



## What in the Heck is Wrong with People?

### Insanity in America

Hope you all had a special Independence Day holiday with your families.

As of today: this is the 25<sup>th</sup> day with temperatures over 100 degrees in South Central Texas and the forecast looks like the next two weeks will continue to add to that record. This year the triple digits started in May instead of August! Compared to last year we had only 9 days over 100 degrees for the whole year. Our water ponds for the cattle are nearly dried up (which I've not seen before) and it looks like we are going to lose some of the precious oak trees that just were not able to survive the drought.

The power grids everywhere are being challenged which means more power outages are possible. Heat is more dangerous than the freeze- at least in the cold you can warm with blankets and fire- the heat, if the electricity goes out- how do you cool yourself? How do you bring water from the well to hydrate? Pretty serious situations.

My massive garden all but collapsed about middle of June. Clearly the leafy greens practically melted, the 12 poles of green beans gave me about 9 beans in total, the corn were stunted without ears, and the tomatoes and zucchini, which typically like hot weather, did not like it this hot and just stopped producing. The only thing that we are enjoying from the garden are the cantaloupe and watermelon which even those took a beating from the excessive heat.

These strange weather patterns or disturbances in the Earth brings me to the topic at hand. The real topic that every human has to be thinking in their head about now is the disturbance within the collective humanity: What in the heck is wrong with people? Why are they losing their minds? It is insanity in America right now!



Image description

*Photo from the Texas drought of 2011- this year we have already surpassed that drought's records in number of days over 100 degrees and we are not even in the peak of summer coming in August.*

These savage and pointless murders are the climactic breaking point of a chain of "tension". It is a general "feeling" that is going through all of society right now. You may even notice it in yourself- a sense of Agitation? Irritation? Unrest? Unfulfillment? Frustration leading to Anger?

We as humans are like satellites sending and receiving frequency all day. We can "pick up" on the angst of those around us, whether we are conscious about it or not. We equally project our sentiments and emotional state onto others. Even though it may not send us to the brink of doing horrible acts, we too will feel the effects of physical and mental unwellness accumulating within us.

Like most of you, when I was growing up these types of heinous acts would be a major news event occurring maybe once a year. Now it is weekly and in the big cities daily, and we are becoming so numb to it that it is being just shrugged off... "oh another shooting"... It is not even being seen as tragic and horrible as it is: What a terrible loss these families must be going through!

So why are people going literally Insane? It's not just one reason but I feel it is a combination of multiple factors that are coming together for a perfect storm in the 21<sup>st</sup> century. And there is no stopping this, in fact IT WILL CONTINUE TO GET WORSE if we continue to IGNORE it and not return to the Laws of Nature governing the physical body.

Here are the 6 reasons I feel we are losing our humanity:



Image description

**#1) Food.** Children begin their life with “fake robot milk” (baby formula from cows milk) instead of human breast milk and then the child is weaned with “fake robot food” (aka processed modern food) loaded in pesticides, herbicides, organic solvents, heavy metals, artificial flavors and colors...etc etc etc. The food is deprived of essential vitamins and minerals and especially those elements that come from the LIVING FOODS of vegetables and fruits, grains, nuts and seeds like antioxidants and activated photons that are VITAL to create healthy cells, healthy organs, healthy brains and HEALTHY and FERTILE HUMANS. The result is a child maturing into adulthood with depressed immunity (childhood infections and cancers) depressed mentality (hyperactivity, anxiety, depression, low intelligence) and susceptibility to chronic illness and lack of fertility.) And this is just the beginning- because this generation of OVER-FED, UNDER NOURISHED, corrupted DNA will pass onto the next generation creating more and more DNA mutations and more and more DISEASE.

If you haven't read my book Nature's Diet and Nature's Detox... IT IS TIME- Amazon \$27, on my site I've dropped to \$10 [Dr. I The Herbal Guy. com BOOKS \(dritheherbalguy.com\)](http://Dr. I The Herbal Guy. com BOOKS (dritheherbalguy.com))



Image description



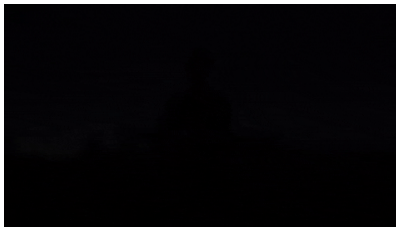
**2) EMF Pollution.** Never in the course of our recorded history have we been exposed to such a MASSIVE AMOUNT of POLLUTION due to electrical and radiowave frequencies emitted from electric wires and cellphones in all of human history.... And there is no end in sight—upgrades and upgrades continue year after year from 1G to 5G to 100G and beyond!

