



Too Many "Coincidences" These Days

Spring has sprung and that means I am full time working in the garden; hence my lack of newsletter writing. I do have some really important subjects to cover, mostly the world-wide "coincidences" regarding our food supply, and the "coincidences" of marked increases in several diseases discussed further in the newsletter.

First, I just wanted to show off the garden as we are deep into harvest season here in South Central Texas. (Washington begins planting this month and we harvest!) It has been a serious lesson in trial and error as the soil here may be soft but it is not as "nutrient dense" with that mix of glacier and volcanic mineral dirt we have in the great Pacific NW. Down here, clay and sand dominate so the perpetual growth of cover crops and tilling them over and over into the ground is key to building the soil. I'm pretty proud we were able to do this to the garden in just 2 seasons!



From Doctor to Farmer to Dad... "Doctor Farmer Dad". Baby loves collecting her veggies, Dad loves to work the land just like his grandfathers before him.

LIVING FOOD gives LIFE to your LIVING CELLS!

This year I am focused on HEIRLOOM SEEDS- this means you can save them once the plant has gone to seed and replant them the next year. You can't do this with many

the plant has gone to seed and replant them the next year. You can't do this with many of the "hybrid" veggies that you buy from your conventional seed supplier. The main reason I recommend them is so that you can save them yourself if you get in a "pickle." (pun intended). Here are two excellent suppliers I use for my garden here in Texas: <https://www.ufseeds.com/> and <https://www.southernexposure.com/>

We are going through a very hard time in our American economy. The costs are the highest we have seen in the this lifetime and there is a prediction by some folks in the know of a major food shortage ahead. Even President Biden made the announcement of the coming food shortages, and although many are saying "it will only be in Africa," my studies tell me differently.



The soil is so poor that I need to plow and plant cover crops over and over to build the organic network of the soil which will in turn build stronger healthier plants without herbicides and pesticides. Here I am plowing the rye-grass covercrop and after I will till it under before planting a cover-crop of sorghum. Eventually the soil will be ready for vegetables.





I planted 12 different types of lettuce and greens and more than 100 different varieties of vegetables and melons to identify which does best in our micro-climate and soil.

My family is doing what we can to prepare for a possible food shortage- growing the garden and saving the seeds and ordering bulk storage food from organic food suppliers. The company that I recommend ordering from is the food coop: www.azurestandard.com, our country's LARGEST independent food distributor emphasizing healthy and organic foods. They drop-off in your town monthly- Buy 10-25 pound bags of food and just put them in your closets.

Azure Standard was one of the food processing plants that was tragically destroyed in a fire in April among dozens of others in North America in the last 2 years: see this list and the list posted below: [EXCLUSIVE: Food shortages magnified by string of destroyed food processing facilities - The Western Standard \(westernstandardonline.com\)](#). Here is another link showing all those burning world wide. [EXCLUSIVE: Destruction of food plants a global phenomenon - The Western Standard \(westernstandardonline.com\)](#)

All this leaves me scratching my head saying... "Now that is an awful lot of coincidences."

TODAY'S HEADLINES: BABY FORMULA SHORTAGES are scaring parents to death. Is this a precursor for more ahead? 40% of baby formula inventory was out of stock nationally the week of April 24 [Baby formula shortage turns 'terrifying': Out of stocks worsening \(axios.com\)](#)



