop legs allow you to link two ramps together. This 2400 mm long Tabletops fill the gap between two ramps making jump practice safer especially at higher settings.

COMING SOON!

We are working on a new project with special plates that will allow you to create even more interesting shapes with your Tabletop's.

Warning:

Jumping and dropping can go wrong very quickly and lead to severe or even life changing injuries and damage to your bike and property. We recommend using equipment on grass. Always wear a helmet, knee pads and gloves as a minimum. Ensure clear take-off and landing space all around and if used on the street locate and jump in a safe place with no chance of striking or being struck by a car, van etc.

If you need help or advice please contact support@sender-ramps.com

ASSEMBLY TOOLS

1 x 6 mm Hex Allen Key

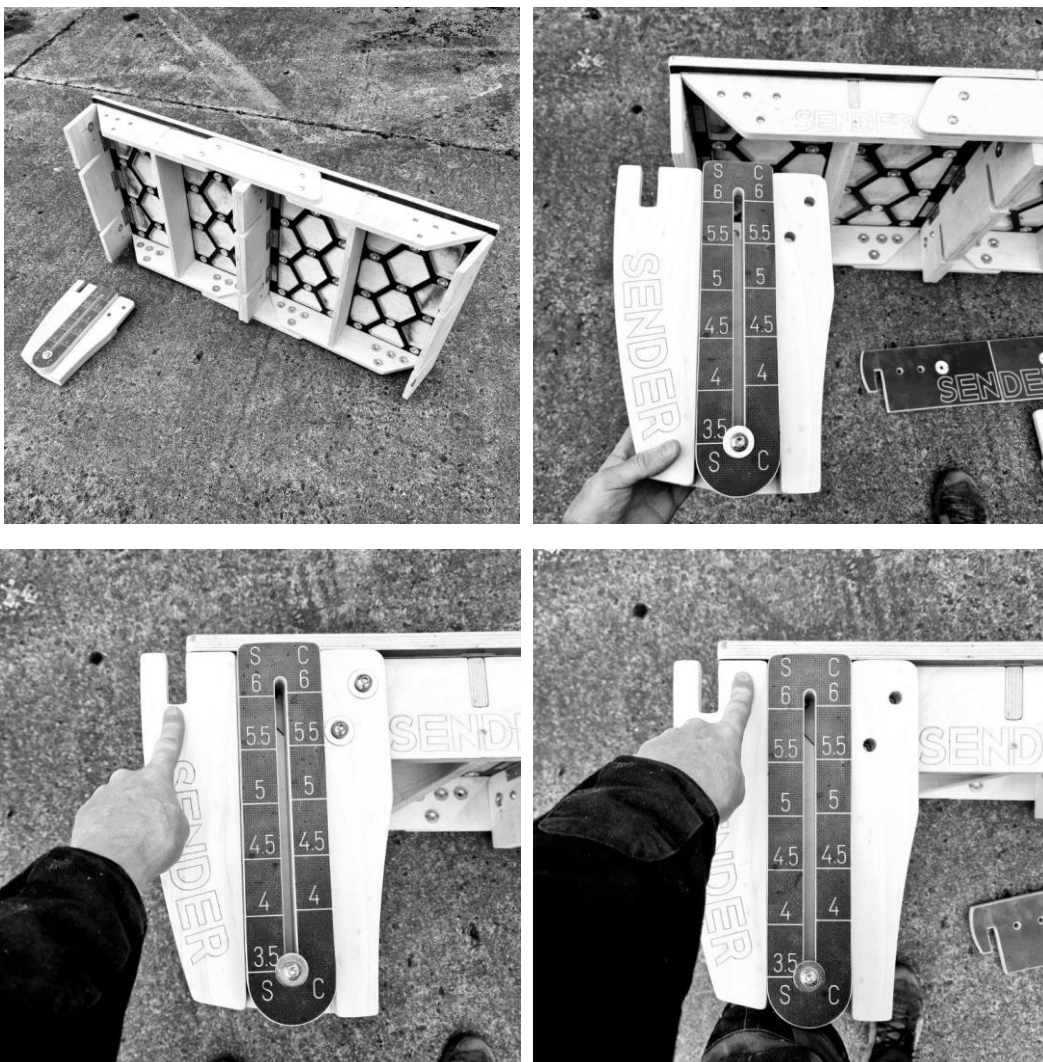
ALL bolts should be secured at a 20 Nm Torque Setting.

YOU MUST ALREADY HAVE 2 x 1200 TABLETOPS AND 2 x ADJUSTABLE RAMPS

FITTING THE ADJUSTABLE DROP OFF LEGS

STAGE 1:

Take one of your Tabletops. Place this on its side as shown. Take one of the Drop Off legs. Hold this at the left end as shown. The notch should be at the end of the ramp surface.



