

SAFETY SQUAT BAR

The Safety Squat bar helps minimize shear force on the lower back and helps strengthen the upper back by using a more vertical spine position pulling you slightly forward. The optimized padding reduces the stress on your shoulders.

FEATURES

- New Design
- Optimized Padding
- Welded Frame
- Made in USA

INCLUDES

- Safety Squat Bar (1)
- *Spring collars will not work with this bar.

LENGTH	WIDTH	HEIGHT	WEIGHT	SLEEVE DIAMETER	MATERIAL
99"	7"	2"	50 lbs	2"	11 Gauge American Steel