DATE	FOOD PLANT	LOCATION	DESTRUCTION
Monday, April 18, 2022	Azure Standard Headquarters	Oregon	Fire
Wednesday, April 13, 2022	Taylor Farms	Salinas, California	Fire
Wednesday, April 13, 2022	Gem state processing	Idaho	Airplane crash
Monday, April 11, 2022	East Conway Beef and Pork	New Hampshire	Fire
Thursday, March 31, 2022	Rio Fresh	Texas	Fire
Monday, March 28, 2022	Marcos Ice a food pantry	Arizona	Fire
Wednesday, March 16, 2022	Walmart fulfillment center	Plainfield Indiana	Fire
Wednesday, March 16, 2022	Walmart fulfillment center	Plainfield, Indiana	Fire
Sunday, March 13, 2022	Hot Pockets plant	Jonesboro, Arkansas	Fire
Monday, February 28, 2022	Shearer's Foods	Hermiston, Oregon	Boiler explosion
Tuesday, February 15, 2022	Bonanza company	El Paso, Texas	Fire
Thursday, February 3, 2022	Wisconsin River meats	Mauston, Wisconsin	Fire
Tuesday, February 1, 2022	Harper's Market Poultry Plant	Hamilton Mountain	Fire
Friday, January 21, 2022	Potato plant	Warden, Washington	Fire
Friday, January 14, 2022	Cargill Nutrena feed mill	Lecompte, Louisiana	Explosion
Saturday, January 1, 2022	Van Druen Farms	Momence, Illinois	Fire
Sunday, December 12, 2021	West side food processing plant	San Antonio, Texas	Fire
Saturday, November 20, 2021	Maid-Rite Steak Company	Kansas City, Kansas	Fire
Monday, September 13, 2021	JBS USA	Nebraska	Fire
Tuesday, August 24, 2021	Patak Meat Processing facility	Cobb County, Georgia	Fire
Sunday, July 25, 2021	Kellogg Company	Memphis, Tennessee	Fire
Tuesday, January 12, 2021	Deli Star Meat Plant	Fayetteville, Illinois	Fire
Friday, August 9, 2019	Tyson Foods Inc	Kansas	Fire

Azure Standard Fire in Dufur Oregon and a16 fires just since January of this year 2002!

David Friedberg, CEO of The Climate Corporation, previously with Google's Corporate Development team, says in this informative video: [All-In Podcast - David Friedberg on the risk of Famine and Food Shortage caused by Russia conflict - YouTube](#)

"The export controls by Russia are creating swings in food markets like we have never seen and almost certainly will lead to world-wide famine by the end of this year." He goes onto explain that 15% of world's calories come from wheat, about 1/3 of that comes from Russia/Ukraine. The bigger problem is the nitrogen, phosphorous and potassium ingredients needed to make conventional fertilizer coming out of Russia has driven prices from \$200/ton to over \$1000/ton for fertilizer.

"The whole planet earth operates on 90 day food supply, so once we stop making food we run out of it in 90 days. ...The most vulnerable nations lose theirs first and then the richest buy that supply."

Because of these warning signs presenting themselves: I URGE you to buy bulk organic grains and beans from the Azure Standard coop. They will come to a local drop off in your town. The prices are incredible compared to what you find at the store which we can all need in this terrible inflationary time. <https://www.azurestandard.com/>
ALSO.. BUY HEIRLOOM GARDEN SEEDS. If you let the plant go to seed after it produces you can save the seeds and plant over and over. Here are two excellent suppliers I use for my garden here in Texas: <https://www.ufseeds.com/> and <https://www.southernexposure.com/>



More Consequential Coincidences

This last month I was having a discussion with a colleague and we were shocked and in disbelief the numbers of people between the two of us who have come down with cancer. We counted 14 cases of people diagnosed in the last several months with cancer - Most of them were perfectly healthy and had no prior family history, some of them had a re-emergence of a formerly contained condition. (this number does not include the several that were diagnosed with mysterious swollen lymph nodes) The common factor among all of them- they were all strong proponents of taking all the "injections" on schedule as encouraged by the health authorities.

So I reached out to my Facebook folks and asked- "Does anyone know anyone who is experiencing something similar after their injections?" I was really overwhelmed to see what was written- These are just a FEW examples of the few people who red my facebook post on that single day ... If you read onto the end of the letter I have included links that report thousands of these coincidences. I'll write a few of them here but you can go see them yourself (post isn't taken down yet) [Dr. Andrew Iverson | Facebook](#)

