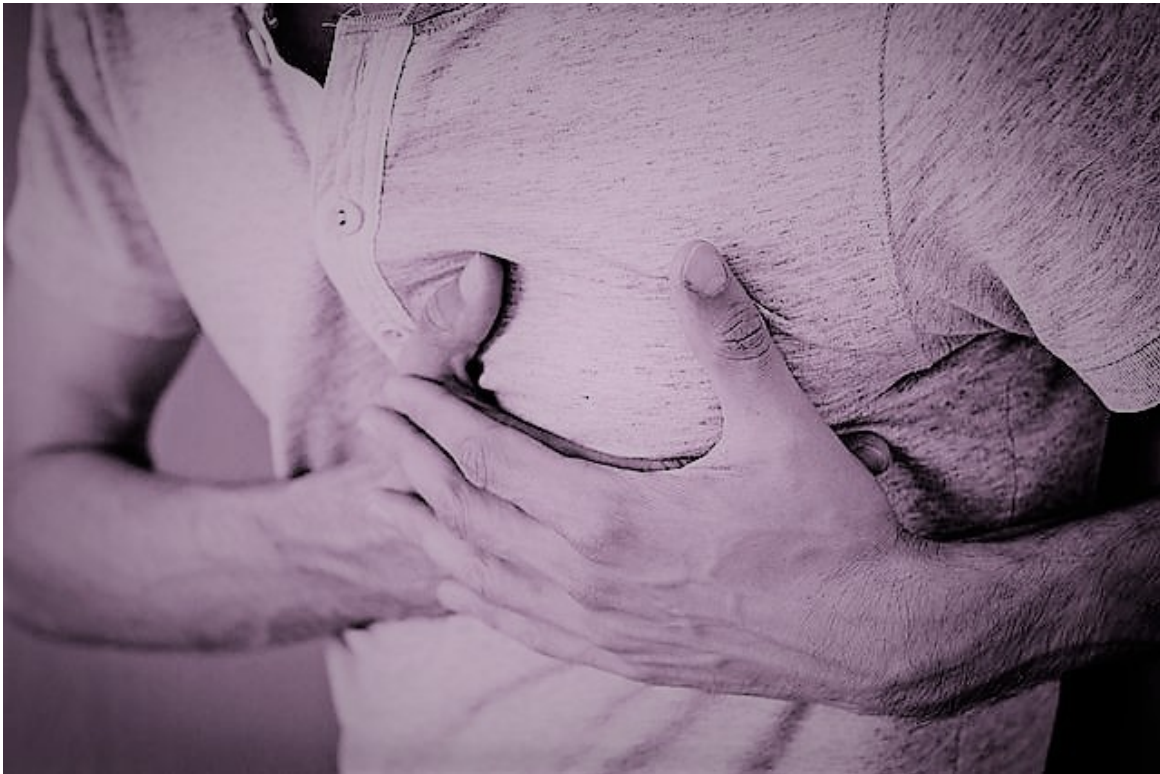




They Keep Changing Their Story and They Expect You to Keep Believing Them!

The heat is still raging across the country, with no end in sight. I urge you to drink copious amounts of water and consuming plenty of electrolytes in the form of homemade veggie juices and coconut water antioxidants. There is a reason I am urging this—and it is NOT JUST BECAUSE OF THE HEAT and dehydration prevention.... No!... It is the most important professional opinion I can offer as a hopeful prevention of the TSUNAMI of “unexplained deaths” that are sweeping our country.

