

THE BULLDOG™ PAD

This rack attached chest supported row can be utilized for rows or flys using a barbell, dumbbells, Center Mass Bells®, kettlebells, sandbag, or cable machine. This unit has four adjustment angles and can support arms, legs, head, or back for added stability during a multitude of pressing and pulling movements. Space saving design compared to stand alone chest supported row machine.

SPECIFICATIONS

PAD LENGTH	12"
PAD WIDTH	8.5"
PAD THICKNESS	2"
DEPTH	27.37"
HEIGHT	12.29"
INCLUDES	Bulldog Pad (1) Hitch Pins (2)
PAD MATERIAL	Double-Stitched Premium Naugahyde
STEEL	3/8"

