

# *Sure-Fit Designs™*

## *International Pattern Fitting & Designing Quiz*



1. What is the most common dart size found in most commercial patterns?
  - a. A
  - b. B
  - c. C
  - d. D
  - e. All of the above
  
2. What are the 3 basic types/categories of collars? (Hint: see pg. 23 Dress Kit Instruction Book)  

---

---

---
  
3. Why do long sleeves, sewn from woven fabric, generally need an elbow dart? (Choose all that apply)
  - a. To accommodate the forward pitch of your arm.
  - b. For decoration
  - c. To help shape the fabric to the bend in your elbow
  - d. To help lessen diagonal folds from mid-arm to shoulder cap

4. On the bodice, if you have diagonal folds going from the armhole toward your neckline, this usually means you have:
- Square shoulders
  - Sloped shoulders
  - Rounded back
  - Short arms
5. What are the 3 major differences between the SFD Dress Kit and Shirt Kit? (Hint: see pg. 5 Shirt Kit Instruction book)
- 
- 
- 
6. If you're testing the Shirt Kit pattern and you get drag lines and folds from the lower side seam up toward your apex, which solution is the best?
- Lengthen the side seam
  - Add a bust dart
  - Widen the Shirt Front pattern
7. Why do pockets with a diagonal/wedge-angle hand opening typically gap open on pants or even skirts?
- The thigh is too tight
  - The crotch is too long
  - The opening angle is on the bias and therefore has more stretch and give
8. If you're very flat in your backside and pants tend to buckle under your buttocks, the following will help to alleviate this situation:
- Horizontal fisheye dart
  - Lengthening front crotch point #2
  - Widening the waist circumference
9. If you're very full in the buttocks and the back crotch length doesn't come up to your waist level, you can:
- Increase the hip circumference
  - Split the pattern from Center Back to the side seam and wedge CB open
  - Shorten the leg

10. If you are fuller in the front than the back of your body, what do you do when drawing your bodice pattern?
- Go up a dot in the Sleeve pattern
  - Go up a dot in the back and down a dot in the front
  - Go up a dot in the front and down a dot in the back
11. Where does a French dart start?
- The armhole/armscye
  - The high hip
  - The lower side seam
12. What does 'stripped down' pattern mean?
- The pattern has no ease
  - The pattern has no seam allowances
  - The pattern has no darts
13. If you want a princess seam line in your blouse/dress/jacket, which bodice design pattern feature forms the basis for the princess line shape?
- The sleeve
  - The bust dart
  - The waist seam
14. If you're stuck and haven't yet begun your SFD patterns, what should you do?
- Watch the new video series 'What I Didn't Know...But Wish I Had' found at [www.SureFitAcademy.com](http://www.SureFitAcademy.com)
  - Watch the new video series 'Common Hip Shapes' found at [www.SureFitAcademy.com](http://www.SureFitAcademy.com)
  - Participate in a SFD Design & Sew Along found at [www.SureFitAcademy.com](http://www.SureFitAcademy.com)
  - Pull your hair out
15. When drafting your patterns at home, what is the best surface to draft on?
- The floor
  - The wall
  - A large picture window
  - A large table