

lil  **mixins**®

Stop Food Allergies Before They Start



- ✓ Affordable
- ✓ Easy-to-Use
- ✓ Complete

The Science

The AAP guidelines recommend that all babies begin regularly eating peanuts with solids. The AAP further recommends that parents do not delay introduction of nuts, eggs, dairy, wheat, & soy.

LEAP Study — 80% reduction in peanut allergy from 2g of peanut protein 3 times a week

EAT Study — 65% reduction in top 8 allergies from regular exposure. No reduction in breastfeeding seen.

PETIT Study — 83% reduction in egg allergy by eating baked egg for 3 months followed by cooked egg for 3 months.



1 in 12 babies develop a food allergy. 2/3 have no family history.

All parents should be encouraged to reduce their baby's risk with early and regular exposure.

Lil Mixins Makes Early Introduction Easy



mimics the studies

2g of protein in every serving.
Baked egg. Covers all tree nuts.



easy-to-use

Add 2 scoops or 1 packet into any baby food



all-natural

100% real food. no sugar, fillers, or preservatives



affordable

4 months of servings in a single purchase

Get full study summaries & more at:
www.lilmixins.com/pages/providers