

Spiral Rose Workshop

with RaNae Merrill

In this workshop, you will learn the techniques for drawing, coloring and sewing a spiral rose block, based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required.) We will sew one spiral rose block in class, and you will receive complete patterns to finish the block into your choice of the three projects shown in the following pages.

Tools & Materials for All Projects: (Please see individual pattern pages for fabric requirements)

- | | |
|---|--|
| _____ Basic sewing tools: pins, scissors, etc. | _____ Scotch tape |
| _____ Scissors for paper | _____ 1 full roll of double-sided tape
(permanent, <i>not</i> the removable kind. Scotch brand in the yellow & red box is best. Buy it fresh at an office supply store; old tape breaks.) |
| _____ Neutral colored thread for sewing | _____ Masking or painter's tape (fresh) |
| _____ 45mm rotary cutter (please bring a self-closing one and be sure the blade is sharp) | _____ Add-a-Quarter tool with card
(available for purchase in class) |
| _____ Rotary cutting ruler and mat | _____ Seam roller (optional, but really helpful; available for purchase in class) |
| _____ Pen & Pencil (with a FRESH eraser) | |
| _____ 1 large Ziploc bag | |
| _____ Two highlighter pens (pink, yellow or orange) | |

Sewing Machine Set-up:

Bring your machine ready to sew with a new 75/11 or 80/12 needle. Use a foot that allows you to clearly see lines on the foundation, such as an open-toe foot, or a clear foot with a center-line mark. Please check your machine to make sure it is working properly before you bring it to class. Don't set up the machine at the beginning of class -- you'll need the table space for designing, then set up when you're ready to sew.

About Translucent Foundation Material:

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I use foundation material that is *translucent*, which means you can see through it. Since you can see the lines from both sides, you put fabric on the *front* and sew from the *back*. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) Translucent foundation material costs a bit more than regular paper, but the time and frustration saved are more than worth it! For this workshop, a foundation will be provided for you, already printed on EQ Printables Foundation Sheets. Additional pre-printed templates may be purchased in class. Blank foundation sheets can also be purchased in class and through my online store.

To order *Simply Amazing Spiral Quilts*, *Magnificent Spiral Mandala Quilts* and other supplies, go to www.ranaemerrillquilts.com -- click on "STORE"

Join RaNae on Facebook -- become a friend!

Visit the Spiromaniacs blog (more on *SASQ*) at <http://spiromaniacs.wordpress.com>

Visit the Spiromandalas blog (more on *MSMQ*) at <http://spiromandalas.wordpress.com>

Sign up to receive the Spiromaniacs newsletter and a free pattern at www.ranaemerrillquilts.com/join
For more information about Spiral Quilt workshops and lectures, go to www.ranaemerrillquilts.com/teaching, or contact RaNae at info@ranaemerrillquilts.com

Corrections, suggestions, questions? [ranae@ranaemerrillquilts.com/contact](mailto:ranae@ranaemerrillquilts.com)

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Spiraling Roses On My Table

Designed by RaNae Merrill & Emma Krenek
Finished Size: 18" x 42"



Materials List

Light Blue (Background and outer ring of spiral)	3/4 yd
Dark Blue (Border, backing, binding)	1-3/8 yds
Light Green (Leaves, border)	1/4 yd
Dark Green (Leaves, sashing corner squares)	1/4 yd
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all lights are lighter than mediums, and all mediums are lighter than darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Dark pink (Sashing)	1/4 yd
Ivory (Block background, border corner squares)	1/4 yd
Dark Brown (or other contrasting color - may be a fussy-cut (Rose center)	3 squares 3" x 3"
Foundation template on translucent material <i>(Provided in workshop. Read explanation on page 1.)</i>	3 sheets 8-1/2" x 11"
Foundation template on plain white paper <i>(Provided in workshop.)</i>	1 sheet 8-1/2" x 11"
Batting	26" x 50"

Notes:

Spiral Rose Pillow

Designed by RaNae Merrill

Finished Size: 15" x 15"



Materials for Spiral Rose Block:

Foundation templates on translucent material (<i>Provided in workshop. Read explanation on page 1.</i>)	1 sheet 8-1/2" x 11"
Foundation template on plain white paper (<i>Provided in workshop.</i>)	1 sheet 8-1/2" x 11"
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all lights are lighter than mediums, and all mediums are lighter than darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Light Green (leaves)	Less than 1/8 yd
Medium Green (leaves)	Less than 1/8 yd
Dark Brown (or other contrasting color - may be a fussy-cut (Rose center)	3" x 3" square
Ivory (background)	1/8 yd

Additional Materials for Pillow:

Dark Green (borders & back)	1/2 yd
Pillow form	15" x 15"
Velcro (3/4" wide, for pillow closure)	14" strip
Batting (optional, if you want to quilt the front of the pillow)	16" x 16"

Special Tools for this project:

A quarter coin (for marking corners of pillow)

Notes:

Spiral Rose Bag

Designed by RaNae Merrill

Finished Size: 12" x 12-1/2" x 4"



Materials for Spiral Rose Block:

Foundation on translucent material (<i>Provided in workshop.</i> <i>Read explanation on page 1.</i>)	1 sheet 8-1/2" x 11"
Foundation template on plain white paper (<i>Provided in workshop.</i>)	1 sheet 8-1/2" x 11"
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all lights are lighter than mediums, and all mediums are lighter than darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Light Green (leaves)	Less than 1/8 yd
Medium Green (leaves)	Less than 1/8 yd
Dark Brown (or other contrasting color - may be a fussy-cut (Rose center)	3" x 3" square
Ivory (background of rose and body of bag)	1 fat quarter

Additional Materials for Bag:

Denim or Heavy Cotton Twill (bottom, top edge and handles)	3/4 yd
Fabric for lining (regular quilting-weight fabric)	1/2 yd
Batting (bonded)	3/8 yd 40" wide
Topstitching thread - Can be jeans thread or hand-quilting thread	
Thread for quilting - matching colors for background and rose	

Special Tools for this Project:

A heavy-duty sewing machine needle for sewing denim & topstitching