

GUARDIAN

FALL PROTECTION



Product Name: D-Bolt Anchor

Part #: 00370; 00371; 00372; 00374

Instruction Manual

Do not throw away these instructions!

Read and understand these instructions before using equipment!

Introduction	1
Applicable Safety Standards	1
Worker Classifications	1
Product Specific Applications	2
Limitations	3 - 4
Components and Specifications	5
Installation and Use	5 - 7
Maintenance, Cleaning, and Storage	8
Inspection	8
Inspection Log	8
Safety Information	9
Labels	10

Introduction

Thank you for purchasing a Guardian Fall Protection D-Bolt Anchor. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.


This and any other included instructions must be made available to the user of the equipment. The user must understand how to safely and effectively use the D-Bolt Anchor, and all fall safety equipment used in combination with the D-Bolt Forged Anchor.

User Information	
Date of First Use:	_____
Serial #:	_____
Trainer:	_____
User:	_____

Applicable Safety Standards

When used according to instruction specifications, this product meets or exceeds all applicable OSHA 1926 Subpart M, OSHA 1910, ANSI Z359.18-2017, and ANSI A10.32-2012 standards for fall protection. This product has been tested in compliance with the requirements of ANSI/ASSE Z359.7. Testing only covers hardware and does not extend to the anchorage or substrate to which this product is attached. Applicable standards and regulations depend on the type of work being done, and also might include state-specific regulations. Consult regulatory agencies for more information on personal fall arrest systems and associated components.

Worker Classifications



CAUTION

Understand the following definitions of those who work near or who may be exposed to fall hazards.

Qualified Person: A person with an accredited degree or certification, and with extensive experience or sufficient professional standing, who is considered proficient in planning and reviewing the conformity of fall protection and rescue systems.

Competent Person: A highly trained and experienced person who is ASSIGNED BY THE EMPLOYER to be responsible for all elements of a fall safety program, including, but not limited to, its regulation, management, and application. A person who is proficient in identifying existing and predictable fall hazards, and who has the authority to stop work in order to eliminate hazards.

Authorized Person: A person who is assigned by their employer to work around or be subject to potential or existing fall hazards.

It is the responsibility of a Qualified or Competent person to supervise the job site and ensure all applicable safety regulations are complied with.

Product Specific Applications



WARNING Use of equipment in unintended applications may result in serious injury or death. Maximum 1 attachment per connection point.



Personal Fall Arrest: D-Bolt Anchor may be used to support a MAXIMUM 1 PFAS for use in Fall Arrest applications. Structure must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum free fall is 6', or up to 12' if used in combination with equipment explicitly certified for such use. Applicable D-ring: Dorsal.



Restraint: D-Bolt Anchor may be used in Restraint applications. Restraint systems prevent workers from reaching the leading edge of a fall hazard. Always account for fully deployed length of lanyard/SRL. Structure must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. No free fall is permitted. Restraint systems may only be used on surfaces with slopes up to 4/12 (vertical/horizontal). Applicable D-rings: Dorsal, Chest, Side, Shoulder.



Work Positioning: D-Bolt Anchor may be used in Work Positioning applications. Work Positioning systems allow a worker to be supported while in suspension and work freely with both hands. Structure must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. Maximum allowable free fall is 2'. Applicable D-rings: Side, Shoulder.



Rescue/Confined Space: D-Bolt Anchor may be used in Rescue/Confined Space applications. Rescue systems function to safely recover a worker from a confined location or after exposed to a fall. There are various configurations of Rescue systems depending on the type of rescue. Structure must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. No free fall is permitted. Applicable D-rings: Dorsal, Chest, Shoulder.

For all applications: worker weight capacity range (including all clothing, tools, and equipment) is 130-420 lbs.

