

# LANDMINE™ COMBAT HANDLE

The Sorinex Landmine™ Combat Handle was designed by Al Miller, legendary NFL Strength Coach, and slides over the end of the Olympic bar, to be used with Landmine unit. Ideal for rows, core training, and back strength.

## SPECIFICATIONS

LENGTH	20.5"
WIDTH	15"
WEIGHT	11 LBS
FITS	Olympic Bars
INCLUDES	Landmine Combat Handle (1)

