



### **Should I feed Electrolytes all year round?**

As horse owners we often link the hot weather in summer to **supplementing** our horses feed with electrolytes, research has shown that this is not always the case. In fact, it is entirely dependent on the amount of work that increases **sweat loss** and actually has nothing to do with which season we are in. Whenever a horse sweats they **lose valuable electrolytes** that need to be restored, we tend to notice this less in the winter as most horses in full work are clipped and not exposed to the hot weather.

The recent research into **electrolyte deficiency** has shown that a low level of electrolytes should be fed all year round to compensate for the valuable salts that may be lost, this can then be increased at times of **high intensity work** such as galloping or competition. Quite often a horse with sudden poor performance can be present with an electrolyte deficiency as their muscles and body is put under stress to replace them as soon as possible.

**Omega Electrolytes** are here to help; most horses will turn their nose's up at various other brands of electrolytes but our **Omega Electrolytes** are proven to be a firm favourite. They provide your horse with all the minerals they need for electrolyte replacement and have a unique formulation that ensures that your horse will happily eat **Omega Electrolytes** as part of the normal feeding routine.

**If you require any more information on any of our products please contact us on 01798 813312 or [info@omegaequine.co.uk](mailto:info@omegaequine.co.uk).**

