



Fall Protection



# Support at every level.

3M™ DBI-SALA® ExoFit™ Safety Harnesses

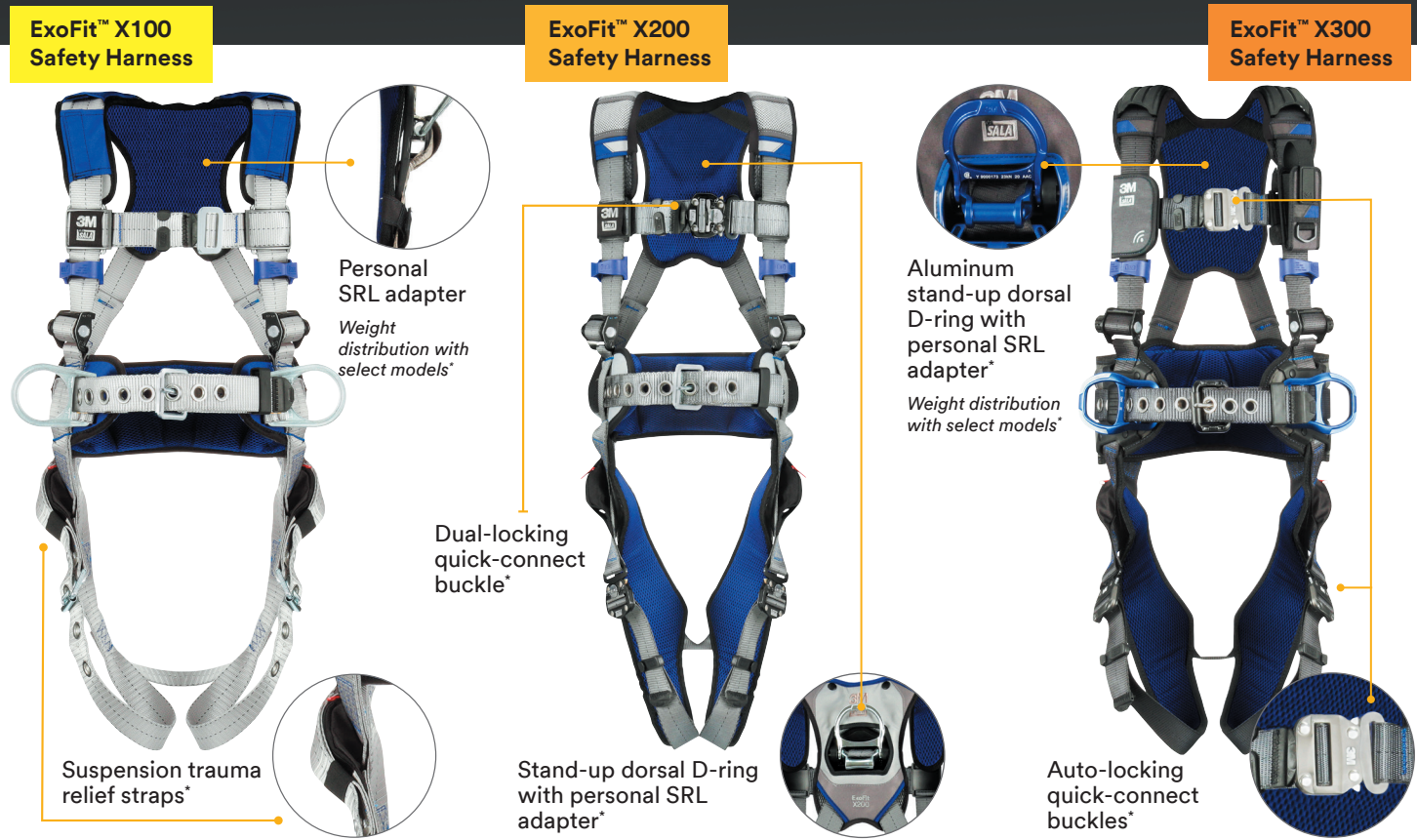
X100 | X200 | X300

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Three new harness product lines. Hundreds of comfort options.

