# EATING VEGAN NYC

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# **CHEAPER EATS**

### **AMERICAN FOOD**

- Superiority Burger might be my FAV place, have tried everything! Messy, but so flavorful. Try the yuba too!
- **<u>Cinamon Snail</u>** FAV burger is the beastmode (spicy!) but everything here is flavorful and filling. Def try it.
- by Chloe everyone loves, not just vegans. Try their salads and pasta sides! Tons of locations in NYC.
- **Champs** FAV all vegan diner in BK. Tons of options, usually has a long wait, but try and go with a few people so you can order a bunch to share. Worth it.
- Martys V Burger midtown vegan fast food. Good crabcake burger.
- MTHR vegan Hells kitchen fast food. Good cheap burgers and sides.
- Veggie Grill West-coast chain now in NYC don't love it all but has a TON of options. Good salads and burger!
- Bareburger half their menu is vegan! Tons of locations, affordable and great to go with non-vegans.
- Chickpea and Olive GREAT burgers/sandwiches in BK
- Next Level Burger so many amazing burger options, in BK. They also have huge milkshakes and salads.

#### **MEXICAN**

**Taco Dumbo** - has a few locations. great for everyone. Cute inside! Love their tacos and margs.

## **ASIAN**

- **Spicy Moon** good authentic chinese dishes
- Setagaya one of the best vegan ramen ive had in BK!
- **The Original Buddha Bodai Kosher Vegetarian Restaurant** - AMAZING vegan dim sum and chinese dishes. Grungy inside but good food.
- **Red Bamboo** grungier inside but great wings

# **ITALIAN**

- Screamers Pizza cheap amazing slices in BK
- Paulie Gs Slice Shop not as good as screamers or their main restaurant, but has vegan options
- Two Boots Pizza has vegan options all over city

#### **OTHER**

- **Orchard Grocer** BEST SANDWICHES. Have almost had everything there. Amazing bfast sandwich and soft serve icecream
- Terri chelsea to-go food chain, love their sandwiches
- DigInn has a ton of healthier vegan items for lunch
- Fresh n Co has a few really great vegan lunch items
- Little Beet one of my fav lunch spots! everything is great, and vegan options are filling.
- Taim amazing hummus and falafel!

# MID PRICE

# **AMERICAN FOOD**

- **Modern Love** AMAZING brunch and dinner options in BK. Kinda pricier but worth it! Get grilled cesar salad.
- Urban Vegan Kitchen mid-higher price, but cute interior and drinks are good. Chill vibe in west village.
- Le Botaniste Focus on healthy but FLAVORFUL food! Has a few locations in the city.
- **Butchers Daughter** lots of vegan dishes, cute interior!

#### **MEXICAN**

- Jajaja AMAZING food and interior, have had almost everything on the menu. Get nachos and the burrito!
- Black Flamingo AMAZING tacos, fun ambiance in BK
- **Double Zero** upscale, pricier, but good for brunch

#### **ASIAN**

- Beyond Sushi really worth trying everything i've had almost everything on menu. The herald sq. location is best and biggest to eat at but locations all over NYC.
- Cocoron has a whole vegan menu soba soups. Get the vegan mera mera (dip one is fun), best soup in NYC.
- Franchia very good, ton of options. Korean-style food.
- **Tonchin** Has one vegan ramen that is bomb. Appetizers are great too. Usually a wait but worth it.

### **ITALIAN**

- Paulie Gs best sit down vegan pizza in BK by far. So good. Usually a wait for dinner on prime nights.
- **Adelinas** Super cute spot in BK. Ton of options!
- John's of 12 Street more upscale italian but SO good and great if you go with non-vegans.

### **OTHER**

- Peacefood Cafe union sq, ton of options! My recco: get chickpea fries! Also have great desserts.
- **Divyas Kitchen** Healthier flavorful food. GET lasagna!
- Organic Grill BEST for brunch but dinner is also great.
- Little Choc Apothacary BEST crepes, in BK. Small cute place but if you want vegan crepes, go.
- Bar Velo cute speakeasy in BK with amazing drinks
- Seasoned Vegan in harlem, great soul food get chicken nuggets!!

# **UPSCALE**

## **AMERICAN FOOD**

- Catch has a whole vegan menu that is amazing. Best pistachio cheesecake ever.
- **Honeybees** BBQ food, really cool vibes inside.
- **Blossom** upscale but great food. Love chicken picata
- **ABCV** pricy and upscale, healthier food, cute inside.

### **MEXICAN**

• Bar Verde - great food and drinks. Brunch or dinner. **ASIAN** 

Hangawi - very pricey, upscale asian but good food

- Delice & Sarrasin very fancy french but SO good!
- Lauderee in soho, AMAZINGly cute place to go with girlfriends for brunch. Has a vegan menu now!

- Mother of Pearl upscale, but def go for brunch or for drinks! cute interior!
- **Ladybird** small delicious tapas. Amazing FONDUE. Really cute interior. Good to split a few dishes.
- **Avant Garden** pricey but by far best meal in NYC ive ever had. Go if you want to celebrate or ball out. Def recommend trying it here.
- **P.S. Kitchen** hells kitchen upscale place. ive never been but heard great things and its on my list