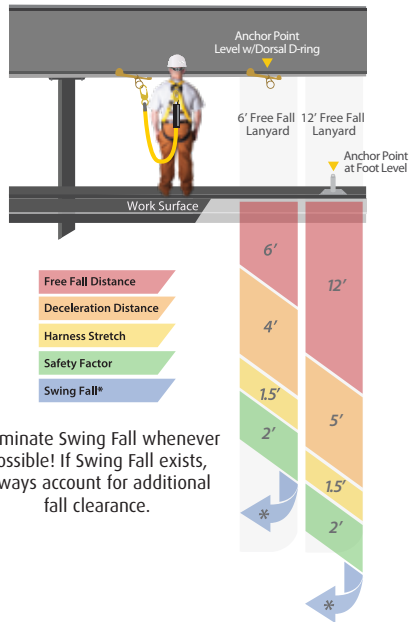


Limitations

Fall Clearance: There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or any obstruction. When calculating fall clearance, account for a MINIMUM 2' safety factor, free fall, deceleration distance, harness stretch, swing fall, and all other applicable factors.

Diagram shown is an example fall clearance calculation ONLY.

Fall clearance calculation shown based on standing worker falling directly in-line with anchor point. Always consider potential swing fall and other hazards when calculating fall clearance.



Swing Falls: Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to in line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall.

Compatibility: When making connections with D-Bolt Anchor, eliminate all possibility of roll-out. Roll-out occurs when interference between a hook and the attachment point causes the hook gate to unintentionally open and release. All connections must be selected and deemed compatible with D-Bolt Anchor by a Competent Person. All connector gates must be self-closing and self-locking, and withstand minimum loads of 3,600 lbs. See the following for examples of compatible/incompatible connections:

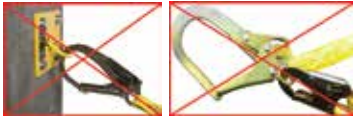
Connector closed and locked to D-ring. **OK.**



Two connectors to same D-ring. **NO.**



Incompatible or irregular application, which may increase risk of roll-out. **NO.**



Two or more snap hooks or carabiners connected to each other. **NO.**



Connector to integral lanyard. **NO.**



Connector directly to webbing. **NO.**

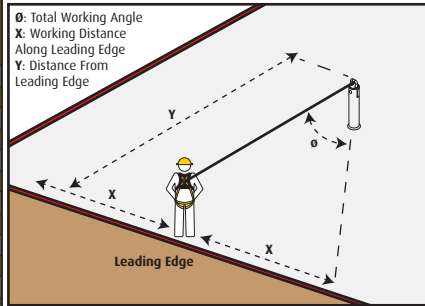


Connector directly to horizontal lifeline. **NO.**

Correct Anchorage Positioning:

This chart details allowable working zones required to reduce risk of swing falls and improper side loading. ALWAYS adhere to information specified by chart.

Anchor Distance From Leading Edge (Y)	Working Distance Along Roof Edge (Either Direction) (X)	Working Angle From Perpendicular (θ)
6'	8'	53°
10'	9' - 9"	45°
15'	11' - 7"	38°
20'	13' - 3"	33°
25'	14' - 6"	30°
30'	16'	28°
35'	17' - 2"	26°
40'	18' - 3"	24°
45'	19' - 4"	23°
50'	19' - 10"	21°
55'	21' - 4"	21°
60'	22' - 3"	21°



For example, if the anchorage connector is 6' from the leading edge (Y), the working distance (X) is 8' in each direction from the perpendicular, which translates to a 53° working angle.

Components and Specifications

Type A anchorage connector.

Minimum permitted service temperature: -30° F.

5,000 lb. MBS (minimum breaking strength).

Materials: galvanized steel or stainless steel.



Part #	Bolt Size	Description
00370	1/2"	D-Bolt Anchor (bolt not included). Galvanized steel.
00371	5/8"	D-Bolt Anchor (bolt not included). Galvanized steel.
00372	3/4"	D-Bolt Anchor (bolt not included). Galvanized steel.
00374	5/8"	D-Bolt Anchor (bolt not included). Stainless steel.

Installation and Use

Prior to installation, plan your system:

MINIMUM substrate thickness requirements:

- Wood: 6".
- Metal: 1/4".
- Concrete: 6", 4,000 psi.

