SINGLE LEG SQUAT STAND

The Sorinex Single Leg Squat Stand is the industry standard. The easily adjustable squat stand comes with 9 different height options. Give your athletes the ability to move efficiently and develop unilateral leg strength 6 support with a lower risk. Load your movement with dumbbells, kettlebells, Center Mass Bells®, or barbells. Maximize your versatility with the 36" model by executing non-traditional movements like hip thrusts with your back on the rolling pad.

SPECIFICATIONS

DEPTH	24"
WIDTH	24"
HEIGHT	24"
INCLUDES	Single Leg Squat Stand (1)



FEATURES



NAUGAHYDE LEATHER ROLLER



ADJUSTABLE HEIGHT



NON-SLIP FEET