

FAT BAR

The Sorinex Fat Bar is a non-revolving, axle type bar. The 2" thick diameter provides thick-grip training, but with the versatility of an Olympic barbell. Fat bar training improves overall grip, forearm, bicep and upper body strength. Textured black powder coated finish for increased grip and durability. The lighter weight makes the Fat Bar viable for any training level, but the sleeves are long enough to load up to nearly 450 LBS.

SPECIFICATIONS

LENGTH	84"
WEIGHT	32 LB
DIAMETER	2"
SLEEVE LENGTH	15.75"
BUSHING / BEARING	Fixed

