## LANDMINE™ DROP IN

The Landmine Drop In is one of the most versatile pieces of equipment in the gym. Universal joint swivel point fits Olympic sized bars. Turn any bar into a ground based torso trainer, row unit or use for sport specific applications.

## **SPECIFICATIONS**

LENGTH	17.125"
WEIGHT	17 LBS
DIAMETER	2.5"
FITS	OLYMPIC BARS
INCLUDES	LANDMINE DROP IN (1)