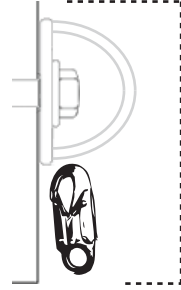
Fastener requirements (per part #):

- 00370: 13 TPI bolt. Torque to 65-75 ft-lbs.
- 00371: 11 TPI bolt. Torque to 145-155 ft-lbs.
- 00372: 10 TPI bolt. Torque to 240-250 ft-lbs.
- 00374: 11 TPI bolt. Torque to 145-155 ft-lbs.

ALWAYS defer to torque ratings specified by fastener manufacturer. If fastener torque requirements are not specified, refer to above recommended fastener/torque ratings. NEVER over-torque fastener.

For wood and metal installations, pre-drill pilot hole 1/16" diameter larger than applicable bolt size.

1. Ensure all PFAS equipment is selected and deemed compatible with D-Bolt Anchor by Competent Person.
2. Make considerations for eliminating or minimizing all swing fall hazards.
3. Ensure selected substrate is compatible with D-Bolt Anchor, and is free of any debris, rust, cracking, deformation, and hazardous materials. Substrate must extend entire length of D-Bolt Anchor AND hook of connecting device.
4. D-Bolt Anchor is rated for loading in any direction provided it is installed as prescribed. Suitable for use in HLL applications.
5. Competent Person must make considerations to decrease shear load distribution against the substrate (like overhead installations). The use of through-bolts, bolt backer plates, or adhesive bolts are possible methods of eliminating risk of pullout.

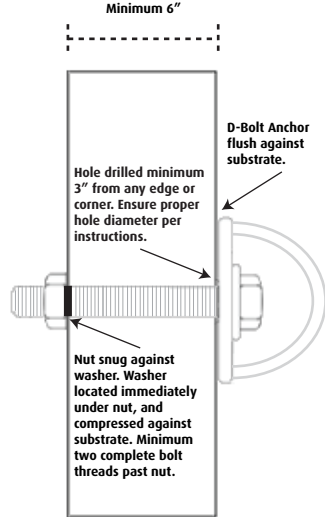


Installation:

Installation must be performed under supervision of Competent Person. Refer to substrate-specific section for applicable installation requirements. D-Bolt Anchors are reusable. ALWAYS use new fastener for each new installation application.

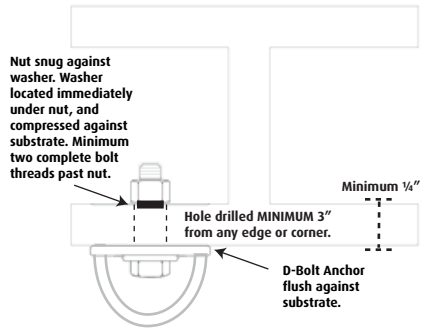
Wood:

1. Wood substrate must be minimum 6" thick.
2. Pre-drill bolt installation hole. Hole must be minimum 3" from any edge or corner. Hole diameter must be 1/16" greater than applicable bolt diameter.
3. Install applicable bolt through D-Bolt Anchor and pilot hole. Always refer to bolt manufacturer's instructions for installation requirements.
4. Secure bolt with properly sized washer and nut. Tighten nut until snug and ensure washer is fully flush against substrate. Minimum two bolt threads must be visible past nut.
5. Ensure D-Bolt Anchor is flush against substrate.
6. Attach complete and compatible PFAS to D-Bolt Anchor.



