

POPSUGAR.

13 Healing Crystals That Will Manifest Positive Energy Every Day

January 23, 2018 by [INDIA YAFFE](#)

You heard it here first: [crystals are no longer an alternative fad](#). These little stones can harness energy in powerful ways, and they're an easy way to impact change. Perfect for someone who's interested in total wellness, crystals can be incorporated in daily life in so many ways, from carrying around pocket stones to integrating them into your beauty routine. Ahead are some of our favorite ways to interact with crystals – just scroll to start shopping.



Shiffa Jade Roller

One of the buzziest new tools in the beauty world, the [Shiffa Jade Roller](#) (\$63) depuffs and boosts blood circulation. Say goodbye to dark circles!



NORDSTROM SKIN CARE

Shiffa Jade Roller

\$63 *from* NORDSTROM

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