

Fully Assembled Block Connector Plate Set

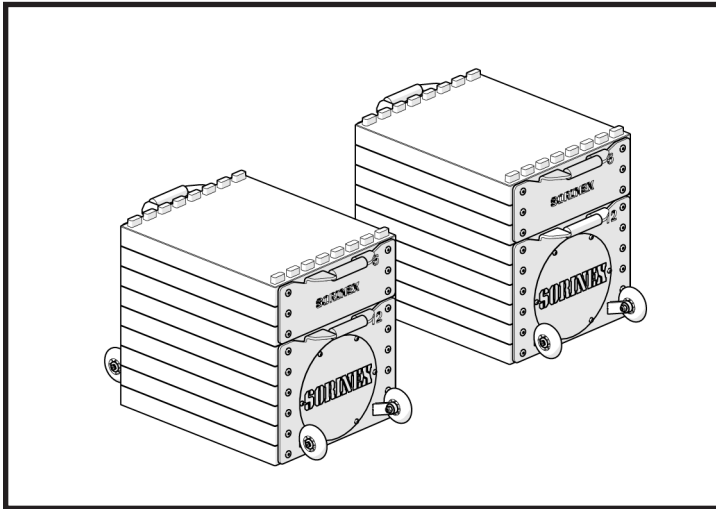
ASSEMBLY INSTRUCTIONS

TOOLS NEEDED:

- DRILL
- 1/8 DRILL BIT (INCLUDED)
- T20 TORX BIT (INCLUDED)

DISCLAIMER:

RESISTANCE TRAINING, GYMNASTICS TRAINING, AND ACTIVITIES AT HEIGHT ARE POTENTIALLY DANGEROUS AND MAY LEAD TO SEVERE INJURY OR EVEN DEATH. THIS EQUIPMENT MUST BE USED BY COMPETENT AND RESPONSIBLE PERSONS OR UNDER THE GUIDANCE AND SUPERVISION OF COMPETENT PERSONS. BE SURE YOU ARE VERSED IN PROPER TECHNIQUE AND METHODS BEFORE USING ANY EQUIPMENT. THE USER ASSUMES ALL RISKS AND RESPONSIBILITIES FOR ALL DAMAGE, INJURY OR DEATH WHICH MAY OCCUR DURING INCORRECT USE OF THIS EQUIPMENT. SORINEX BEARS NO LIABILITY ABOVE REPLACEMENT VALUE OF THE EQUIPMENT IN QUESTION. BENCH COULD WOBBLE IF FLOOR IS NOT PERFECTLY LEVEL.



ITEM NO.	PartNo	DESCRIPTION	QTY.
1	003337	Block	20
2	003334	Block Connection Plate - 12" (SORINEX)	4
3	003333	Block Connection Plate - 6" (SORINEX)	4

1.

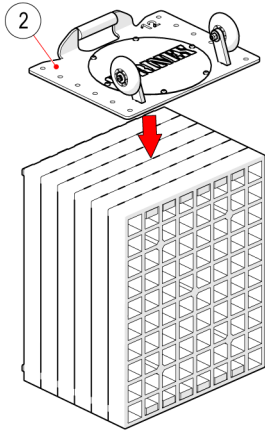
START BY STACKING (6) BLOCKS TOGETHER. (AS SHOW)

2.

LAY DOWN STACKS ON THE SHORT END. (AS SHOWN)

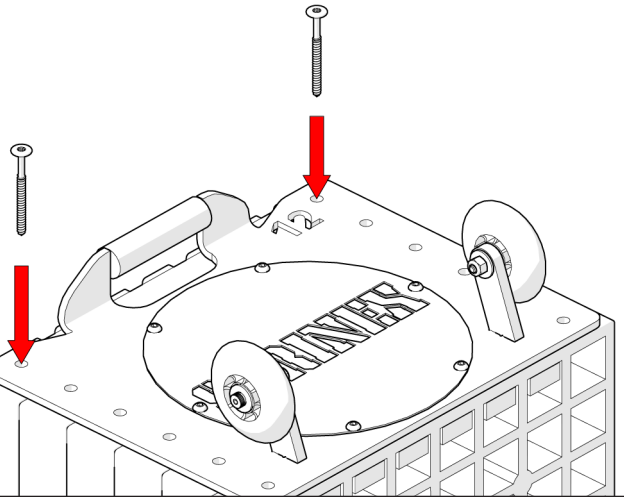
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3.