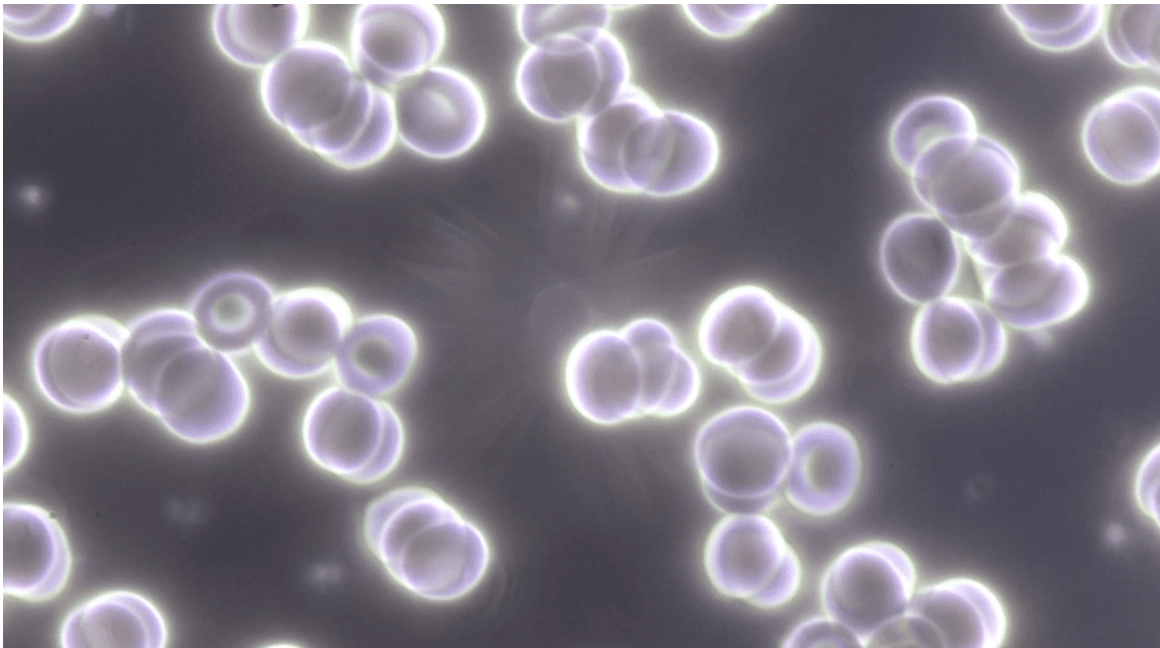


People are "dying unexpectedly" all across this country like never before.

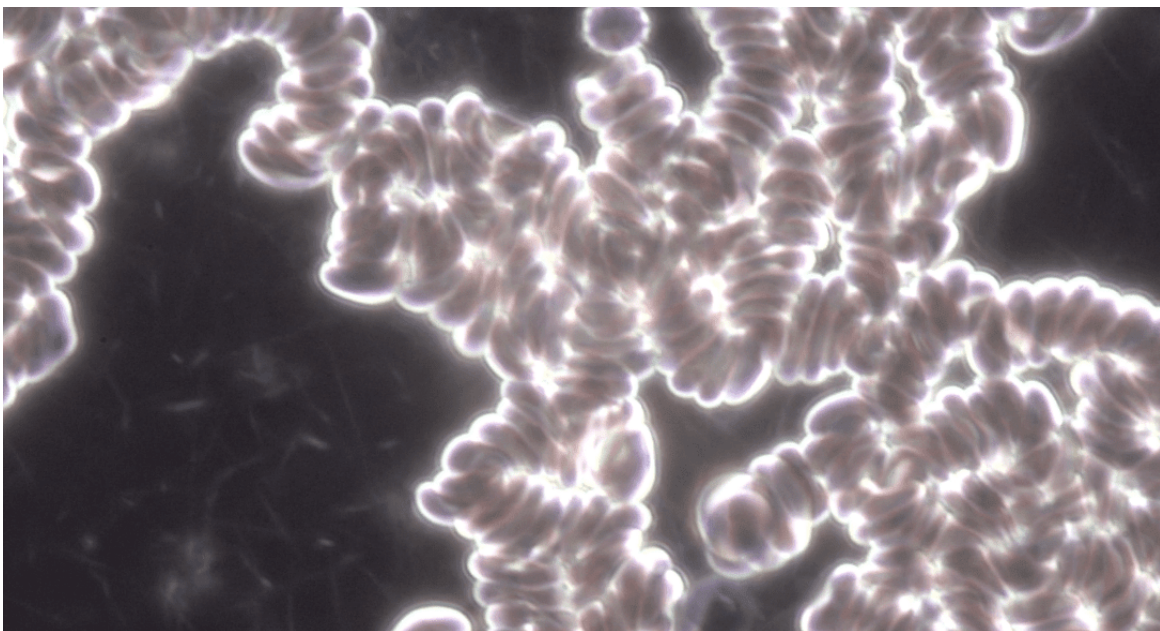
One of the Principle Scientific Laws I studied 30 years ago in my university physiology class was about the balance of ions (electrolytes with positive and negative charges) and the impact these certain cations (+) and anions (-) would have upon a fluid system (our blood stream). In order to keep the blood flowing properly and maintain its “slipperiness”, there has to be a proper balance of liquid solvent (water) and healthy solute charges (ions) to prevent the blood from “sticking together.” This buoyant quality which maintains the “flow” is the result of electrostatic repulsion termed scientifically as **Zeta potential**. It is the principle action that keeps a liquid mix of “stuff,” like our blood, to maintain a colloidal

