## SAWTOOTH ISOMETRIC ATTACHMENT

The Sorinex Sawtooth Isometric Attachment is a modular training and testing attachment. It is designed to be used in conjunction with your existing barbells for a simplified isometric solution. Originally designed in the mid-2000s, the Sawtooth Isometric Attachment securely attaches to your Full or Half Safety Bars. The Sawtooth design allows for 1/4" increment adjustments while the Spotter Bars adjust in 2" increments.

## **SPECIFICATIONS**

LENGTH	16"
HEIGHT	6.13"
THICKNESS	.38"
INCLUDES	Sawtooth (Pair) 1" Bolts (4)
STEEL	3/8"



## **FEATURES**



MODULAR TRAINING / TESTING RACK ATTACHMENT



1/4" MICRO ADJUSTMENTS



ISOMETRIC BENCH, SQUAT, PRESS OR PULL