Power lines are everywhere, cell towers are everywhere.... Electrical wires are surging electricity through our walls and floors and ceilings of our homes and apartments and we casually tote little emitters of radio frequency in our pants pockets or our bras or attached to our head as we merrily go along our way as if they meant nothing. There are HUNDREDS of scientific articles indicating the DANGEROUS EFFECTS of EMF and radio wave pollution on the living organisms.

This, in my opinion, is second only to food. I liken it to static electricity build-up- if you compare it to a grand scale of the whole world... increasing the electrical “static” of the Earth... is the cause of aberrant weather patterns and awakening volcanoes and increasing earthquakes as the whole system is trying to neutralize itself from the mass increase in electrical fields affecting the Earth’s magnetic fields. Some scientists have even blamed the increase of EMF pollution at the onset of industry in 1918 to the Spanish flu and similarly the increase in electric and radio waves in 2019 to the Corona V. I recommend a grounding mat for everyone’s bed and for their computer work space to remove the excess static electricity from the body. That is on an individual level- I have no idea how we will manage the build up of these frequencies on a global level. Here is link to a very popular previous newsletter on EMF toxicity. [September 2021 Newsletter, EMF waves all around us – \(dritheherbalguy.com\)](https://dritheherbalguy.com)



Some videos from a very a previous very popular newsletter on EMF toxicity. [September 2021 Newsletter, EMF waves all around us – \(dritheherbalguy.com\)](#) These are sister pumpkins planted in the same soil at the same time.... one I grew below a power line and it suffered greatly. The other was free of electromagnetic frequencies or "EMF" radiation and grew 12 feet long by 8 feet wide. Watch this very interesting three part short video- the final video shows the fluorescent bulb illuminating just by holding it up in the sky.



*VIDEOS: This last one in black is in the dark- please click so you can see the bulb illuminate.*

<https://youtu.be/hCWopeqGjs0>

<https://youtu.be/t3tGpyBSAVg>

<https://youtu.be/3ILWH0goLoY>

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**3) Social Media, Video Games, Cellphones.** This is truly the bane and the downfall of our youth even more than drugs.... The 60's and 70s had plenty of drugs... but no problems like we have today. The problems for our youth are centered in this very very very addictive attraction with Social Media and video games and the device they use to harness that addiction- their cellphone.

When I was growing up- we passed notes to friends..."love letters" to those whom we had a crush..... the excitement of giving it.... The real excitement was waiting for the return note.... And then... finally... after much anticipation.... The return note handed off in a perfect exchange of two palms meeting and releasing.... The contents inside... an intoxicating bouquet of heart-touching words..... Think about that for a minute and how all those endorphins were going off in the body in the anticipation of a note--- NOW.... Children can send those "love notes" all day long via text... and maybe paired with a PHOTO for even a bigger dopamine punch! The result = ADDICTION... and a need to only have bigger and better.

For the last 20 years children have been de-sensitized since they were 6 months when their parents put a video on the Ipad or cellphone to shut them up... and from there... they just

wanted more and more and more.... So then video games were given to children to keep them occupied and then as they matured the games became more real and more violent... killing was the primary goal to win the game—and it had no negative consequences on anyone, because it was just a game. KILLING BECAME TRIVIAL.

Now we have an epidemic of children on our hands who compare their lives and themselves with the impossible comparisons of the rich and famous.... And these impressions make a child FEEL ENTITLED to also live that life with all the same luxuries and conveniences without ever earning or working for it. They now have pornography at the tip of the fingers and thus have demoted sexuality to a mere casual act resulting in exposing themselves in “sexting” as well as commencing in sexual activity by 10 years of age. Social Media has also become a place of putdowns and bullying and a much more aggressive way to fight for dominance and be the cool kid on the playground and further demean those who don’t “fit in.”

This incredible social experiment is becoming a MAJOR ADDICTION and the addiction is growing exponentially.... The next step will be to ditch the cellphone and insert the components of the cellphone RIGHT INTO YOUR OWN BODY so you can call up your favorite social media any moment you wish and see the screen in the air like a scene out of the movie “Minority Report.”



