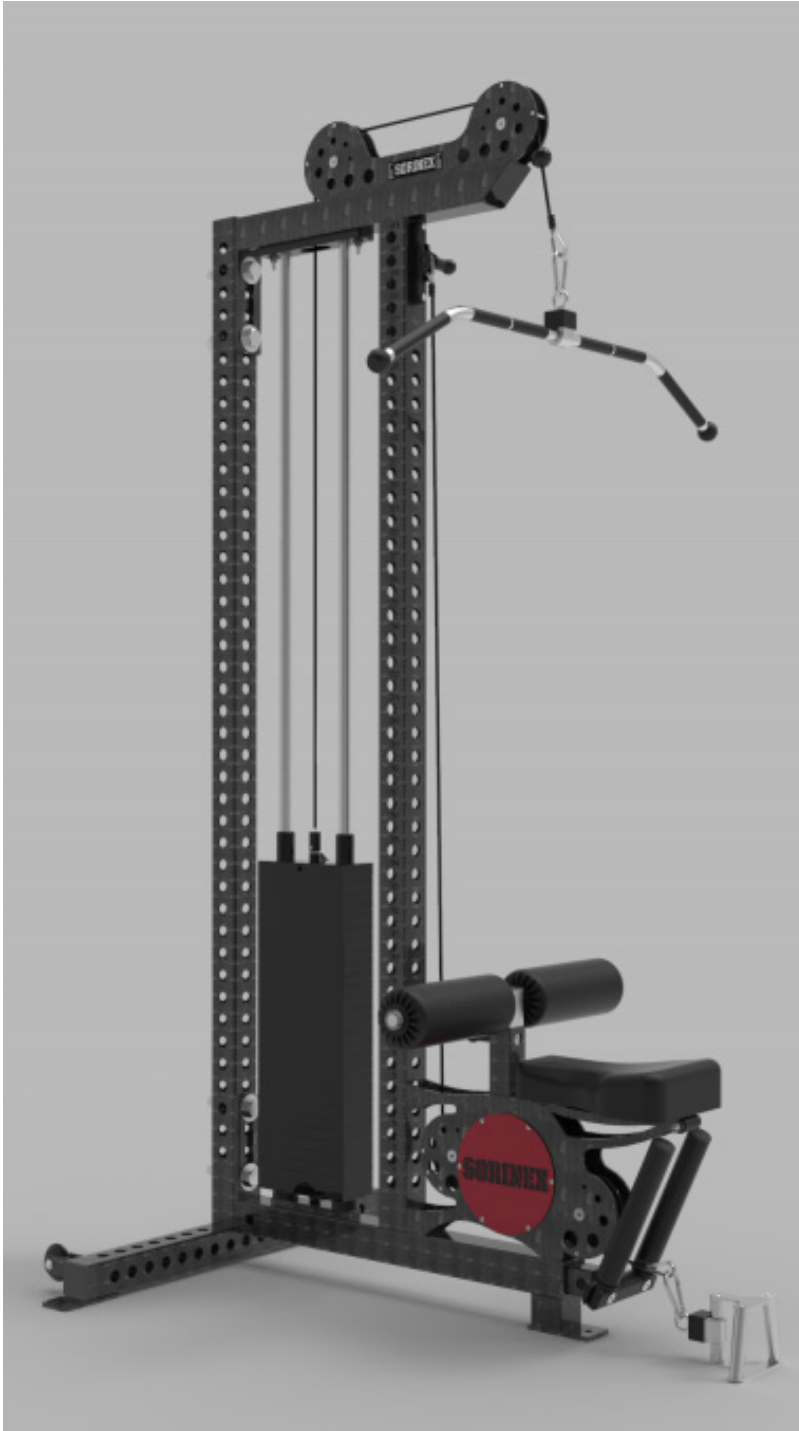


# LAT PULL / LOW ROW MACHINE

## DESCRIPTION

A heavy duty oversized (9'6" long 2' wide) seated lat pull / low row apparatus with unbreakable 300 lb selectorized weight stack to accommodate athletes up to 7' tall.



## ITEM SHALL INCLUDE

1. Entire frame construction of 11 gauge 2 1/2" square steel tubing with butt type miter corners and 70,000 psi full pass mig welds (ground smooth) all open ends capped with welded-on steel all uprights supported and gusseted for maximum integrity all attachment bolts are to be 1/2" diameter grade #5 (minimum) with anti-vibration lock systems (lock washers and nylock nuts).
2. 3/8" thick integral mounting plates with predrilled 1/2" diameter holes for safe anchoring to floor.
3. Chrome plated solid steel multi-exercise bar attachment with revolving swivel; diamond pattern knurling on shaft as well as both handles; mountaineering type spring-loaded 8mm snap link safety clip.
4. 6" diameter pulleys are to be made of chrome plated solid machined steel with sealed radial bearings on 1/2" precision hardened and polished steel shaft pulley housing must have cable guard system to prevent derailing while machine is use or attachment is being changed.
5. 3/16" nylon coated aircraft cable (7 x 19 construction); rust resistant with military specifications low profile machine crimped fasteners with solid nicropress sleeves.
6. 300 lb weight shack. 1:2 felt weight.
7. 1" diameter solid cold rolled steel guide rods with rubber base supports and tip out maintenance service feature.