- 50 year old female, very healthy, no history of cancer, random ankle injury lead to “it’s been a while let’s do a physical and blood tests” eventually a diagnosis Chronic lymphatic leukemia. This was last summer. They didn’t have any symptoms then. They do now.
- Female 81..sudden liver cancer. Went to her bones in 2 months and died last week. Total 3 months from diagnosis. Had all jabs
- Female 65 years old, vaccination up-to-date, no former history, came in with back pain for a few months that wasn't responding to PT, found large tumor around her spine.
- Female 85, healthy then sudden diagnosed with Parkinson’s, then two months later ... ureter cancer and then died two weeks from that diagnosis. All started after shots. She said could feel something "coursing thru system"
- Female 41, uterine cancer in remission, took all the doctor’s recommended vaccination doses. 30 days later it’s back and within four months she passed.
- Female, 59, was fine, due to teacher requirements was up-to-date on "injections", was fine until she caught the real thing, then immediately got Gullian Barre Syndrome and lost feeling from waste down and her arms, along with the other symptoms associated.
- Father in his 70s and his daughter (unknown age) Both passed away less than a month after their shots.
- Female 70’s just died. With no diagnosis. She had stroke like symptoms but MRI said she did not have a stroke. So maybe seizure.
- Family member who is local firefighter said they are seeing a sharp increase in heart attacks. Would see maybe 1 a shift are now seeing 4+ and ages 40's to 50's
- My brother-in-law. Heart attack 3 weeks after 2nd dose. Had open heart surgery and has survived but it absolutely has shortened his life. He is 57.
- There are more calls for emergent vascular surgery consults for long, compromising clots in limbs in all ages. Years used to go by without one of these. Working in the hospital I've seen 3 in as many months and I only work weekends.
- Many more on Spotify: Health Freedom for Humanity "Podcast. March 25th Episode. “The Real Pandemic Begins: Thank you for the spotify link: you don't need to sign up to listen. <https://open.spotify.com/episode/54tzFaBHITdEEMw97DnII7>

*So I scratch my head again and say to myself,
“ Now that is an awful lot of coincidences.”*

Then I was sent this most fantastic video I have seen in a LONG TIME. Dr. Stephanie Seneff is a PhD senior research scientist at MIT.... Watch this video and you know she is a MASTER of this topic. Please do yourself a huge service and watch it entirely, especially as she explains the herbicide connection to Autism in the end. [MIT SCIENTIST CONNECTS MRNA SHOTS TO BRAIN DISEASE \(bitchute.com\)](#)

She says, “We are seeing in Parkinson’s disease, (the vaccine) makes it a lot worse, it accelerates the rate of cancer, all the neurodegenerative diseases, Parkinson’s, ALS/Lou Gehrig’s, CJD Creutzfeldt–Jakob disease, multiple sclerosis MS, and thrombosis and hemorrhage, pulmonary embolism, heart problems, myocarditis, heart failure, heart attack,

and it attacks the liver and brain and all kinds of infection, shingles and bells palsy. Dormant viruses and dormant diseases are turned back on. From the data I can't believe the community is not seeing the correlation here because it is incredibly obvious.”



Here is an explanation from her recently published study: [Innate immune suppression by SARS-CoV-2 mRNA vaccinations: The role of G-quadruplexes, exosomes, and MicroRNAs - PubMed \(nih.gov\)](#)

“ In this paper, we present evidence that vaccination induces a profound impairment in type I interferon signaling. We also identify potential profound disturbances in regulatory control of protein synthesis and cancer surveillance. These disturbances potentially have a causal link to neurodegenerative disease, myocarditis, immune thrombocytopenia, Bell's palsy, liver disease, impaired adaptive immunity, impaired DNA damage response and tumorigenesis.

“What may be of particular concern is the fact that the GC enrichment content in the vaccine mRNA results in an enhanced ability for potential G quadruplexes (pG4) formations of these structures, [and this could cause onset of neurological disease](#). Remarkably the human prion protein (PrP) genetic sequence contains multiple G4 forming motifs, and their presence may form the missing link in the initial conversion of PrP to the misfolded form. PrP binding to its own mRNA may be the seed that causes the protein to misfold. This observation is particularly concerning in light of the fact that the spike protein has prion-like characteristics.”

**KEEP READING--
MORE STUDIES AND LINKS BELOW**

SO NOW WHAT?

So now... in hopes not to lose you in the midst of a very long newsletter (I've been told my newsletters are too long) I will leave the rest of the supporting links below for those who wish to look at more of the articles associated with the topic.

And I leave you to research on your own... as you leave me with me still scratching my head saying, *"That sure is an awful lot of coincidences."*

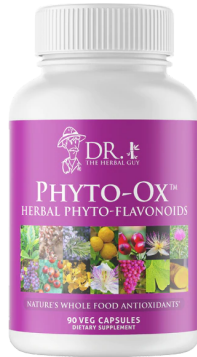
ANTI-CANCER PROTECTIVE NUTRIENTS:

In light of what you have read here, my intention is that it may bring awareness in the event you start to see a change in the health of your family and friends you know to get checked immediately. Because this is a mRNA technology is nothing similar to Nature... I can not offer any solid advice as to how to prepare or protect as I typically am able to offer. However I can offer the best advice I know in how to protect our bodies from cancer and other disease:

1) I recommend everyone to maximize on nutrition with organic and living foods. That includes boosting trace minerals that also help the body's detoxification ability as you find in a wholefood nutrition like my multi-vitamin Nature's Nutrition and Veggie Greens.