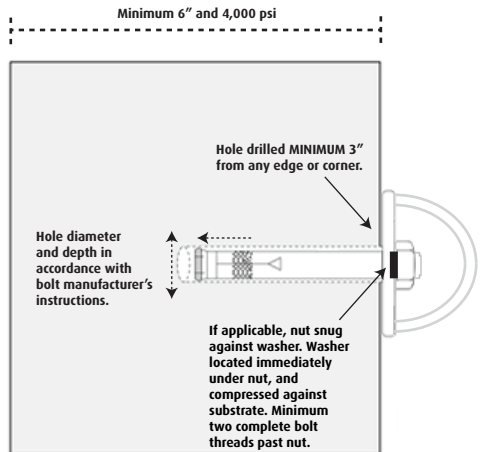
Metal:

1. Metal substrate must be minimum $\frac{1}{4}$ " thick.
2. Pre-drill bolt installation hole. Hole must be minimum 3" from any edge or corner. Hole diameter must be $\frac{1}{16}$ " greater than applicable bolt diameter.
3. Install applicable bolt through D-Bolt Anchor and pilot hole. Always refer to bolt manufacturer's instructions for installation requirements.
4. Secure bolt with properly sized washer and nut. Tighten nut until snug and ensure washer is fully flush against substrate. Minimum two bolt threads must be visible past nut.
5. Ensure D-Bolt Anchor is flush against substrate.
6. Attach complete and compatible PFAS to D-Bolt Anchor.



Concrete:

1. Concrete substrate must be minimum 6" thick and 4,000 psi.
2. Pre-drill bolt installation hole. Hole must be minimum 3" from any edge or corner. Hole diameter and depth must be in accordance with bolt manufacturer specifications.
3. Install applicable bolt through D-Bolt Anchor and pilot hole. Always refer to bolt manufacturer's instructions for installation requirements.
4. If applicable to selected bolt, secure bolt with properly sized washer and nut. Tighten nut until snug and ensure washer is fully flush against D-Bolt Anchor. Minimum two bolt threads must be visible past nut.
5. Ensure D-Bolt Anchor is flush against substrate.
6. Attach complete and compatible PFAS to D-Bolt Anchor.



Maintenance, Cleaning, and Storage

If D-Bolt Anchor fails inspection in any way, immediately remove it from service, and contact Guardian to inquire about its return or repair. Field serviceability testing is not required, and should not be done by the end user.

Cleaning after use is important for maintaining the safety and longevity of D-Bolt Anchor. Remove all dirt, corrosives, and contaminants from D-Bolt Anchor before and after each use. If D-Bolt Anchor cannot be cleaned with plain water, use mild soap and water, then rinse and wipe dry. NEVER clean D-Bolt Anchor with corrosive substances.

When not in use, store equipment where it will not be affected by heat, light, excessive moisture, chemicals, or other degrading elements.

Inspection

Prior to EACH use, inspect D-Bolt Anchor for deficiencies, including, but not limited to, corrosion, deformation, pits, burrs, rough surfaces, sharp edges, cracking, rust, paint buildup, excessive heating, alteration, and missing or illegible labels. IMMEDIATELY remove D-Bolt Anchor from service if defects or damage are found, or if exposed to forces of fall arrest.

Ensure that applicable work area is free of all damage, including, but not limited to, debris, rot, rust, decay, cracking, and hazardous materials. Ensure that selected work area will support the application-specific minimum loads set forth in this instruction manual. Work area MUST be stable.

At least every 12 months, a Competent Person other than the user must inspect D-Bolt Anchor. **Competent Person inspections MUST be recorded in inspection log in instruction manual and on equipment inspection grid label. The Competent Person must sign their initials in the box corresponding to the month and year the inspection took place.**

During inspection, consider all applications and hazards D-Bolt Anchor have been subjected to.

Inspection Log

Date of First Use: _____.

Product lifetime is indefinite as long as it passes pre-use and Competent Person inspections. User must inspect prior to EACH use. Competent Person other than user must complete formal inspection at least every 12 months. Competent Person to inspect and initial.

This inspection log must be specific to one D-Bolt Anchor. Separate inspection logs must be used for each D-Bolt Anchor. All inspection records must be made visible and available to all users at all times.

	J	F	M	A	M	J	J	A	S	O	N	D
YR												
YR												
YR												
YR												
YR												

**If equipment fails inspection
IMMEDIATELY REMOVE FROM SERVICE.**

Safety Information



Failure to understand and comply with safety regulations may result in serious injury or death. Regulations included herein are not all-inclusive, are for reference only, and are not intended to replace a Competent Person's judgment or knowledge of federal or state standards.