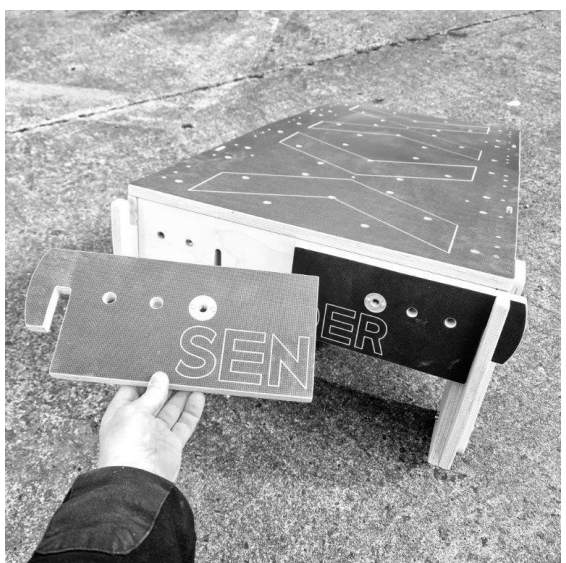
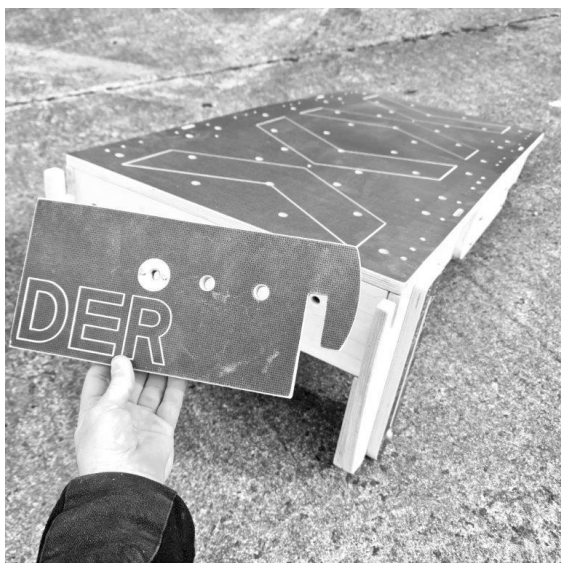
The hinged section of the Tabletop fits into the slot on the back of the Drop Off leg. Use 2 x M10 x 40 mm Bolts and 2 x Washers to secure the Leg to the Tabletop.



Turn the Tabletop over and attached the other Leg.



There are two face plates. These hook into the slots on the Legs.





The plates attach to the hinged part of the Tabletop with M10 x 40 mm Bolts through the locations / holes shown below. Tighten these bolts fully before moving onto the next stage.



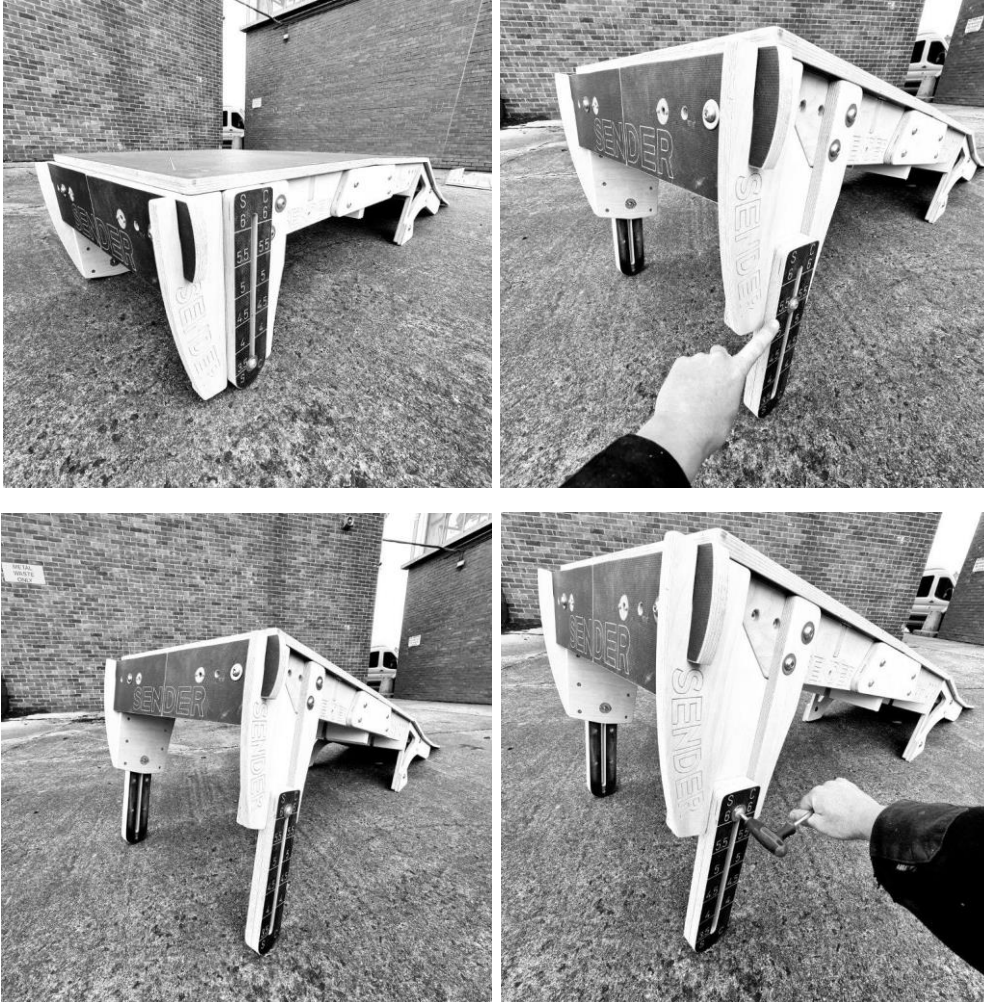
STAGE 2:

