

FREE

SELF LOVE

JOURNAL PROMPTS

@DEVANCHRISTINE

1. WHAT ARE SOME THINGS I LIKE
ABOUT MY PERSONALITY?

2. WHAT ARE SOME THINGS I LIKE
ABOUT MY LOOKS &/OR STYLE?

3. WHAT ARE MY GREATEST
ACCOMPLISHMENTS?

4. WHAT ARE SOME THINGS I CAN
ACCEPT ABOUT MYSELF?

5. WHEN ARE SOME OF MY
HAPPIEST TIMES?

6. WHO ARE SOME PEOPLE I HAVE HELPED THROUGHOUT MY LIFE?

7. HOW DO I POSITIVELY IMPACT OTHERS?

8. HOW CAN I POSITIVELY IMPACT OTHERS MOVING FORWARD?

9. HOW AM I VALUABLE IN RELATIONSHIPS?

10. WHAT AM I PROUD OF?