# Designed for ultimate productivity and performance.

Wherever your work takes you, staying comfortably fitted in your safety harness is critical. Precision-tuned for performance and productivity, our new line of 3M™ DBI-SALA® ExoFit™ X100, X200 and X300 Harnesses change the way you work and redefine what you should expect from a safety harness.



## ExoFit™ X100, X200, and X300 Harnesses come equipped with standard DBI-SALA® features:

### Revolving Torso Adjusters\*

- Patented buckles lock webbing into place to maintain a safe and comfortable fit.

### Personal SRL Adapter

- Confidently connect personal SRLs to the harness with ease.

### Anti-Slide Dorsal D-Ring Pad

- Greatly reduces dorsal D-ring slide and allows for adjustment to help ensure a proper and safe fit.

### Suspension Trauma Relief Straps\*

- Integrated low-profile design between harness webbing.

### Auto-Resetting Lanyard Keepers\*

- Fast and easy parking of snap hooks and carabiners.

### Comfort Padding

- Features breathable mesh under-side.

### 3M™ Connected Safety ID\*

- RFID technology for simplified inventory, inspection and record management.

### ANSI/OSHA

- Tested and certified to ANSI/ASSP Z359.11 (310 lbs.) standard. Conforms to the requirements of 29 CFR OSHA 1910.140 and 1926.502. (420 lbs.) regulations.

\*3M Patented Technology

## 3M™ DBI-SALA® ExoFit™ X300 Safety Harness

# For those who refuse to compromise.

One of the most advanced harnesses just got better. With industry-leading comfort and fit, it's optimized to help increase the performance and productivity of professionals who take pride in a job done right.

**Personal SRL adapter\*** allows for connection of personal SRLs with confidence and ease

**3M™ Connected Safety ID\***

**Auto-locking quick connect buckles\*** to help maintain fit—greatly reducing buckle slide

**Comfort back pad** with built-in durable shoulder caps

**Automatic stand-up back D-ring\*** conveniently connect faster and easier

**Radio/cell phone holster\*\***

**Anti-slide dorsal D-ring pad**

**Revolving torso adjusters\*** are fast and easy to adjust and lock webbing into place—maintaining a comfortable and safe harness fit

**Weight Distribution System\*** takes weight off your shoulders\*\*

**3M™ Scotchlite™ reflective panels** to enhance visibility in low-light environments

**Lightweight aluminum tongue-buckle and durable belt**

**Lightweight aluminum D-rings**

**Comfort hip pad** with robust belt loops and rigid belt for tool pouch-carrying convenience

**Auto-resetting lanyard keepers\***

**Integrated low-profile suspension trauma relief straps\***

*\*3M Patented Technology  
\*\*Comes integrated on select models*

# 3M™ DBI-SALA® ExoFit™ X-Series Safety Harnesses

## Feature Matrix



**ExoFit™ X100  
Safety Harness**



**ExoFit™ X200  
Safety Harness**



**ExoFit™ X300  
Safety Harness**

Feature	X100	X200	X300
Personal SRL Adapter*		Steel**	Aluminum
Breathable Back Pads	Removable Shoulders (adaptable)	Mesh Shoulders (breathable)	Rubber Shoulders (durable)
Weight Distribution System* Models Available	✓		✓
Automatic Stand-Up D-Ring*		Steel**	Aluminum
Leg Padding			
Secure-Fitting Quick-Connect Buckles		Dual-locking*	Auto-locking*
3M™ Scotchlite™ Reflective Material			Padding Panels
Equipped with Radio/Phone Holster			✓**
Robust Comfort Hip Pad Belt Loops			✓

### New ExoFit™ comfort harnesses available in a variety of styles:

- Vest
- Vest Climbing
- Vest Positioning
- Vest Retrieval
- Vest Climbing/Positioning
- Vest Climbing/Positioning/Retrieval
- Construction
- Construction Climbing
- Construction Positioning
- Construction Climbing/Positioning
- Construction Weight Distribution Positioning
- Construction Weight Distribution Climbing/Positioning
- Tower Climbing/Positioning
- Wind Energy Vest Climbing/Positioning
- Wind Energy Construction Climbing/Positioning
- Oil & Gas Vest Climbing/Positioning
- Oil & Gas Construction Climbing/Positioning
- Construction Mining

\*3M Patented Technology  
 \*\*Indicates availability on select models.

