

4 - WAY NECK MACHINE

It is a versatile rack attachment that can be used for neck, lower, and upper body movement. We began the development of this simple solution by listening to our community and hearing the high-demand for easier to use neck machines. We eliminated large space consuming neck machines and brought the functionality to your rack, rig, or Iron Bear™ Storage unit. Utilize this versatile attachment for upper and lower body work like abductor/adductor movements, knee raises, hip rotations, and leg extensions/curls. Attach to the front, rear, inside or outside of the Base Camp, XL Series, Apex, and Dark Horse Racks for variable function and storage. Allow more athletes than ever to train at one station, increasing the carrying capacity of your facility.

SPECIFICATIONS

LENGTH	36"
WIDTH	3"
HEIGHT	24"
UPHOLSTERY	Double-Stitched Premium Naugahyde
INCLUDES	4 Way Neck Machine (1)



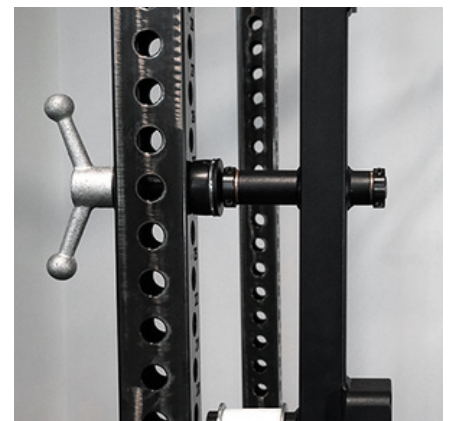
FEATURES



COLLAPSABLE SPACE-SAVING DESIGN



10" PAD LENGTH



BAND COMPATIBLE ANCHOR PIN/POINT FOR TENSION ADJUSTMENT