

# *Spiral Holiday Wreath Workshop*

with RaNae Merrill

In this workshop, you will learn how to draw, color and sew a Point-to-Point spiral block as you create a wreath wallhanging. The project is based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required. To purchase a book in advance, go to [www.ranaemerrillquilts.com](http://www.ranaemerrillquilts.com) and click on "SHOP".) Depending on whether the class is a half-day or a full-day there will be time in class to finish at least the central spiral (half-day) or the entire top (full-day).

## **Tools: (Please see next page for fabric requirements)**

\_\_\_\_\_ Basic sewing tools: pins, scissors, etc.  
\_\_\_\_\_ Scissors for paper  
\_\_\_\_\_ Neutral colored thread for sewing  
\_\_\_\_\_ Rotary cutter with ruler and mat  
\_\_\_\_\_ Pencil  
\_\_\_\_\_ Fine-point permanent black pen  
\_\_\_\_\_ Several sheets of white paper 8-1/2" x 11"  
\_\_\_\_\_ Two highlighter pens in different colors

\_\_\_\_\_ Scotch tape  
\_\_\_\_\_ Double-sided scotch tape (**Permanent, not removable**). Best is Scotch brand in the yellow and red box. Get a fresh roll.)  
\_\_\_\_\_ Masking or painter's tape  
\_\_\_\_\_ Add-a-Quarter tool  
(available for purchase in class)  
\_\_\_\_\_ Seam roller (optional, but really helpful; available for purchase in class)

## **About Translucent Foundation Material:**

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I insist on foundation material that is **translucent**, which means you can see through it. Since you can see through it, you put fabric on the **front** and sew from the **back**. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) Translucent foundation material costs a bit more than regular paper, but the time and frustration saved are more than worth it!

There are two types of translucent foundation material: paper (vellum) and non-woven fabric. Paper can be printed on any printer (inkjet or laser) or photocopier, and must be removed after sewing. Non-woven fabric can be printed on an inkjet or laser printer and can be left in after sewing. The foundations provided in this workshop are printed on non-woven fabric foundations.

What not to use: Rinse-away foundations -- some people like them, but personally I don't, so I don't recommend them. **DO NOT USE VELLUM FROM THE STATIONERY STORE**. It becomes brittle and rolls when ironed. Art store tracing paper is too delicate to stand up to the wear of this project.

You can purchase the following product in class or through my online store at [www.ranaemerrillquilts.com](http://www.ranaemerrillquilts.com):

**Fabulous Foundation Sheets** – A non-woven fabric. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet or laser jet printers. Leave in or tear away after sewing.

If you are shopping at your local quilt shop, ask for "translucent foundation sheets." One brand is Fun-dation.

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Based on her book *Simply Amazing Spiral Quilts*

A fabric kit *might* available for this at the time you take the class. Go to <https://ranaemerrillquilts.com/collections/workshops-lectures> and click on the Spiral Wreath workshop to check, or email me (see below).



**Fabric:** *Items marked with an asterisk \* are used in class. Other fabrics are used at home to finish.*

* Foundation drawn, printed or copied on translucent material ( <i>Provided in class materials</i> )	4 sheets 8-1/2" x 11"
Border: 4 repeats of a 5-1/4" wide stripe (not used in class)	If the stripe is repeated 4 times across the fabric, 5/8 yd If there are fewer repeats, buy enough fabric to cut 4 identical strips 19-1/2" long.
Corner blocks	Buy enough fabric for 4 fussy-cut motifs including seam allowances. Kit includes 3/8 yd of cardinal fabric.
* Fabric for spiral, bow, narrow borders and binding (red in photo)	3/4 yd
* Fabric 2 for spiral (green leaf print in photo)	1/4 yd
Cream background	3/8 yd
Backing (not used in class)	1 yd
Batting (not used in class)	36" square

**If you are bringing your own sewing machine:** Bring a foot that has a center groove or marking that will allow you to see the lines printed on the foundation. A clear foot is great. An open-toe foot is not ideal.

**Thread:** Bring ecru, white or light grey. Regular sewing weight is fine (50 weight) but if you have 60, 70 or 100 weight bring that too.

Visit [www.RaNaeMerrillQuilts.com](http://www.RaNaeMerrillQuilts.com) to:

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