suspension and prevents the blood from clumping or "micro-clotting". Micro clotting is termed "rouleaux" when the red blood cells lose this healthy charge and instead clump together preventing delivery of nutrients and oxygen.... OR WORSE- put one at risk for heart attacks, strokes and embolisms.

Many factors can reduce the zeta potential of our blood and cause this blood clumping and put us at risk of microclotting. Simply not drinking enough pure water can reduce the blood's ability to flow. So can consuming unhealthy foods like hydrogenated fats, white sugar and artificial processed man-made fake foods . Toxins from household cleaning chemicals, heavy metals from building materials, plastics in which we store our food, makeup and hygiene products we apply to our bodies, byproducts from alcohol and smoke combustion and even our prescription MEDICATIONS can all create a state of "rouleaux" clumping in our blood cells. But, to address the topic at hand: MOST IMPORTANTLY--- EVEN THE VERY VACCINE we have ENTRUSTED INTO OUR BODIES contains chemical adjuvants which cause a state of rouleaux microclotting in our blood stream.



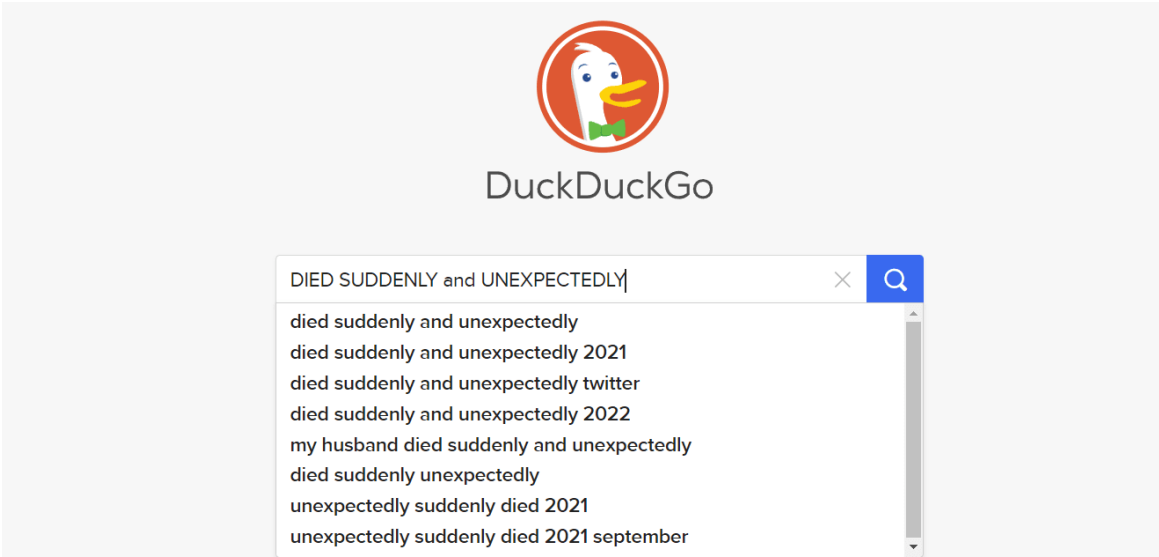
Healthy blood with good zeta potential creating slippery, easy flowing blood cells.



Unhealthy blood with poor zeta potential resulting in "rouleaux" or microclumping

As we are all well aware of SIDS, sudden infant death syndrome, it is now more important to be conscientious of how many people are dying of SADS- sudden ADULT death

syndrome. If you really research and get your news from several sources like myself, you will see the profound numbers of young people and healthy people listed in the news as “*died suddenly*.” From world-class athletes, to famous actors, to teenage children of politicians, and spouses of dignitaries. It’s a weekly event happening all around us. As I mentioned in former newsletter- the probabilities in which this is “just happening” is beating all the odds of statistical possibility- it is just too common to be by chance! (For curiosity, simply make an internet search with the words “died suddenly” and see what you find.)



