

# The Liberty Index: A Liberty Personality Test

From the book *Speaking the Language of Liberty* by Bill Norton and Mark Herr

The Liberty Index is designed as an introspection tool. It will give you an internal snapshot of where you are in relation to personal and societal liberty. We highly recommend that you take the test at four key points in your journey towards learning how to speak the Language of Liberty. They are:

1. Before you read *The Language of Liberty*.
2. After you read *The Language of Liberty*, but before you begin the exercises.
3. After you complete the exercises the first time.
4. After you complete the exercises the second time.

Taking the Liberty Index Test at these stages in your journey will allow you to measure changes and hopefully your progress. We recommend that you make copies of the test first so you can record your results each time. You can also download the test from:

[SpeakingTheLanguageOfLiberty.com](http://SpeakingTheLanguageOfLiberty.com).

The exercise for week 21 entitled *A Friends View of You*, will have you recruit a close friend or relative to take the test from their view of you. This will give you a fifth result to compare to your own results.

## Credit

The majority of the questions in The Liberty Index were developed by Dot Perkins. Thanks to her, you can now more easily peer into your liberty soul.

## Test Instructions

1. Read the question and enter a number between 1 and 5 for each white box. If there are two open boxes write the same number in both boxes. Blacked out boxes do not require a number.
2. Add each column, labeled "A B C D," and follow the math instructions at the end of the test.
3. Graph your results.

If the question relates to *characteristics or behaviors* use the following guideline:

1. not at all like me
2. somewhat like me
3. neutral
4. very like me
5. exactly like me

For *true or false / positive or negative* questions use the following guideline:

1. false / negative
2. somewhat false / negative
3. neutral
4. somewhat true / positive
5. true / positive

	A	B	C	D
1. As a leader, I prefer delegating to others what they should do.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. I need time to myself or I get overwhelmed by everything going on around me.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. I am organized and have strong leadership ability, so I should be in charge to make the group function well.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4. If everybody attempts to determine what is right for the group with no structure in place, the group will not complete the desired goal.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
5. As a leader, I prefer working with a team.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6. When a leader is in charge, I prefer when they allow me to make my own choices.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. I like to have very specific instructions and very specific goals provided for me by a leader.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
8. I like listening more than speaking when I am in large groups.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
9. What is your profession? (If you are a student, what is your desired profession?) _____	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
10. I like checklists rather than completing tasks randomly.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
11. I dislike when leaders leave decisions up to myself.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	A	B	C	D
12. The smartest, strongest, and most capable people should govern the rest of the people.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
13. After a long day I recharge by spending time with lots of friends.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
14. Being in charge makes me feel concerned about my own ability to be in charge.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
15. I like to be on a level playing field with others when decisions are made.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
16. When I conflict with others I am not satisfied until both parties agree.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
17. I dislike when leaders consult with certain individuals besides myself about what needs to be done.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
18. I am most creative when alone.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
19. I prefer to keep my deepest thoughts to myself in a relationship.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
20. When I am working with a group, I find myself delegating roles and taking a leadership position.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
21. I prefer loud and busy parties to small and quiet get-togethers.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. I listen more than I talk.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
23. I like completing tasks randomly rather than using a checklist.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. I don't mind working by myself.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
25. I get bored when I don't have lots of people or activities around me.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

	A	B	C	D
26. I dwell on the past.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
27. Political power, or rights, originate in the people collectively.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
28. After a long day I recharge by spending time with one or two close friends.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
29. When dealing with a problem, I would rather determine the results on my own.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
For questions 30 thru 34: there is a large group of people meeting about a community project. The longer the meeting goes, the more conflict arises. Soon the meeting erupts into chaos with people talking over each other to get their opinions heard. In this meeting you would:				
30. Leave the meeting.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
31. Demand that someone take charge.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
32. Take charge of the meeting yourself.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
33. Join the argument to get your opinion heard.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
34. Quietly listen to the heated discussion.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
35. In my free time, I'd prefer to relax at home.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
36. Nobody should have status over another.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. As a leader, I prefer organizing independently.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	A	B	C	D
38. In conversation, I prefer lighthearted, easy talk.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
39. I prefer deeper relationships where I can share my deepest thoughts.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
40. I need not do anything to lead others, each individual should determine what works for themselves.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
41. When I am in a conflict with others, I prefer to discuss the issue at length.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
42. In conversation, I prefer deeper, meaningful discussion.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
43. After a long day I recharge by being by myself.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
44. I am most creative when I have plenty of time to finish a project.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
45. What profession would be best suited to govern the people? _____	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
46. If the answers for 9 and 45 are the same or very similar, place a 5 in letter A and a 1 in B. If the answers for 9 and 45 are different, place a 1 in letter A and a 5 in B.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
47. I would rather play a supporting role in a group project.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
48. When I am working with a group, I find myself listening to someone else's decisions.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	A	B	C	D
49. I often find myself thinking about lots of things at once.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. I prefer anonymity.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
51. I am most creative at the last minute.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
52. In my free time, I'd prefer to go to a loud concert.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
53. I talk more than I listen.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
54. When I am not in charge, I feel like I have less control over my situation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
55. I like to be in charge so that I have control over what happens.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
56. Being in charge makes me feel strong.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
57. When a leader is in charge, I prefer when they delegate specifically what to do.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
58. I tend to speak before I think.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
59. When dealing with a problem, I would rather work with others.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
60. The one who is in charge possesses all the power in a group, whether they exercise that power or not.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
61. It takes time for me to warm up to new people.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
62. I like to lead others by myself.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
63. Power is not possessed based on leadership; people collectively have power regardless of roles.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	A	B	C	D
64. I prefer to co-lead with others rather than do so independently.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
65. When dealing with a problem, I would rather listen to someone else's decision.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
66. I love to meet others at social events.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
67. In my free time, I'd prefer to go to dinner with friends.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
68. Political power, or rights, originate in the people individually.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
69. When I conflict with others I am perfectly fine agreeing to disagree.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
70. When a leader is in charge, I prefer when they discuss what I want to do and finds a complementary course of action.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
71. When I am with a group I like spontaneous actions.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
72. I dislike when leaders take a strong approach and give the others responsibilities.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
73. I do not get bored easily.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
74. I prefer if people higher in status take my opinions into account and make decisions for the whole group.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
75. Leadership is arbitrary: I serve as an organizer of the group's ideas rather than determining my own.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 76. Political power, or rights, originate in the strongest, smartest, and most capable people.
- 77. A leader needs to be strong and determine what is right for the group.
- 78. Political power originates in government authority.
- 79. When I conflict with others, I prefer to limit the time discussing and get to the point.
- 80. I prefer the spotlight.
- 81. I am most creative in a group.
- 82. Being in charge makes me feel helpful to others.

	A	B	C	D
	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	A	B	C	D
TOTAL EACH COLUMN	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DIVIDE EACH COLUMN BY 15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ADD A+C    ADD B+D  
   

ADD A+B    ADD C+D  
   

SUBTRACT  
 AC - BD  
  
 THIS IS YOUR X-AXIS

SUBTRACT  
 AB - CD  
  
 THIS IS YOUR Y-AXIS

X-AXIS    Y-AXIS  
   

**GRAPH:**  
 To graph, first locate its position on the x-axis, then find its location on the y-axis, place your mark where these meet. To track your movement from one test to another use the following symbols:

- First Test (before you read the book)
- Second Test (after you read the book)
- ▲ Third Test (Exercise 21: A Friends View of You)
- ✕ Fourth Test (after first time through exercises)
- ★ Fifth Test (after second time through exercises)

