

# ADJUSTABLE JAMMER ARMS™

An industry first, the Sorinex Jammer Arms were designed with future innovation in mind. In the late 2000's, Sorinex introduced the rack attached Jammer Arms. Many coaches wanted to utilize traditional jammer press movements but did not want to sacrifice floor space in their weight rooms. Sorinex created an innovative training solution that has now evolved in the Adjustable Jammer Arms. As coaching philosophies changed and new training environments were created, the Jammer Arms answered the call. Fast forward to 2023 and our progress continues with improved modularity, functionality, safety, and branding. Bilateral and unilateral movements. Dynamic, variable, or isometric. Standing or seated. Press, row, squat, or pull. Our gear is ready to test your limits.

## SPECIFICATIONS

TUBING	3" X 3"
LENGTH	50"
BRACKET WIDTH	9.54"
MATERIAL	AMERICAN STEEL



## FEATURES



UPPER & LOWER BODY MOVEMENT  
CAPABILITIES



LOCKING COMPRESSION LEVER



SAFETY MAGNETIC PINS