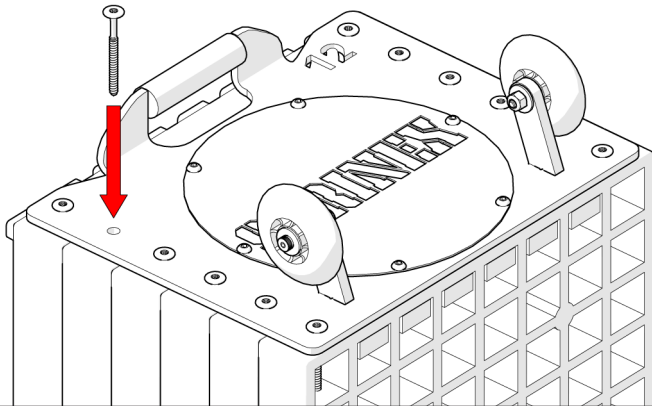
ALIGN 12" CONNECTION PLATE TO SHORT END OF BLOCK STACK. PLATE SHOULD BE CENTERED TO BLOCKS. (AS SHOWN)

4.



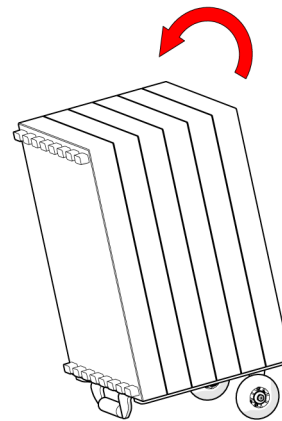
USING A 1/8" BIT, DRILL PILOT HOLES INTO THE TOP BLOCK. SECURE WITH INCLUDED HARDWARE. (AS SHOWN)

5.



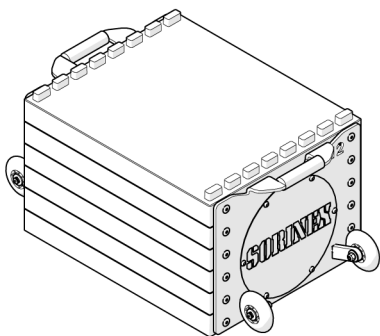
WITH 1/8" BIT, DRILL PILOT HOLES INTO REMAINING BLOCKS AND SECURE WITH HARDWARE.

6.



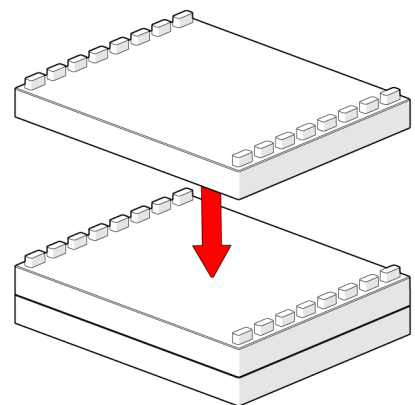
FLIP BLOCK STACK TO OTHER SIDE AND REPEAT STEPS 3-5.

7.



LAY DOWN ASSEMBLED BLOCK CONNECTOR. REPEAT STEPS FOR OTHER 12" ASSEMBLY.

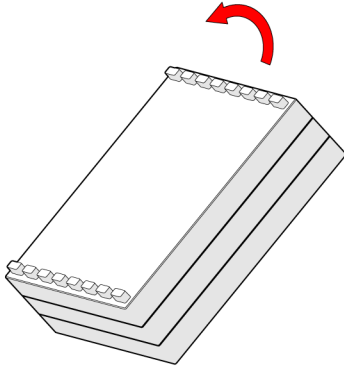
8.



