

TOP SQUAT

Start by letting the arms hang down, find a comfortable grip and back position, and lift the handles up as you perform a squat. The Top Squat allows you to perform traditional squats with safer shoulder positioning.

SPECIFICATIONS

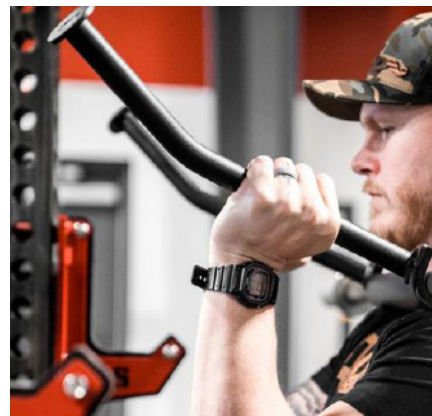
HANDLE LENGTH	16.5"
WIDTH	36.5"
WEIGHT	14 LBS
INCLUDES	Top Squat (1)



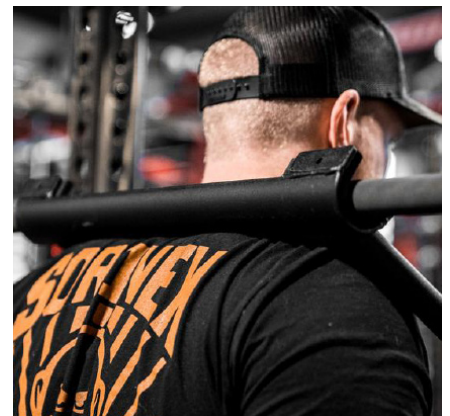
FEATURES



RUBBER INSERTS FOR BAR PROTECTION



1" CURVED HANDLES WITH END GRIPS



ALLOWS FOR SAFER SHOULDER POSITIONING