



FREEZE SLEEVE™

REVOLUTIONARY COLD THERAPY COMPRESSION SLEEVE

The Freeze Sleeve provides 360 degrees of cold compression therapy and 100% coverage of the treatment area.

Cold compression therapy has been proven to reduce swelling and helps relieve daily aches and pains.



ELBOWS



WRISTS



ANKLES



HAMSTRING



CALVES



KNEES

SIMPLE

The easy slip on process eliminates the need for messy ice bags, cumbersome wraps and multi-step products on the market today.

RELIEF & RECOVERY

Provides relief and recovery for aching muscles and joints.

COVERAGE

360 degrees of even compression coverage, and also allows full range of motion to the user.

TREATMENT

The Freeze Sleeve provides the commended 20 minutes of cold therapy treatment.

COMFORT

The compression design allows the Freeze Sleeve to be used comfortably on multiple areas of the arms and legs.

MOBILITY

Allows the user to apply daily cold therapy compression treatment on the go whenever and wherever you are!

CLEAN

Specially formulated with antimicrobial gel that eliminates odors and is nontoxic.



COVERS A LARGE AREA PERFECT FOR BACK, NECK & SHOULDERS

❄️ VERSATILE

The Freeze Sleeve Flat Pak can be used to cool down your core temperature, reduce swelling and inflammation, and provide overall relief to aching muscles and joints.

⊕ TREATMENT

Provides the recommended 20 minutes of cold therapy time. Safe to use on various parts of the body, and in conjunction with other treatment products including compressed air massagers and muscle stimulators.

↔️ COVERAGE

Large 12" x 17" Flat Pak to cover various parts of the body.

FLAT PAK



FREEZE IT - SLEEVE IT - RELIEVE IT

HOW TO CHOOSE YOUR SIZE...

Your Freeze Sleeve should fit snug around the treated area. Its compression is not intended for support, but to hold the sleeve in place providing mobile recovery. If you are in between sizes, it is recommended that you order the larger size to ensure you get adequate cold therapy with compression.

For specific details, refer to the Measurement Guides and Size Chart listed below.

HOW TO MEASURE FOR FIT



WRIST

Measure circumference of wrist 2 inches above where the hand meets the wrist.



SHIN & CALF

Measure circumference of area around the largest portion of the calf.



ELBOW

With arm bent at 90 degrees, measure from outer point and around inner crease of elbow.



KNEE

While standing, measure circumference of knee 3 inches above where the knee bends.



ANKLE

Measure circumference of ankle from the heel to 2 inches above the bridge of the foot.



HAMSTRING & QUAD

While standing, measure circumference of area around the largest portion of the quad & hamstring.

SIZE GUIDE

SIZE	CIRCUMFERENCE	
Small	8-10 in	20-26 cm
Medium	10-13 in	26-33 cm
Large	13-16 in	33-41 cm
X-Large	16-20 in	41-51 cm
XX-Large	20-24 in	51-61 cm
XXX-Large	25-30 in	63-75 cm
Flat Pak	12 x 17 in	30.5 x 43