

# GYM AWARE

Get the metrics you need to increase performance (height, distance, dip, concentric time, rep rate, mean force, mean power, mean velocity, mean watt/ kg, peak force, peak power, peak velocity, peak watt). Requires no external software. Easy set-up, when the power-tool connects, the application loads up and you are ready to go. The automatic rep detection works on standard lifts, jumps, Olympic lifts and power cleans thanks to the advanced rep detection and angle of lift measurements. You can also set a threshold for any parameter for visual and audio feedback to motivate athletes while training.

## SPECIFICATIONS

LENGTH	9"
WIDTH	6"
WEIGHT	11 LBS
WIFI	Yes
BLUETOOTH	Yes