And there are a handful of brave scientists who are coming out and putting their credentials and livelihood on the line to share their findings. Researchers wrote in the [Food and Chemical Toxicology journal](#), *"In this paper, we present evidence that vaccination induces a profound impairment in type I interferon signaling, which has diverse adverse consequences to human health. Immune cells that have taken up the vaccine nanoparticles release into circulation large numbers of exosomes containing spike protein along with critical microRNAs that induce a signaling response in recipient cells at distant sites. We also identify potential profound disturbances in regulatory control of protein synthesis and cancer surveillance. These disturbances potentially have a causal link to neurodegenerative disease, myocarditis, immune thrombocytopenia, Bell's palsy, liver disease, impaired adaptive immunity, impaired DNA damage response and tumorigenesis. We show evidence from the VAERS database supporting our hypothesis. We believe a comprehensive risk/benefit assessment of the mRNA vaccines questions them as positive contributors to public health. Innate immune suppression by SARS-CoV-2 mRNA vaccinations: The role of G-quadruplexes, exosomes, and MicroRNAs - PubMed (nih.gov)*

And Dr. Kenji Yamamoto wrote in the June 2022 edition of the [Journal of Virology](#) THAT THE VACCINE MAY ACTUALLY BE HARMFUL TO THE IMMUNE SYSTEM, "The Lancet published a study on the effectiveness of COVID-19 vaccines and the waning of immunity with time. The study showed that immune function among vaccinated individuals 8 months after the administration of *two doses of COVID-19 vaccine was lower than that among the unvaccinated individuals*. According to European Medicines Agency recommendations, frequent COVID-19 booster shots could adversely affect the immune response and may not be feasible. Adverse effects of COVID-19 vaccines and measures to prevent them - PubMed (nih.gov)



I just want to TAKE A TRIP DOWN MEMORY LANE: DO YOU ALL REMEMBER in March 2021 the CDC chief director Rochelle Walensky said that “*Vaccinated people do not carry the virus, don’t get sick and it’s not just in the clinical trials but also in the real world data.*”

And don’t forget the Great, Dr. Anthony Fauci, when he said in May of 2021: “*Fully vaccinated people can go without masks even if they have an asymptomatic case of COVID-19 because the level of virus is much lower in their nasopharynx, the top part of their throat that lies behind the nose, than it is in someone who is unvaccinated. “So even though there are breakthrough infections with vaccinated people, almost always the people are asymptomatic and the level of virus is so low it makes it extremely unlikely — not impossible but very, very low likelihood — that they’re going to transmit it,”* Fauci added that vaccinated people essentially become “*dead ends*” for the virus to spread within their communities.

.... And these are the people we ENTRUST OUR LIVES? OUR BODIES? Based on their “clinical trials and REAL WORLD DATA? Where do they find such data? How can they KEEP CHANGING THEIR STORY AND EXPECT US TO BELIEVE IT?

Now as infections rage across the country... they just keep pushing the only thing they know to push—MORE BOOSTERS! But, you being as researched and thoughtful as you are you ask--- “But wasn’t original vaccine made to combat the “pre-mutated” form of the Corona Virus- The Delta versions? How can this protect me from the Omicron variants?” And how astute you would be in asking!

So when asked, Dr. Stuart Cohen, infectious disease professor and chief of UC Davis Health’s division of infectious diseases reponds, “*Preventing infection from BA.5 with vaccines is probably limited, if it provides any protection at all, BA.5 is a “whole different animal. It’s the most easily transmissible variant and can evade previous immunity from both infections and vaccinations. As the virus continues to mutate, it becomes different from what the vaccine was designed against,”* he said.

And THEN... after he makes these clear statements about the ineffectiveness of the vaccine- He URGES you to get it anyway!

“But while current COVID-19 vaccines might not prevent infection, Cohen said it can minimize the amount of damage that the virus causes. He added that those who are experiencing severe infection are unvaccinated people.” [Does the COVID-19 vaccine protect against BA.5 variant? A doctor answers \(lowellsun.com\)](#)

And THIS is WHY we have LOST ALL TRUST! THEY SAY ONE THING AND THEN SAY THE OPPOSITE! This isn’t TRUTH by the way... no-one knows for sure if those who are vaccinated and boosted are really “faring better” than those who have natural immunity because literally everyone has had it by now and you cannot scientifically make an appropriate CONTROL GROUP. However, if you listen to what the emergency room doctors are saying across America- it is that there is NO emergency because the symptoms of these variants are not as deadly and people are NOT being admitted due to covid alone. So the booster is really likely doing.... NOTHING.

