

# AUTOSPOT BENCH

The Autospot bench is an industry first and a Sorinex Original. It is a one-of-a-kind system for safer and more efficient bench press movements. Unlike most benches, you will not need a "lift-off" from a spotter. The Adjustable J-Cups move out over the chest for a safer and simpler starting press. Once the bar is lifted, the J-Cups will automatically snap back to their original position for. Decrease risk of shoulder injury and increase your bench efficiency with the Autospot bench.

*\*Plate Storage shown in photos not included, available as an upgrade.*

## SPECIFICATIONS

LENGTH	70"
WIDTH	71"
HEIGHT	47"
BACK PAD SIZE	48.5" x 14.5"
INCLUDES	Autospot Bench (1)



## FEATURES



**AUTOSPOT FUNCTIONALITY FOR EASIER LIFT-OFFS**



**INTEGRATED VERTICAL BAR STORAGE**



**ADJUSTABLE J-CUP HEIGHTS**