Place 2 x M10 x 40 bolts into the back of your 350 mm High ramp and hook your Tabletop onto the Bolts. Tighten the bolts to close the join between the ramp and Tabletop.



STAGE 3:

Once attached to a 350 High Ramp you will have a SINGLE TABLETOP FLAT DROP. You can create an inclined drop by extending the legs. The markings on the legs correspond to the height from the ground in mm. Make sure you check and TIGHTEN the bolts or the legs will DROP BEFORE YOU DO!



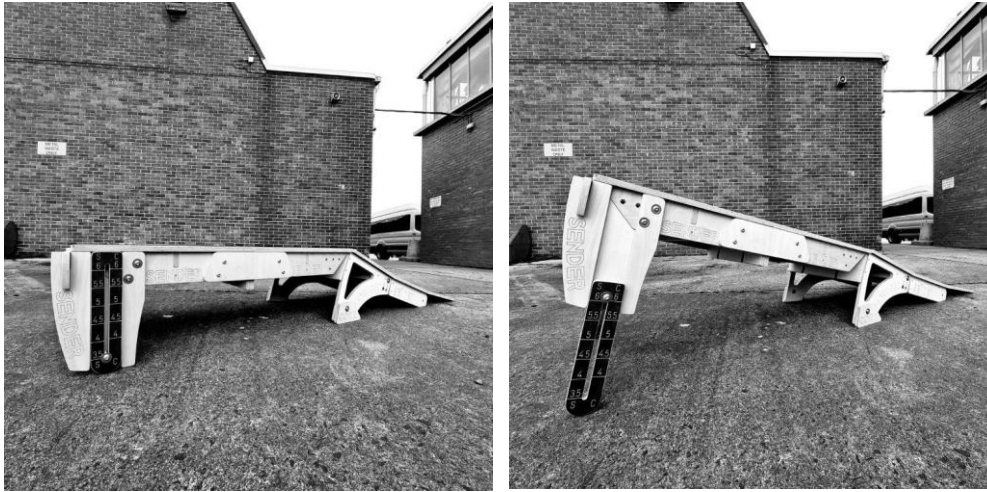
You may have to adjust the bolts at the join each time you increase the leg length because this changes the angle and relationship between the components.



If you are connecting your Tabletop to a BIGGER RAMP like a 500 STRAIGHT RAMP. Hook the Tabletop to the Ramp first. The Legs will be at 350 mm. In this situation you have a DECLINED

DROP. Extend the Legs to 500 mm to match the height of the ramp to create a FLAT DROP. Before you use the drop make sure the bolts are TIGHT!

IF you are creating a GAP JUMP with a 500 mm Landing you could leave the Legs at 350 mm. This would create more of a rounded A shaped feature.



CREATING A DOUBLE TABLETOP DROP OFF

If you are coaching from 350 mm and higher you should be using a DOUBLE Tabletop to create adequate rolling distance for student to prepare to drop off the end! We also recommend that you use a STRAIGHT RAMP to access the Tabletop!

