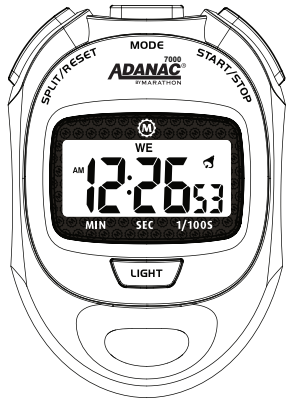
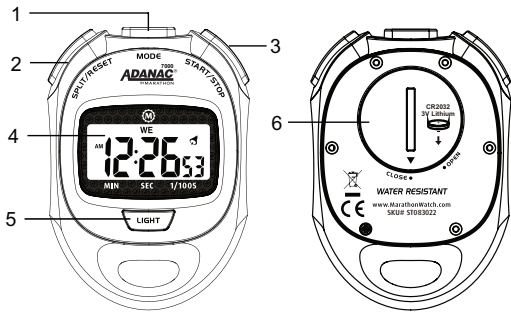


Adanac 7000 Stopwatch
Model ST083022
 User Manual



MAIN FEATURES



1. MODE KEY

- Press to switch between normal time mode, stopwatch mode, alarm setting mode and time setting mode

2. SPLIT/RESET KEY

- In normal time mode, press to show the alarm time.
- In stopwatch mode, press to reset values or to show split time.
- In alarm setting mode, press to switch between hour and minute setting.
- In time setting mode, press to switch between time and date setting.

3. START/STOP KEY

- In normal time mode, press and hold to show the date.
- In stopwatch mode, press to start or stop the counting.
- In alarm or time setting mode, press to adjust the setting value.

4. LIQUID CRYSTAL DISPLAY (LCD)

5. LIGHT KEY

- In normal time mode, press and hold to show the date.

6. BATTERY DOOR

- Accommodates one lithium battery CR2032.

MODE SELECTION

This stopwatch includes four modes that can be accessed by pressing the MODE key. The sequence is: NORMAL TIME MODE → STOPWATCH MODE → ALARM SETTING MODE → TIME SETTING MODE.

MODE SELECTION

The current time will be displayed in normal time mode.

Press and hold the SPLIT/RESET key to show the alarm time.

Press and hold the START/STOP key to show the month and the day.

In normal time mode, press and hold the SPLIT/RESET, then press the START/STOP key to turn the alarm on or off.

STOPWATCH MODE

In stopwatch mode, time is measured to the 1/100th second. The different functions can be operated with the SPLIT/RESET and START/STOP keys.

Accumulated elapsed time measurement:

- Press the START/STOP key to start.
- Press the START/STOP key again to stop.
- Press the START/STOP key again to restart.
- Press the START/STOP key again to stop again.
- Press the SPLIT/RESET key to reset the time displayed.

Split time measurement:

- Press the START/STOP key to start.
- Press the SPLIT/RESET key to split.
- Press the SPLIT/RESET key again to split and release.
- Press the START/STOP key again to stop.
- Press the SPLIT/RESET key again to reset the time displayed.

Measurement between two competitors:

- Press the START/STOP key to start.
- Press the SPLIT/RESET key to split.
- Press the START/STOP key to stop.
- Press the SPLIT/RESET key to split and release.
- Press the SPLIT/RESET key again to reset the time displayed.
- Press the MODE key to return to the normal time mode.

ALARM SETTING MODE

An alarm time can be set on this stopwatch by following the steps below:

1. In normal time mode, press the MODE key twice to enter the alarm setting mode.
2. Press the SPLIT/RESET key to select hour or minute.
3. Press the START/STOP key to adjust the value.
4. When done, press the MODE key to return to the normal time mode.

NOTE:

When the clock reaches the alarm time, the alarm will sound.

- The alarm will stop automatically after one minute if no buttons are pressed and it will sound again at the same time the next day.
- Press the START/STOP key to snooze the alarm. It will sound again five minutes later.
- Press the SPLIT/RESET key to stop the alarm. The alarm will be heard at the same time the next day.

TIME SETTING MODE

Follow the steps below to set the time:

1. In normal time mode, press the MODE key three times to enter the time setting mode.
2. Press the SPLIT/RESET key to select the values to set. The setting sequence is: second → minute → hour → date → month → weekday.

TIME SETTING MODE-CONTINUED

- Press the START/STOP key to adjust the value.
- When done, press the MODE key to return to the normal time mode.

NOTE:

- When setting the seconds, if the value is more than or equal to 30 seconds, pressing the START/STOP key can increase it to one minute and if the value is less than 30 seconds, pressing the START/STOP key can reset the value to "00."
- The 12/24-hour format can be selected when setting the hour. The icon "H" on the LCD indicates the 24-hour format, while the icon "A" (AM) or "P" (PM) represents the 12-hour format.

HOURLY CHIME

When the hourly chime function is activated, a chime will be heard on the hour. It can be activated or deactivated by following the steps below:

- In normal time mode, press and hold the SPLIT/RESET key.
- Press the MODE key to activate or deactivate the hourly chime. (If the day of the week icons are displayed, then the hourly chime function is activated, if they are not visible, then this function is deactivated).



Hourly chime off Hourly chime on

- Release the SPLIT/RESET key to return to normal time mode.

BATTERY REPLACEMENT

If nothing is visible on the LCD, or if it is dim, the battery needs to be replaced. Remove the screws at the back of the unit, remove the battery and insert a new CR2032 battery according to the polarity mark.

NOTE:

Attention! Please dispose of used batteries and main unit in an ecologically safe manner.

PRECAUTIONS

- Do not subject the unit to excessive force or shock.
- Avoid contact with corrosive materials.
- Do not dispose of this unit in a fire as it may explode.
- Do not recharge the batteries and do not dispose of them in a fire.

SPECIFICATIONS

Operating temperature:	-5 °C to 50 °C (-40 °F to 140 °F)
Operating humidity:	10% to 90%
Water resistance level:	IPX4
Main power:	One CR2032 battery
Dimensions:	66.5 (W) x 77 (H) x 19 (T) mm

WARRANTY

Marathon Watch Company warrants this item to be free from defects in material and workmanship under normal use in accordance with care and usage instructions for 2 years from date of purchase from an authorized retailer. This warranty excludes damage from misuse, abuse or any irregular application. Return the item to us properly packaged accompanied with the original bill of sale. Please contact Customer Service at 1-800-822-4329 to obtain the shipping address. If we confirm a defect, we will replace it with the same item or one of similar value and return it to you at no charge.



Marathon Watch Company Ltd.
www.MarathonWatch.com

Customer Service: / Service à la clientèle : / Servicio al cliente:
1-800-822-4329

Designed in Canada / Conçu au Canada / Diseñado en Canadá
Made in China / Fabriqué en Chine / Hecho en China

2 YEAR
warranty
Garantie
de 2 ANS
2 años de
garantía