

# THE BACK ATTACK™

The new Sorinex Back Attack is an evolution of the original design created almost 2 decades ago. The original design was the secret training tool for some of the strongest gyms in the world. In 2000, Richard and Bert Sorin alongside Olympic Medalist Lance Deal, innovated a way to safely strengthen glutes and hamstrings without risk of injury to their arms and shoulders. Similar in movement pattern to a Good Morning, the Back Attack increasingly loads the posterior chain as the movement is performed. Plate loaded with band attachment options for maximum versatility.

## SPECIFICATIONS

DEPTH	51"
WIDTH	82"
HEIGHT	82"
WEIGHT STACK	PLATE LOADED



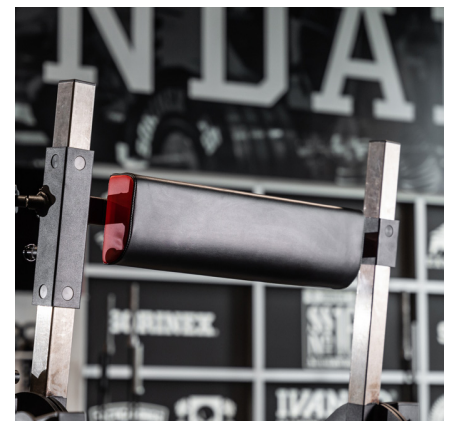
## FEATURES



ADJUSTABLE LOAD PARAMETERS



SAFETY HANDLES



ADJUSTABLE BACK, THIGH, AND HEEL PADS