

# Health

## 17 Galentine's Day Gifts Your Besties Will Actually Want



No matter your relationship status, Galentine's Day—which is unofficially celebrated on February 13, the day *before* Valentine's Day—is a great excuse to show your besties how much they mean to you. In the words of Leslie Knope: "What's Galentine's Day? Oh, it's only the best day of the year. It's about celebrating lady friends. It's wonderful and it should be a national holiday." (We agree.) Here, thoughtful and creative gifts to give your top gals this year.

### 10 SHIFFA Jade Roller

A total "treat yourself" item, jade rollers are all the rage these days. Tell your BFF to pop hers in the refrigerator before using for extra de-puffing magic.

*available at [nordstrom.com](http://nordstrom.com) \$63*

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