The truth is.... All these “experts” even though they KNOW THE TRUTH... are SCARED TO DEATH to really just tell the truth in fear of losing their licenses and their livelihood!



You might have seen the jaw-dropping interview with Dr. McCullough revealing that the scientists in Sweden have found in some early studies that the messenger RNA vaccines may actually be doing the unthinkable: invading our human DNA and integrating the spike protein into our own HUMAN Genome! This is a catastrophe on many levels- as we do not know if this could cause blood clumping and clotting for generations of humanity. Given his credentials, Dr. McCullough is one doctor who has intently fought against the machine of the CDC, WHO, AMA through this whole COVID debacle to ensure the public knows the research that the MEDIA does not want us to hear. In my opinion, he is someone we should list to intently. (Peter McCullough, MD is board certified and practicing internist and cardiologist and is the most published author in his field IN HISTORY with over 1000 publications and over 600 citations in the National Library of Medicine.); HERE IS THE VIDEO LINK:

[Swedish Study Shows COVID RNA Can Be Reverse-Transcribed into the Genome of Humans \(rumble.com\)](#)

This will one day go down in history as one of the biggest tragedies and unnecessary loss of life to ever face our world. How many lives could have been saved if governments and health care systems educated people on immune system building instead of a “wonder vaccine” that NEVER DELIVERED WHAT THEY PROMISED but filled the pockets of Big Pharma and Big Politics and destroyed the DNA of humanity? All our governments had to do was to encourage healthy eating and drinking and recommending Vitamins A, C, D, Zinc and Antioxidants from Quercetin and other plants to name a few. They didn't even have to go down the questionable use of Hydroxychloroquine or Ivermectin.... Not even necessary because these natural therapeutics could have prevented serious disease before anything else was needed. These are so cheap and without any side effects and could have benefited a nation on so many levels besides supporting against this infection.



SO—BACK TO RESTORING THE FLOW of YOUR BLOOD and preventing clotting. Restoring this zeta potential flow of the cells is a natural and simple process of life- IF WE JUST FOLLOW MOTHER NATURE'S LAWS. Drinking copious filtered water and eating the foods high in NATURAL ELECTROLYTES, LIVING ENZYMES and ANTIOXIDANTS we will naturally, by chemical and scientific principles, maintain the dispersion properties necessary to maintain colloidal balance and proper blood flow.

One of the very best and natural methods is to consume fresh-made vegetable juice brimming with all these NEGATIVE ELECTRONS (ANTIOXIDANTS) that cause the blood to disperse. I have been recommending to people who took the vaccines to increase their water, raw veggies and to take natural plant enzymes, serrapeptidase, and nattokinase enzymes along with PHYTO-OX antioxidants on an empty stomach to CLEAN the blood stream and prevent the “clumping” of the blood caused by any toxicities of the injection. These antioxidants= Donate Electrons while Oxidants steal electrons= **Electrons are the name of the game when it comes to wellness and healthfulness and chemical protection.** Along with Phyto-ox antioxidants I recommend rotating are *Liver #3 Rejuvenate* and *Urinary #3 Liquidate* full of antioxidants with an affinity for the liver and kidneys.

And NOW... I'm proud to introduce-- the newest member of the Dr I Herbal Guy Family- BERRY-OX! I've been wanting to make this formula a reality for over 10 years and FINALLY the WILD BERRIES made their way from the MOUNTAIN TOPS into these bottles! These berries have the highest ORAC ratings of ALL FOODS ON THE PLANET! That means they are the STRONGEST ANTIOXIDANTS you can find anywhere- and I packed 700 mg into each capsule- most capsules only put 300-500 mg.... So whether you take them FOR YOUTHFULLNESS and WRINKLE-PREVENTION or for JOINT PAIN or for HEART HEALTH or MEMORY HEALTH or for INFECTIONS or for ENERGY...or TO NEUTRALIZE ALL THE BAD THINGS (alcohol, smoke, bad food,).. you have the perfect complement to rotate with Phyto-ox! The price is INCREDIBLE at only \$28.99 - most antioxidants of this quantity are DOUBLE this price.