# Find your fit for your industry and application.

In our dedicated pursuit to help workers stay safe at heights, we have developed performance optimizations for a variety of industries and working applications.



## General Industry

Equipped with lightweight aluminum dorsal D-ring (automatic stand-up D-ring design enables easier connections).



## Construction

Equipped with robust belt loops, lightweight aluminum positioning D-rings and supportive tongue-buckle belt on comfort hip pad.



## Construction Weight Distribution

Equipped with robust construction hip pad and lightweight back bar to redistribute weight and fatigue from shoulder area.



## Wind Energy

Equipped with front D-ring for climbing, side D-rings and seat sling for comfortable positioning at height.



## Telecommunications

Equipped with front D-ring for climbing, side D-rings and seat sling for comfortable positioning at height.

Featured X300 Harness	
Small	1113001
Medium	1113004
Large	1113007
X-Large	1113010
2X-Large	1113013

Featured X300 Harness	
Small	1113121
Medium	1113124
Large	1113127
X-Large	1113130
2X-Large	1113133

Featured X300 Harness	
Small	1403098
Medium	1403099
Large	1403100
X-Large	1403101
2X-Large	1403102

Featured X300 Harness	
Small	1113210
Medium	1113211
Large	1113212
X-Large	1113213
2X-Large	1113214

Featured X300 Harness	
Small	1113190
Medium	1113191
Large	1113192
X-Large	1113193
2X-Large	1113194



**3M™ DBI-SALA® ExoFit™ X-Series:**

**Elevating expectations  
and technologies in three  
new product lines.**

**X100**

- Weight distribution system\*  
(available on select models)
- Integrated personal SRL adapter and anti-slide dorsal D-ring pad
- Revolving torso adjusters\*
- Integrated suspension trauma relief straps\*



**X200**

- Dual-locking quick-connect buckles\*
- Automatic stand-up dorsal D-ring\*
- Personal SRL adapter\*
- Anti-slide dorsal D-ring pad
- Revolving torso adjusters\*
- Integrated suspension trauma relief straps\*



**X300**

- Auto-locking quick-connect buckles\*
- Weight distribution system\*  
(available on select models)
- Lightweight aluminum hardware
- Automatic stand-up dorsal D-ring\*
- Personal SRL adapter\*
- Anti-slide dorsal D-ring pad
- Revolving torso adjusters\*
- Integrated suspension trauma relief straps\*