Stage 1:

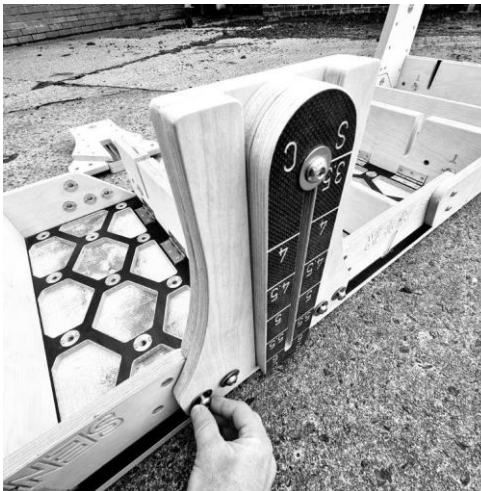
Lie your Tabletops on one edge so you can access and join the Hinged plates together with 2 x M10 x 40 mm Bolts.



Alternatively, roll the Tabletops over so they are upside down. Tighten the bolts on the joining plates



Take your Tabletop Legs and align them with the Tabletop sides and JOINED back plates. Use 4 x M10 x 40 mm Bolts with washers to secure the legs to the Tabletop. Tighten the bolts



REPEAT LEG INSTALLATION ON THE OTHER SIDE



Stage 2:

Carefully lift / turn the Tabletop (with Adjustable Legs and Adjustable Drop Off Legs attached) over so it is resting on the legs. The Cantilevered Tabletop exerts a lot of leverage on the joining legs so NEVER LOAD the Tabletop at this point! Place 2 x M10 x 40 mm Button heads into the back of your ramp. Hook the Tabletop onto your ramp. DO NOT DRAG THE TABLETOP!

It is always safer and less damaging to your equipment complete this set up with 2 People!



If you are creating a FLAT DROP you may still need to adjust / extend the legs for the uneven ground / terrain. Set the Drop Off Legs FIRST to the height you need and then make fine adjustments on the Tabletop legs.



CREATING A DOUBLE TABLETOP JUMP

In Double Tabletop mode you can create FLAT / INCLINED / DECLINED Tabletops Jumps using different ramp heights.

For example

FLAT = 350 Curved to 350 Straight OR 500 Curved to 500 Straight

INCLINED = 350 Curved to 500 Straight

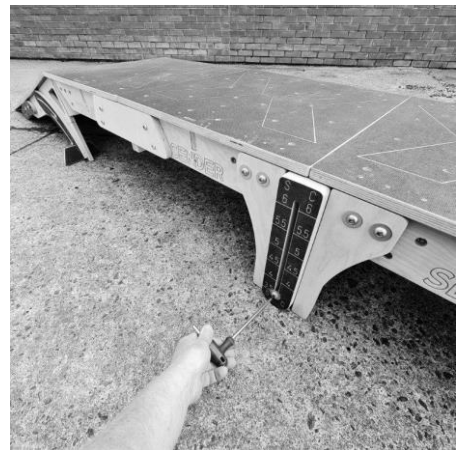
DECLINED = 500 Curved to 350 Straight

Remove the Drop Off Legs IF they were attached or mount the Tabletop legs between the two Tabletops as shown above.



It is always safer and less damaging to your equipment complete this set up with 2 People!

Turn your Tabletops over (There is a lot of stress / leverage on the join between the Tabletops) and hook them onto a ramp at each end. In this example we are using 2 x 400 mm HIGH RAMPS. You may need to lift the ends of the Tabletops to match the top edge of the ramp before tightening the bolts underneath. Finally, make terrain adjustments at the Adjustable legs or SET THE HEIGHT to match your ramp heights. Check and tighten ALL Bolts.



In this example we are adjusting the legs to match 500 mm HIGH RAMPS.



STORAGE

Never leave your Tabletop in a damp and humid place as this will increase the chances of mould! Store in a dry place.

TREATING YOUR RAMP!

Please remember to coat your ramp with a CLEAR preservative. Be aware that even clear preservative can darken the colour of your ramp so trial one of the lower braces / batons first especially if you have a COLOURED RAMP. NEVER USE VARNISH!

Ronseal LOW VOC Decking Protector Natural Colour will be perfect. Remove from Brown / Black Surfaces.

Spray your bolts and T Nuts regularly to make placement and removal easier!

REPLACEMENT PARTS!

You can get replacement parts by contacting us at support@sender-ramps.com

HAPPY LANDINGS!

Remember to wear your Helmet, Gloves and Knee Pads and Jump / Drop in a Safe Place

GET IN TOUCH!

If you need help please ask! 00 44 7719 309214 – scott@sender-ramps.com