<https://drtheherbalguy.com/products/berry-ox%E2%84%A2>





Speaking of all this infection talk. Last week I got "bit" by a "flu bug" (or maybe it was "the other thing" going around?)... whatever it was it was awful body pain and fever relentless- I lathered up my new magic remedy "Immuno-Breeze" and it reduced my symptoms by 50% the next morning and completely gone the second day.. It is a whole level above Mentholatum or Tiger balm- it burns real deep (the pain is bearable and it does go away within a few minutes) and infuses the body with actual healing principles. Its apart of our NEW ESSENTIAL OIL LINE-- Released this week - check them all out and read about their special healing purpose.

<https://drietheherbalguy.com/.../products/immuno-breeze>



PLUS the BIGGEST SALE I'VE HAD IN MONTHS! How much poo poo are you carrying in your gut? Excess waste in the gut results in bad breath, skin conditions, joint pain and chronic illness. Summer is here- time to get healthy and slim down and start working on that 6 pack! Get the POOP OUT! What A DEAL! Buy One Get One Intestinal Cleanse! Just add quantity 2 and use the discount code BOGO123 at checkout

[THREE PART INTESTINAL CLEANSE – Dr. | The Herbal Guy . com \(dritheherbalguy.com\)](http://dritheherbalguy.com)



I am starting to imagine what my great grandparents felt like in 1929 at start of The Depression and the uncertainty that surrounded them. With the prices steadily rising because of incompetent world governments... It is time to think of STAPLES that nourish the body and take the strain off the wallet. Rice and Beans very clearly one of the biggest food sources around the world. Since MEAT PRICES are GOING THROUGH THE ROOF... I recommend reducing the intake of meat and instead CONSUMING BONE BROTHS. Here is the recipe for Broth and Rice...

Bone Broths are super easy- invest in a pressure cooker (instapot or similar) and follow the simple recipe below and start getting more from your "table scraps" (the bones you would typically throw away.)

Making perfect RICE... is actually much more difficult to master than one would think if you haven't done it. Too hard, too mooshy...it can take many forms depending on the amount of water and the time spent on the heat. Practice this recipe multiple times and you'll eventually get it.

Chicken/Turkey Bone Broth

Pg 215 Nature's Diet Cookbook

1-2 pounds poultry bones (skin/feet/etc)

1 gallon filtered water

Place the bones and water in a slow cooker/crock pot and let cook on high for 12 hours or in a pressure cooker on for high 2-4 hours until the bones are soft enough that they can be broken down with a potato masher.

After smashing down the bones with a masher, allow to cool, strain off the water from the

After smashing down the bones with a masher, allow to cool, strain off the water from the bones and pour into quart or gallon jars. Let the fat rise to the top and skim and discard (optional) with a spoon. Use this broth as the basis for soup recipes, sautéing vegetables, and cooking beans and grains.

Standard Brown Rice

Pg 163 Nature's Diet Cookbook

2 cups rice (brown, red, black, wild)

4 cups water or bone broth

(replace 1 cup with coconut milk for coconut rice)

sea salt to taste (optional)

extra virgin olive oil (splash) (optional)

Bring water to a boil first and then stir in the rice (and salt and oil) while stirring and bringing back to a boil. Cover, turn heat to low, and simmer for 45-60 minutes until tender.

Toss about every 20 minutes to avoid sticking to bottom of pot. Makes about 5 cups cooked rice

<https://dritheherbalguy.com/.../pro.../natures-diet-cookbook>





Thank you for Reading...

MAY PROTECTION BE WITH US ALL.

I only ask that we not simply accept what we are being told and that we DO OUR OWN RESEARCH to come to a valid and reasonable conclusion.

PLEASE... your life, your family's life is TOO VALUABLE to let these institutions decide what is best for us WHEN THEY DO NOT KNOW THEMSELVES! Only the future will tell, but I do not want to risk this EXPERIMENT on my family.

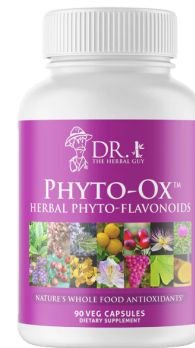
Best in Health- Dr. Andrew Iverson, Dr I, The Herbal Guy



Missed Last Newsletter? Read

"Insanity in America" here:

News – [Dr. I The Herbal Guy.com](http://Dr.ITheHerbalGuy.com)



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