*\*3M Patented Technology*

## Product Configurations and Part Numbers

X100 Harnesses					
Harness Style	Configuration (D-ring(s), Leg Buckles, Chest Buckle)	Small	Medium	Large	X-Large
Comfort Vest <sup>1</sup>	Back, Tongue Buckle, Pass-Thru	1401000	1401001	1401002	1401003
Comfort Vest Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Pass-Thru	1401005	1401006	1401007	1401008
Comfort Vest Positioning <sup>1</sup>	Back   Positioning, Tongue Buckle, Pass-Thru	1401010	1401011	1401012	1401013
Comfort Vest Climbing/Positioning <sup>1</sup>	Back   Front   Positioning, Tongue Buckle, Pass-Thru	1401015	1401016	1401017	1401018
Comfort Vest <sup>1</sup>	Back, Quick-Connect, Quick-Connect	1401020	1401021	1401022	1401023
Comfort Vest Climbing <sup>1</sup>	Back   Front, Quick-Connect, Quick-Connect	1401025	1401026	1401027	1401028
Comfort Vest Positioning <sup>1</sup>	Back   Positioning, Quick-Connect, Quick-Connect	1401030	1401031	1401032	1401033
Comfort Vest Climbing/Positioning <sup>1</sup>	Back   Front   Positioning, Quick-Connect, Quick-Connect	1401035	1401036	1401037	1401038
Comfort Construction <sup>1</sup>	Back, Tongue Buckle, Pass-Thru	1401060	1401061	1401062	1401063
Comfort Construction Positioning <sup>1</sup>	Back   Positioning, Tongue Buckle, Pass-Thru	1401070	1401071	1401072	1401073
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Positioning, Tongue Buckle, Pass-Thru	1401075	1401076	1401077	1401078
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Pass-Thru	1401040	1401041	1401042	1401043
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Pass-Thru	1401045	1401046	1401047	1401048
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Quick-Connect	1401110	1401111	1401112	1401113
Comfort Construction <sup>1</sup>	Back, Tongue Buckle, Quick-Connect	1401105	1401106	1401107	1401108
Comfort Vest Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Quick-Connect	1401115	1401116	1401117	1401118
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Quick-Connect	1401120	1401121	1401122	1401123
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Quick-Connect	1401125	1401126	1401127	1401128
Comfort Tower Climbing <sup>1,3</sup>	Back   Front   Hip, Tongue Buckle, Quick-Connect	1401140	1401141	1401142	1401143
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Positioning, Tongue Buckle, Quick-Connect	1401135	1401136	1401137	1401138
Comfort Construction <sup>1</sup>	Back, Quick-Connect, Quick-Connect	1401080	1401081	1401082	1401083
Comfort Construction Positioning <sup>1</sup>	Back   Positioning, Quick-Connect, Quick-Connect	1401090	1401091	1401092	1401093
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Positioning, Quick-Connect, Quick-Connect	1401095	1401096	1401097	1401098
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Quick-Connect, Quick-Connect	1401050	1401051	1401052	1401053
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Quick-Connect, Quick-Connect	1401055	1401056	1401057	1401058
Comfort Construction Oil & Gas Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Pass-Thru	1401145	1401146	1401147	1401148
Comfort Vest Oil & Gas Positioning/ Climbing <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Pass-Thru	1401150	1401151	1401152	1401153
Comfort Retrieval <sup>1</sup>	Back   Shoulder, Tongue Buckle, Pass-Thru	1401156	1401157	1401158	1401159
Comfort Retrieval <sup>1</sup>	Back   Front   Hip   Shoulder, Tongue Buckle, Pass-Thru	1401161	1401162	1401163	1401164
X200 Harnesses					
Harness Style	Configuration (D-ring(s), Leg Buckles, Chest Buckle)	Small	Medium	Large	X-Large
Comfort Vest <sup>1</sup>	Back, Tongue Buckle, Dual Locking Quick-Connect	1402000	1402001	1402002	1402003
Comfort Vest Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Dual Locking Quick-Connect	1402005	1402006	1402007	1402008
Comfort Vest Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Dual Locking Quick-Connect	1402010	1402011	1402012	1402013
Comfort Vest Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Dual Locking Quick-Connect	1402015	1402016	1402017	1402018
Comfort Vest <sup>1</sup>	Back, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402020	1402021	1402022	1402023
Comfort Vest Climbing <sup>1</sup>	Back   Front, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402035	1402036	1402037	1402038
Comfort Vest Positioning <sup>1</sup>	Back   Hip, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402040	1402041	1402042	1402043
Comfort Vest Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402050	1402051	1402052	1402053
Comfort Construction <sup>1,3</sup>	Back, Tongue Buckle, Dual Locking Quick-Connect	1402066	1402067	1402068	1402069
Comfort Construction Positioning <sup>1,3</sup>	Back   Hip, Tongue Buckle, Dual Locking Quick-Connect	1402082	1402083	1402084	1402085
Comfort Construction Climbing/Positioning <sup>1,3</sup>	Back   Front   Hip, Tongue Buckle, Quick-Connect	1402088	1402089	1402090	1402091
Comfort Construction <sup>1,3</sup>	Back, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402094	1402095	1402096	1402097
Comfort Construction Positioning <sup>1,3</sup>	Back   Hip, Dual Lock Quick-Connect, Dual Locking Quick-Connect	1402105	1402106	1402107	1402108
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Lock Quick-Connect, Quick-Connect	1402110	1402111	1402112	1402113
Comfort Telecom Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Lock Quick-Connect, Quick-Connect	1402135	1402136	1402137	1402138
Comfort Telecom Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Quick-Connect	1402140	1402141	1402142	1402143
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402125	1402126	1402127	1402128
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402130	1402131	1402132	1402133
Comfort Oil & Gas Climbing <sup>1</sup>	Back   Hip, Tongue Buckle, Quick-Connect	1402115	1402116	1402117	1402118
Comfort Oil & Gas Climbing <sup>1</sup>	Back   Hip, Tongue Buckle, Quick-Connect	1402120	1402121	1402122	1402123

