

MIGHTY MITTS™ HAND GRENADE

The Sorinex Mighty Mitts™ Hand Grenade is a multi-faceted grip training tool that also works the forearms, biceps, triceps, shoulders and back. Available in both 3" and 4" sizes. Each Hand Grenade includes Carabiner and strap.

SPECIFICATIONS

DIAMETER	3" OR 4"
INCLUDES	Mighty Mitts™ Hand Grenade (1), Carabiner (1), Strap (1)