2) I also recommend bumping up antioxidants from living foods, salads, veggie juices and antioxidants as found in Regenerate, Phyto-Ox, Liquidate and CleanMe Tea and ProtectMe tea. you can always find them at www.dritheherbaltguy.com **and look below we now have a 25% offer!**





🙄INFLATION got you DEFLATED? 🙄

It has got me down for sure! Costs are HIGH and it is stressing people out!



Don't cut corners and sacrifice your health because of it. I wanted to offer this 6 months ago when I started feeling the pain at the store and the pump... but now it is undeniably bad and I want to offer some assistance from my end. When you order just put the coupon code: **DEFLATE** and take 25% off your **ENTIRE ORDER!!!**

Further studies and links you may find interesting

All across the web, reports how people who got “fully vaccinated” are now either sick with new cancer or are suddenly out of remission if they already had cancer previously. Cancer’s coming back with a vengeance: **Cancers coming back with a vengeance is very common after the COVID vax (substack.com)**

Miscarriage rates doubling from March to May: **IVF clinics started having serious problems right after the vaccines started rolling out (substack.com)**

Wisconsin Sen. Ron Johnson’s Senate panel called “COVID-19: A Second Opinion.” Dr. Ryan Cole, pathologist: “I have oncologists, [tell me] ‘I am seeing an uptick in cancers,’ ‘I’m seeing these odd stable cancers take off like wildfires after the vaccines. Since Jan. 1 [2021], in the laboratory, I’m seeing a 20 times increase of endometrial cancers over what I see on an annual basis.” **Idaho doctor reports a ‘20 times increase’ of cancer in vaccinated patients**

Also from Senator Johnson’s panel: Thomas Renz, attorney
“I can share with you that the number of cancer diagnoses in the military’s DMED system went from a 5-year average (2016-2020) of 38,700 per year to 114,645 in the first 11 months of 2021. This is a predominantly young population.” “We have substantial data showing that we saw, for example, miscarriages increasing by 300 percent over the five-year average, almost,” Renz further explained at the

panel. “We saw an almost 300 percent increase in cancer over the five-year average.”

“We saw – this one’s amazing – neurological,” Renz added in his presentation.

“So, neurological issues which would affect our pilots, over 1,000 percent increase. 1,000.”

***** MEDIA ADVISORY*** [Sen. Johnson To Hold Panel Discussion, COVID-19: A Second... \(senate.gov\)](#)**

Dr. Jane Ruby: “So what’s happening is we’re starting to see a growing number of cancer diagnoses in the injected especially as multiple doses continue,” Ruby said. The initial reports state that people were experiencing swollen lymph nodes throughout their body for more than just a few days.” Ruby said. She added they were getting reports that women were showing these results for their mammograms indicating breast cancer. **Breast Cancer and lymphatic gland involvement**

Cases of ovarian cancer at an all-time high: **Covid-19 Vaccine accumulates in the Ovaries; & now Official UK Data shows cases of Ovarian Cancer are at an all time high**

Missed last Newsletters? Read them here:

News – Dr. I The Herbal Guy.com

How to protect against EMF Related Health Symptoms?

ONE ANSWER: GROUNDING

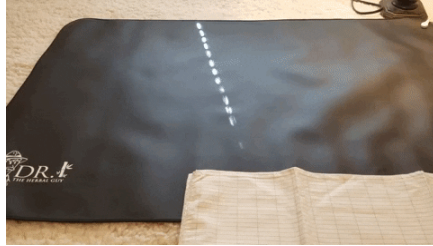




Best Quality Grounding Mats you will find

CLICK ON LINKS TO SEE THEM IN THE WEBSITE:

Grounding Mat EMF electromagnetic field protection – Dr. I The Herbal Guy . com
(dritheherbalguy.com)



THIS VIDEO: Watch how quickly the excess voltage in the body drops when touching the mat. https://youtu.be/Kbmz2HC8_wU



The TRUE POWER of Grounding to the Earth! Watch the Electrical Voltage Dissipate!
<https://youtu.be/Qcb6kLEIM48>



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