Comfort Cross-Over Climbing <sup>1</sup>	Back   Front, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402155	1402156	1402157	1402158
Comfort Cross-Over Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402160	1402161	1402162	1402163
Comfort Vest Retrieval <sup>1</sup>	Back   Shoulder, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402045	1402046	1402047	1402048
Comfort Climbing/Positioning/Retrieval <sup>1</sup>	Back   Front   Hip   Shoulder, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402150	1402151	1402152	1402153
Comfort Mining <sup>1</sup>	Back, Dual Locking Quick-Connect, Dual Locking Quick-Connect	1402165	1402166	1402167	1402168
X300 Harnesses					
Harness Style	Configuration (D-ring(s), Leg Buckles, Chest Buckle)	Small	Medium	Large	X-Large
Comfort Vest <sup>1,3</sup>	Back, Tongue Buckle, Auto-Locking Quick-Connect	1113016	1113019	1113022	1113025
Comfort Vest Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Auto-Locking Quick-Connect	1140133	1140134	1140135	1140136
Comfort Vest Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1140139	1140140	1140141	1140142
Comfort Vest Climbing/Positioning <sup>1,3</sup>	Back   Front   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1113420	1113421	1113422	1113423
Comfort Vest <sup>1,2,3</sup>	Back, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113001	1113004	1113007	1113010
Comfort Vest Climbing <sup>1,3</sup>	Back   Front, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113031	1113034	1113037	1113040
Comfort Vest Positioning <sup>1,3</sup>	Back   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113046	1113049	1113052	1113055
Comfort Vest Climbing/Positioning <sup>1,3</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113076	1113079	1113082	1113085
Comfort Construction <sup>1</sup>	Back, Tongue Buckle, Auto-Locking Quick-Connect	1403048	1403049	1403050	1403051
Comfort Construction Positioning <sup>1,3</sup>	Back   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1140181	1140182	1140183	1140184
Comfort Construction <sup>1</sup>	Back   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1403059	1403060	1403061	1403062
Comfort Construction Climbing/Positioning <sup>1,3</sup>	Back   Front   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1140187	1140188	1140189	1140190
Comfort Construction <sup>1</sup>	Back, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1403070	1403071	1403072	1403073
Comfort Construction Positioning <sup>1,2,3</sup>	Back   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113121	1113124	1113127	1113130
Comfort Construction Climbing/Positioning <sup>1,3</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113151	1113154	1113157	1113160
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1403098	1403099	1403100	1403101
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1403103	1403104	1403105	1403106
Comfort Construction Positioning <sup>1</sup>	Back   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1403088	1403089	1403090	1403091
Comfort Construction Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Auto-Locking Quick-Connect	1403093	1403094	1403095	1403096
Comfort Telecom Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113190	1113191	1113192	1113193
Comfort Telecom Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113375	1113376	1113377	1113378
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113215	1113216	1113217	1113218
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113210	1113211	1113212	1113213
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Tongue Buckle, Quick-Connect	1113175	1113176	1113177	1113178
Comfort Wind Energy Climbing/Positioning <sup>1</sup>	Back   Front   Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113449	1113450	1113451	1113452
Comfort Oil & Gas Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Auto-Locking Quick-Connect	1113290	1113291	1113292	1113293
Comfort Oil & Gas Climbing <sup>1</sup>	Back   Front, Tongue Buckle, Pass-through	1113305	1113306	1113307	1113308
Comfort Retrieval <sup>1</sup>	Back   Shoulder, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113061	1113064	1113067	1113070
Comfort Climbing/Positioning/Retrieval <sup>1</sup>	Back   Front   Hip   Shoulder, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113705	1113706	1113707	1113708
Comfort Mining <sup>1</sup>	Back   Front   Hip   Shoulder, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect	1113195	1113196	1113197	1113199

1 Available in 2X-Large

2 Available in 3X-Large

3 Available in X-Small

Contact your 3M Fall Protection representative or visit [3M.com/ExoFitHarness](https://www.3m.com/ExoFitHarness)



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