Image description

**4) Drugs.** I’ve been harping on it for years--- the MARIJUANA OF TODAY is NOT the MARIJUANA OF THE 60’s and 70’s. It is still the gateway drug to harder drugs like cocaine

and methamphetamines and ecstasy all of which are now even more deadly than ever as they are likely LACED with FENTANYL. The marijuana of today is concentrated from chemically fertilized and chemically sprayed plants to make a product that is multitude of times more powerful than the natural "bud" that was grown organically and secretly in the back of someone's woodshed 40 years ago. This marijuana of today is DANGEROUS-loaded with THC and numerous toxic chemicals that can lead to a more addictive product and more likely to cause mania, schizophrenia, depression, anxiety, irrational actions.... than ever before! Combine this with VAPING... the new nicotine delivery system (has taken the former place of the now "not-so-cool cigarettes") full of synthetic chemicals and PRESCRIPTION DRUGS like SSRIs (Prozac, Zoloft) and benzodiazepenes like Xanax which are LEGALLY PRESCRIBED to our YOUTH for mental health conditions *by our own doctors* (of course instead of talking to them about diet, exercise and counseling)....Placation and palliation of our children and our adults with pharmaceutical medications is not the way!

Which takes me to a brief story: When I worked medical outreach in Central and South America, I witnessed people who have many more reasons to be depressed from not having enough to eat, broken shelters, tattered clothes... also the deep suffering from losing loved ones to illness and death was commonplace everywhere. Their answer wasn't to unleash on people by attacking them with machetes or haplessly shoot them with their pistols (and most every vacquero cowboy I met there was holstering a gun)... Their answer wasn't to pop some pills of Prozac or Xanax... their answer rested in their Faith in a Higher Power with a Greater Plan and their community to help then get through tough times.

Back to these kids with their marijuana and their vapes and their doctor prescribed medications: then you add in the icing on the cake- no longer is it only alcohol (another terrible wreck)... but because these kids have grown up in the hyper-stimulation world they need to push it all the way- they turn to the big boom of prescription drugs like opiates and cocaine and meth taken for recreation..... And you have a real MESS. Let's not forget the "harmless" drugs of caffeine and sugar which have become a daily essential for most folks.



Image description





**5) Lack of Family, Activities, Work.** I put these together because they have a very similar connection. Not all of us grew up with a mother or father in the household, but likely we still had extended family or mentors such as teachers, coaches or parents of our friends. The fundamental lack of admirable adults in a child's life is a major downfall in society today. Even us adults do not build community any longer- we have become more isolated in our homes and do not reach out to others as we did decades ago. How many of us even know our next door neighbors? Parents now work excessive hours to pay for the excessive bills, they trust their kid is okay because they are "in their room playing on the computer" instead of causing trouble around the block.... Little do they know there are more dangers in that electric box than there are in running around the neighborhood.

With that, our children are not participating in extra-curricular activities like sports, clubs, hobbies, or even just getting outside in nature and being active like in the past and most definitely hardly any young folks are working around the home or for friends/family to earn a little money. Most of us remember babysitting or mowing the lawn for volunteer or for money- it was an essential stepping stone in gaining maturity and responsibility. Speaking of hobbies- I want to recall that my classmates would bring their rifle to school in their trucks so they could go hunting after class with their dad....it was common place... they didn't do anything "insane" with these arms; contrarily they respected them and wouldn't conceive of a malicious act.



Image description

**6) Lack of Belief in a Higher Power.** That which should be first in our life has actually become dead last in many people's life. The percentage of Americans who say they believe in God has dipped to the lowest number in the past nearly 80 years, according to a new Gallup poll conducted in May 2022. It showed just 81% of people answered that they believe in God which is down six percentage points from the 87% from five years ago. This year is the **LOWEST** since the public opinion polling company first asked the question in 1944.

Growing up many of us went to church... and many of us hated it (honestly church wasn't something a teenager wants to do on an early Sunday morning)... However, like it or hate it—it no doubt taught children a fundamental **RESPECT** of our elders and our fellow humans. It taught us values and gave us a framework by which to live our life and to be successful in life. Today, children who do not practice a faith do not learn about the **VALUE OF LIFE** and most definitely do not have the hope or promise in an **AFTERLIFE**.





Your text goes here

**Thank you for Reading...**

**MAY PROTECTION BE WITH US ALL.**

It is not just our children; We as adults fall victim to these 6 principles as well- Where in your life could you improve? Healthier Diet? Clear our space of EMFs? Less time or zero time on Social Media? Less time on the cell phone? Avoiding substances including excess caffeine and sugar? Spending more time with friends and family? Getting to know your neighbors and community? Taking part in activities outside the home? How about finding a church or starting your own practice or ritual where you devote to connect to a Higher Power?

