

# METTA<sup>®</sup> BED

your best sleep, naturally<sup>™</sup>



Congratulations on Purchasing a  
METTA<sup>®</sup> Bed Mattress!

# Simple Setup, Easy to Move!

Assembling your METTA® Bed mattress couldn't be easier. It's as simple as unpack, unroll, then sleep!



## Unpack, Unroll

With the box on its side, unpack the mattress and position it on a stable flat surface. Unroll the roll pack, then carefully remove the plastic film. Your mattress will immediately begin to expand...



## Sleep Better

Within a few minutes your new METTA® Bed mattress has fully expanded. Place it on a properly supportive bed frame, foundation, or box spring, and good night.



## 120-night comfort layer exchange program

Sleep on your mattress for as many as 120 nights. If you are feeling rested and are sleeping soundly, then congratulations — you've selected the proper comfort and will have many years of great sleep ahead of you!

If on the other hand your sleep isn't what you "dreamed" it would be, our comfort layer exchange program will provide you the opportunity to adjust your comfort to be softer or firmer.

# Natural and Certified Organic Raw Materials

## Premium Natural Latex

Botanical rubber sap is harvested from rubber trees by hand, using a sustainable process. This sap (also known as latex) is then formed into a "core" for use in mattress making. The premium latex used in the METTA® Bed mattress is minimally processed and is at least 95% pure – free from many of the synthetic "fillers" used in most other latex products that claim to be "all natural."



## Premium Organic Woven Cotton Fabrics

Our unbleached, GOTS certified organic cotton fabrics are made from the highest-quality Texas-grown organic cotton fiber available, and are never chemically treated. Organic cotton fabrics are exceptionally soft and naturally beautiful.



## Premium Organic Wool

The GOTS-certified organic wool used in the Metta Bed collection of products is sourced from New Zealand, where family and commercial farmers adhere to strict standards in order to assure the certified purity of their fibers. Organic pastures and grazing grounds, minimal processing, and humane shearing practices (along with other requirements) contribute to the organic standard to which our wool is certified.



# Featured Certified Organic Bedding Accessories



**Certified Organic All-Season Wool Comforter**  
Warm in colder months and cool-sleeping in warmer months. Soft, luxurious, and comfortable year round. Wool filled, hand quilted, and finished in beautiful organic cotton sateen.

To create the perfect all-season wool comforter, premium, certified organic wool is quilted between two layers of soft and luxurious organic cotton sateen.



**Certified Organic Spiraled Wool™ Pillow**

Perfect for back, side, and stomach sleepers alike, our spiraled wool pillow is soft and supportive in a medium loft, and features a beautiful and luxurious 300-thread-count cotton sateen cover.

Spiraled wool is created by tumbling raw wool fiber until spiral-shaped balls are formed. Our unique spiral shape ensures that wool can best compress and recover for optimum support and comfort.



**Certified Organic Luxury Cotton Sheets**

Soft, luxurious, and naturally beautiful, our 300-thread-count certified organic cotton sheets are the perfect complement to your METTA® Bed mattress. Consider two sets so you can still sleep organic while your sheets are in the wash.



Please read the warranty and this mattress setup guide carefully.

If you have any questions, visit [www.mettabed.com](http://www.mettabed.com), contact us at [metta-bed@sleepwest.com](mailto:metta-bed@sleepwest.com), or call (866) 595-9007, 9am to 6pm MT, M-F.