

# CHAIN SET

Attach the Sorinex Chain Set to belts or handles for weighted dips, chins, and drags. Attach to a barbell for varying loads during movement.

## SPECIFICATIONS

<b>WEIGHT</b>	30 lbs, 45 lbs
<b>THICKNESS</b>	1/2", 5/8"
<b>MATERIAL</b>	Steel
<b>INCLUDES</b>	1 PAIR OF CHAINS