It is up to us, we must return to the old ways and then our children will follow.

Best in Health- Dr. Andrew Iverson, Dr I, The Herbal Guy

P.S. Last month I put this post on Facebook and I received such an overwhelming response with dozens upon dozens asking to be tested- Since so many people gave such positive feedback I'm going to offer it to all my newsletter readers as well:

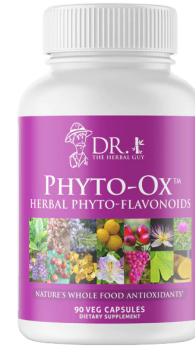
*Have you been challenged with health issues? Are you finally done with covering up the symptoms with medications? Ready to dip your toes into the world of natural healing?..... Healing from the Inside out...Since I closed the clinic and since the world-wide infection, I have had to improvise my method of testing patients since I wasn't able to see them in person. I now have refined them to a point that I want to open it to others. It is the same kinesiology-like testing method I used in the clinic with hundreds of sample vials, however, instead of testing the patient directly, I'm testing through a photo- I call it resonant frequency testing. Just like the frequency of sound or light or magnetism, our photo also carries our unique frequency, just as our name and the date of our birth. I use this frequency to test a program together for you. I want to offer, as a gift to help introduce people to this new form of testing, a free sample to see if it "resonates" with you. Just send an email to [support@drietheherbalguy.com](mailto:support@drietheherbalguy.com) and let us know you want me to do a sample testing. You can choose to have me test you on our kits of Bach flowers, essential oils, or gem stones... and from there the indicated remedies can reflect on the needs of the body. There is nothing to risk... and possibly a whole world of health to gain. Welcome to the healing "medicine" of the future: frequency!*

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For those who made it this far- Here are some more articles and topics worth checking out:

The Netherlands are the 2nd exporter of food crops next to the USA and by means of the "2030 Agenda" their government is planning to SLAUGHTER 30% of their stock against their will and even confiscate farms which they have passed down for centuries... Is this for real? What will this mean for the entire food supply? What will this mean for the future of liberty and democracy in Europe? for USA? [Dutch farmers protest climate regulations on livestock amid looming global food crisis | Just The News](#)

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The medical board is trying to pull Dr. McCullough's license after he took an opposition to the medical covid stance

[MEDICAL BOARD GOES AFTER DR. MCCULLOUGH, SEN. JOHNSON CALLS FOR PUBLIC HEARING - The HighWire](#)

He also cited these numbers in an interview he gave on texas radio last month  
Dr. Mucculugh

[43,000 Deaths 4 MILLION Injuries Following COVID-19 Vaccines in European Database of Adverse Reactions - Vaccine Impact](#)

THEY ACCEPT NO RESPONSIBILITY:

[Pfizer Classified Almost All Severe Adverse Events During COVID Vaccine Trials 'Not Related to Shots' • Children's Health Defense \(childrenshealthdefense.org\)](#)

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A couple dozen times over my clinical career parents would bring in their child suffering from an illness and they would lament, "My child eats the best food on the planet, we are purists...strict vegans, I don't understand why they are sick. "

I would do my own testing as well as review their labs and it clearly indicated the child was in a state of malnutrition and needed more fats and animal proteins and minerals to heal their condition.

DIETS... especially "HEALTH DIETS"... have become pure dogma. The "communities" who follow them do so with such a religious zeal and fervor, they have no place for open conversation....(kind of like politics) (by the way-- this goes both ways-- both the extreme vegans and the extreme fat/protein raw milk enthusiasts- they both are incredibly unwilling to look at the benefits of either side)...

So when I came across this article it just broke my heart... literally I felt heartbroken knowing what a tragedy to lose your baby from something so fundamental. Breast milk was the most important food this toddler was consuming, however, since the mother wasn't eating animal products, the vital nutrients would not pass through her breast milk in the quantity necessary.

If you raise your child on whole foods (and do not ruin their taste buds before 1 year old by

If you raise your child on whole foods (and do not ruin their taste buds before 2 year old by giving them processed junk foods), they will naturally crave and eat the foods they are ready for as they grow and their digestive needs expand. Raw fruits are fine as a portion of the diet, but aside from grated raw carrot, most raw veggies are for adults.

So here is the article

[Vegan Florida mother convicted of starving child to death](#)

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**News – Dr. I The Herbal Guy.com**



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