Do not alter equipment. Do not misuse equipment.

Workplace conditions, including, but not limited to, flame, corrosive chemicals, electrical shock, sharp objects, machinery, abrasive substances, weather conditions, and uneven surfaces, must be assessed by a Competent Person before fall protection equipment is selected.

The analysis of the workplace must anticipate where workers will be performing their duties, the routes they will take to reach their work, and the potential and existing fall hazards they may be exposed to. Fall protection equipment must be chosen by a Competent Person. Selections must account for all potential hazardous workplace conditions. All fall protection equipment should be purchased new and in an unused condition.

Fall protection systems must be selected and installed under the supervision of a Competent Person, and used in a compliant manner. Fall protection systems must be designed in a manner compliant with all federal, state, and safety regulations. Forces applied to anchors must be calculated by a Competent Person.

Unless explicitly stated otherwise, the maximum allowable free fall distance for lanyards must not exceed 6'. No free fall allowed for non-LE SRLs. Class A SRLs must arrest falls within 24"; Class B SRLs must arrest falls within 54".

Harnesses and connectors selected must be compliant with manufacturer's instructions, and must be of compatible size and configuration. Snap hooks, carabiners, and other connectors must be selected and applied in a compatible fashion. All risk of disengagement must be eliminated. All snap hooks and carabiners must be self-locking and self-closing, and must never be connected to each other.

A pre-planned rescue procedure in the case of a fall is required. The rescue plan must be project-specific. The rescue plan must allow for employees to rescue themselves, or provide an alternative means for their prompt rescue. Store rescue equipment in an easily accessible and clearly marked area.

Training of Authorized Persons to correctly erect, disassemble, inspect, maintain, store, and use equipment must be provided by a Competent Person. Training must include the ability to recognize fall hazards, minimize the likelihood of fall hazards, and the correct use of personal fall arrest systems.

NEVER use fall protection equipment of any kind to hang, lift, support, or hoist tools or equipment, unless explicitly certified for such use.

Equipment subjected to forces of fall arrest must immediately be removed from use.

Age, fitness, and health conditions can seriously affect the worker should a fall occur. Consult a doctor if there is any reason to doubt a user's ability to withstand and safely absorb fall arrest forces or perform set-up of equipment. Pregnant women and minors must not use this equipment.

Physical harm may still occur even if fall safety equipment functions correctly. Sustained post-fall suspension may result in serious injury or death. Use trauma relief straps to reduce the effects of suspension trauma.

Labels

GUARDIAN
FALL PROTECTION
1-800-466-6385
www.guardianfall.com

**D-Bolt Forged
Anchorage Connector**

Part #:
[REDACTED]

Date of Manufacture:
[REDACTED]

Serial #:
[REDACTED]

PRIOR TO USE, read and understand all manufacturer's instructions provided with equipment.

Compliant with OSHA 1910, OSHA 1926 Subpart M, ANSI Z359.18-2017, & ANSI A10.32-2012 regulations.

Capacity: 130-420 lbs. (including equipment).

Type A anchorage connector.

5,000 lb. MBS (min. breaking strength).

Min. service temperature: -30° F.

All PFAS equipment must be selected and deemed compatible by Competent Person.

Only make compatible connections. Refer to instructions for proper installation and connection methods.

90200 (Rev. E) / Made in Taiwan

WARNING

Maximum 1 connection.

Avoid contact with hazards, including, but not limited to, heat, chemicals, electricity, and sharp or abrasive edges and surfaces.

INSPECTION GRID

User must inspect prior to EACH use. Competent Person must complete formal inspection every 12 months. Competent Person to inspect and initial.

Date of First Use: _____

Product lifetime is indefinite as long as equipment passes pre-use and Competent Person inspections.

YR MO	20__	20__	20__	20__	20__
J					
F					
M					
A					
M					
J					
J					
A					
S					
O					
N					
D					

If equipment fails inspection, IMMEDIATELY REMOVE FROM SERVICE

DO NOT REMOVE LABELS