

GLUTE HAM ROLLER

Sometimes the simplest solutions are the best. The Sorinex Original Glute Ham Roller is the definition of a simply designed, innovative training solution. Designed specifically to be the best hamstring curl unit possible, we quickly found that it was great for a variety of ab, shoulder, leg and chest exercises as well. The Glute Ham Roller allows you to add or subtract resistance easily and is perfect for large groups, tight budgets, or mobile training needs.

SPECIFICATIONS

LENGTH	15.75"
WIDTH	25.25"
WEIGHT	20 LB



FEATURES



V-SHAPE ANCHOR POINT FOR HEELS/TOES



BLACK URETHANE WHEELS WITH ABEC BEARINGS



10-PACK WITH ROLLING STORAGE AVAILABLE