

# SAFETY SQUAT BAR

The Safety Squat bar helps minimize shear force on the lower back and helps strengthen the upper back by using a more vertical spine position pulling you slightly forward. The optimized padding reduces the stress on your shoulders.

## SPECIFICATIONS

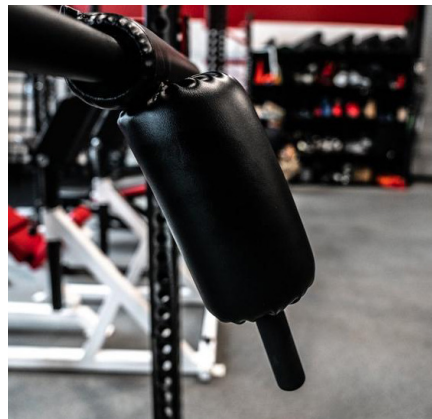
LENGTH	87.5"
DEPTH	7"
HEIGHT	17"
WEIGHT	50 LBS
SLEEVE	110 LBS



## FEATURES



NEW DESIGN



OPTIMIZED PADDING



WELDED FRAME