

Simply Amazing Baravelle Spirals

Half-Day Workshop

with RaNae Merrill

In this workshop, you will learn how to draw, color and sew a Baravelle spiral block, based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required. To purchase a book in advance, go to www.ranaemerrillquilts.com and click on "STORE".) There will be time in class to finish at least one Baravelle spiral block, and you will receive a pattern to finish a single block(s) into a hot pad (single block). Of course, you're welcome to keep making more to create a whole quilt!

Tools: (Please see next page for fabric requirements)

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|---|--|
| _____ Sewing machine (Set-up instructions below) | _____ Scotch tape |
| _____ Basic sewing tools: pins, scissors, etc. | _____ A full, new roll of double-sided scotch tape (permanent, <i>not</i> removable. Scotch brand in the yellow/red box is best. Buy a fresh roll at an office supply store; old tape breaks.) |
| _____ Scissors for paper | _____ Masking or painter's tape |
| _____ Light or neutral colored thread for sewing | _____ Add-a-Quarter tool with a card (available for purchase in class) |
| _____ Rotary cutter with ruler and mat | _____ Seam roller (optional, but really helpful; available for purchase in class) |
| _____ Fine-point permanent black pen | _____ A gallon-size ziploc bag |
| _____ Several sheets of white paper 8-1/2" x 11" | |
| _____ Two highlighter pens in different colors (orange, pink and yellow are best) | |
| _____ 4 plastic page protectors | |
| _____ Dry-erase markers or crayons in several colors | |

Sewing Machine Set-up:

Bring your machine ready to sew with a new 75/11 or 80/12 needle. Use a foot that allows you to clearly see lines on the foundation, such as an open-toe foot, or a clear foot with a center-line mark. Please check your machine to make sure it is working properly before you bring it to class. Don't set up the machine at the beginning of class -- you'll need the table space for designing, then set up when you're ready to sew.

Class Kit: Class kit is \$5, payable to teacher in class, and includes preprinted foundations for the spiral blocks, printed paper templates, sewing instructions and a pattern.

About Translucent Foundation Material:

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I insist on foundation material that is *translucent*, which means you can see through it. Since you can see through it, you put fabric on the *front* and sew from the *back*. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) My favorite is EQ Printables Foundation Sheets.

For this workshop, foundations will be provided for you, preprinted on EQ Printables Foundation Sheets. If you wish to purchase more, it will be available in class. Most quilt shops also have some version of it and you can purchase it through my online store at www.ranaemerrillquilts.com.

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Based on her book *Simply Amazing Spiral Quilts*



Fabric for 2 Baravelle spiral blocks made into pot holders: (*Yardages are generous*)

	<i>Needed for sewing spirals in class</i>	<i>Additional material needed to complete 2 hot pads</i>
Foundation templates drawn, printed or copied on translucent material (<i>Read explanation on page 1.</i>)	2 sheets 8-1/2" x 11" (<i>Preprinted & provided in workshop materials</i>)	
Light color for spiral blocks (see description below)	1/4 yd	
Dark color for spiral blocks (see description below)	1/4 yd	
Fabric for fussy-cut center (optional)	2 squares 3-1/2" x 3-1/2" with fussy-cut design in center	
Back of hot pads and binding (can be one of colors in spiral. If so, 1/4 yard listed above is not needed in addition to this.)		5/8 yd (allows 40" binding strip to be cut diagonally without piecing.)
Insulbrite batting		2 squares 8-1/2" x 8-1/2" (<i>Not used in class</i>)
Cotton or wool batting (not polyester)		2 squares 8-1/2" x 8-1/2" (<i>Not used in class</i>)

Fabrics: One or both spiral fabrics should be solids, textures, tone-on-tones or small prints. If you use a print for one fabric, the other must be a solid. For fussy-cut centers, choose a large-scale print in colors that coordinate with the other colors. It is ideal if the backing fabric the same as one of the front fabrics.

To order ***Simply Amazing Spiral Quilts, Magnificent Spiral Mandala Quilts*** and other supplies, go to www.ranaemerrillquilts.com -- click on "STORE"

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For more information about Spiral Quilt workshops and lectures, go to www.ranaemerrillquilts.com/teaching, or contact RaNae at ranae@ranaemerrillquilts.com or 212-316-2063

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