

S.I.T.T.™ TACTICAL SLED

The S.I.T.T.™ (Stress Induction Tactical Trainer™) a.k.a Tactical Tortoise™ is a unique Patent Pending training system designed by Sorinex Exercise Equipment®. Using a combination of explosive strength training and resistance training the S.I.T.T.™ system is designed to improve the core strength of tactical operators. The S.I.T.T.™ system is a range training tool, that can be used with the operator's actual weapons (handguns, rifles, edge weapons, hands only.), or training weapons. When utilized in various drills and firing positions the S.I.T.T.™ system reduces target acquisition time, improves weapon retention, creates muscle memory, and builds endurance. This allows the operator to acquire the target faster and STAY on target for extended periods of time. The sled is a 70-pound pull, but weight can be added by using standard Olympic weights or sandbags (not included) for use in various drills to build lower body and leg strength.

SPECIFICATIONS

LENGTH	47.5"
WIDTH	29"
WEIGHT	70.5 LB



FEATURES



PATENT PENDING DESIGN



SHORT & LONG RESISTANCE BANDS



RESISTANCE POLES