NEXT STACK (3) BLOCKS TOGETHER. (AS SHOWN)

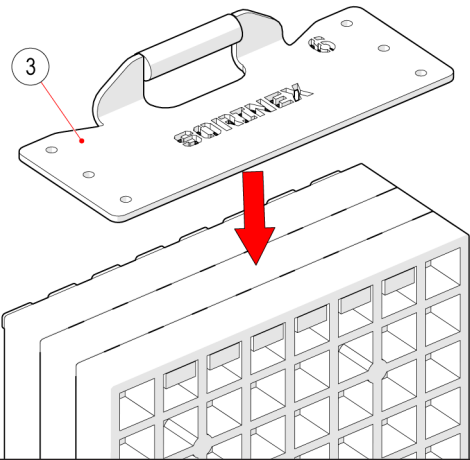
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9.



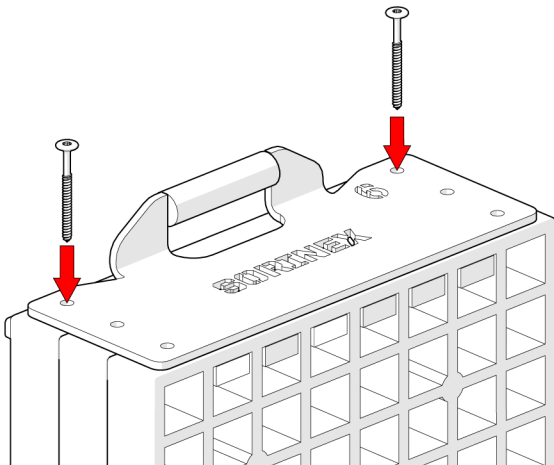
LAY DOWN STACK ON TO THE SHORT END. (AS SHOWN)

10.



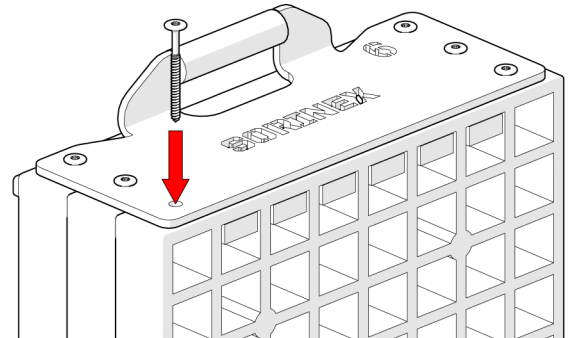
ALIGN 6" CONNECTION PLATE TO SHORT END OF BLOCK STACK. PLATE SHOULD BE CENTERED TO BLOCKS. (AS SHOWN)

11.



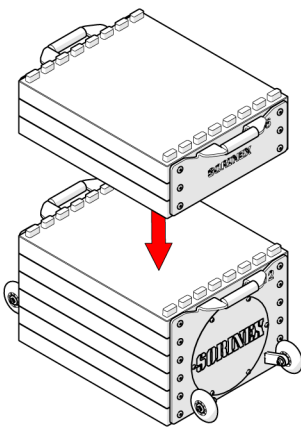
USING A 1/8" BIT, DRILL PILOT HOLES INTO THE TOP BLOCK. SECURE WITH INCLUDED HARDWARE. (AS SHOWN)

12.



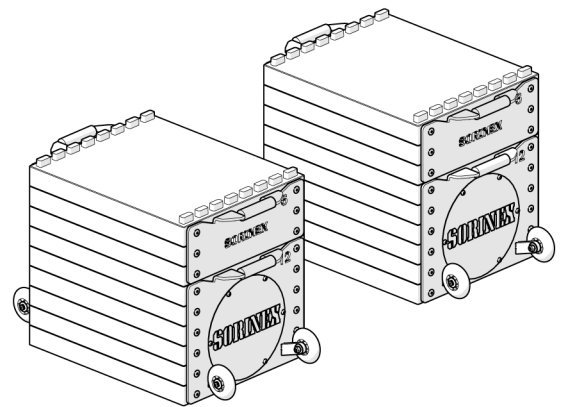
DRILL PILOT HOLES INTO REMAINING BLOCKS AND SECURE WITH HARDWARE. FLIP BLOCKS AND REPEAT STEPS 10-12.

13.



REPEAT STEPS FOR OTHER 6" ASSEMBLY. STACK 6" ONTO 12" ASSEMBLY. (AS SHOWN)

14.



BLOCK CONNECTOR PLATE SET IS FULLY ASSEMBLED AND READY TO USE.

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