

# PIT SHARK

The Pit Shark is an incredible strength and mass builder used to train old school movements safely and efficiently. It's commercial grade and is ideal for individuals to large groups interested in building strength and power with these foundation exercises. Everything old is new again when it comes to this advanced design. Fully adjustable handles allow exercises to be done off the floor, on the foot pads, or on an optional close stance platform.

Use with body weight or hook up to the Pit Shark for as heavy as you like weight-loaded movements with the fast, easy SpeedHook Belt (included). It removes the time-wasting setup required and improves the safety of doing body weight and weight-loaded squats, dips, and calves.

## SPECIFICATIONS

<b>SHORT FRAME</b>	60" (h) x 62" (w) x 66" (d)
<b>TALL FRAME</b>	94" (h) x 62" (w) x 66" (d)



### Short Frame Standard Package includes:

Belt with SpeedHook.  
Power deck.  
Weight storage.  
60 (h) X 62 (w) X 66" (d)

### Short Frame Premium Package also includes:

Band pegs.  
Squat handles.  
Logo plate.  
60 (h) X 62 (w) X 66" (d)

### Tall Frame Standard Package includes:

Belt with SpeedHook.  
Power deck.  
Weight storage.  
1 standard dip bar.  
1 standard pull-up handle.  
94 (h) X 62 (w) X 66" (d)

### Tall Frame Premium Package also includes:

Band pegs.  
Squat handles.  
Storage rack.  
Stainless logo plate.  
94 (h) X 62 (w) X 66" (d)