

## SUPER ANCHOR SAFETY

# SAS Lifeline Instruction Manual 2014.1

## **EXAMPLE 3** strand w/rope grabs

#### **!WARNING TO USER!**

You are required to read and use the Instruction/Specification manual supplied at the time this device was shipped. Improper use and installation can result in serious injury or death. Follow inspection requirements before each use.

#### **Material Specification:**

Device: 3 strand lifeline. Fig.1 Diameter: 5/8"(16mm) Material type: Poly-Dac. Min. Tensile: 9,300lb(42kN) **% Elongation:** 16.5% @ **44**kN Compliance: ANSI Z359.1-07

CSA Z259.2.5 Specifications of Use:

One person PFAS system w/tools. Max wt.: 310lb(140kg) w/E-4 absorber or 340lb(154kg) w/E-6 absorber.

#### **Rope Grab:**

Device: Value Grab 4015V Captive bi-directional lock, adjustable diameter. Fig.2 Max. Deceleration: \*12"(300mm) Fabric: 7/16"(11mm) Nylon/Poly Avg. Tensile: 7,400lb(34kN) Strength Rating: 5,000lb(23kN) Use For: 5/8"(16mm) diam. rope. Compliance: OSHA 1926:502 \*Requires use of energy absorber.

#### **Rope Grab:**

Device: Integral Adjuster 4015M Captive single direction lock. Fixed diameter. Fig.3 Max. Deceleration: \*24"(600mm)

Material: Zinc plated steel Min. Breaking: 3,600lb(16kN)

Use For: 5/8"-7/8"(16-22mm) diam. rope.

Fig.2

Grab Knot

6 wraps

required.

Black PVC swage cover

Inspection Label

12"(300mm)

Primary Label

"B"end

Value Grab

4015V

Compliance: OSHA 1926:502 ANSI Z359.1-07 CSA Z259.11-05 \*Requires use of energy absorber

#### **ADP Fall Arrester:**

Nº 4015C:HARD MEC004 SST Automatic single direction locking function. Activated when a force is applied to the attachment ring at Fig.4. Max. Deceleration: \*24"(600mm) Min. Breaking: 3,600lb(16kN) Use For: 5/8"(16mm) diam. rope. Compliance: OSHA 1926:502 ANSI Z359.1-07 CSA Z259.2.5 \*Requires use of energy absorber.

#### **Attaching Lifeline To Anchorage**

Connect Snap-Hook "A" end of lifeline ONLY to an anchorage device that complies with OSHA 1926 or ANSI Z359.1-07 section 7.2.3 capable of supporting 2x the maximum arrest force of an engineered system or 5,000lb(23kN).

Reverse Attachment: Lifeline "A" end may be connected directly to a full body harness dorsal or side D-ring using Value Grab 4015V as specified in SAS-Reverse Rigging instructions.

**HAZARD WARNING!** Failure to avoid hazards and use lifeline as specified in this manual may lead to serious injury or death!

#### **Connector Compatibility**

4015M and 4015C require class 1 connectors. Use snaphooks or carabiners that are compatible with attachments and are ANSI or CSA certified for fall protection use. Do not link two connectors together or make more than 1 attachment to a connector.

#### Rigging: ADP/Rope Grab

A compatible we lanyard or energy absorber with a max. length of 30"(750mm) is required to attach the device to the dorsal D-ring of the harness.

#### !WARNING! **DO NOT CONTACT lifeline or PPE** components with:

- Sharp or abrasive edges, cutting tools
- Electrical sources or power lines
- Open flame, high heat, hot asphalt
- Adhesives, or any type of petroleum solvents, caulking, paint, or stains

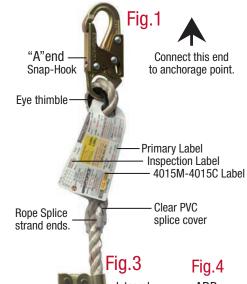
DO NOT WRAP or tie a lifeline around wood or steel structures, framing, to another lifeline, lanyard, scaffolding or vehicle.

DO NOT USE lifeline for hoisting, towing or animal tether. Do not link two lifelines together without an engineered system.

#### **Maintenance**

To prevent rust, mildew and deterioration, always store lifelines and rope grabs by hanging in a dry area. Never store wet in a confined space. Clean lifelines with an air hose or low pressure water and mild detergent. Keep away from salt water.

**WARNING!** Synthetic fibers are damaged by mildew, extreme temperatures and extended exposure to UV. SERVICE LIFE is based on frequency of use, environmental conditions, and normal wear and tear. A plan for removing equipment from service should be determined by a competent person or safety consultant.



Integral Adjuster △ 4015M

**ADP** Fall Arrester △ 4015C

Arrow indicator on rope grab must point up.

**Attachment Ring** Lanyard required to connect to harness.

**Stopper/Termination Knot** is required to prevent accidental disengagement. CSA Z259.2.5(7.3)(e) states "the bottom end shall have a counterweight to provide stiffness".

Not required by SAS.

**PVC** termination

Part Numbers/Table 1			Rope Grab Type						
Model	Lei	ngth	CSA					<u>s</u>	
N°	Ft	(M)	78	/2			\$ \$	5/ §	See
4020	25	7.6	Х		х				
4021	50	15							Fig. 1
4022	75	24							
4023	100	30							
4016	25	7.6		Х		Х			Fig. 2
4017	50	15							
4016M	25	7.6	Х				Х		Ein O
4017M	50	15					^		Fig. 3
4016C	25	7.6	Х					Х	Eig 1
4017C	50	15						^	Fig. 4

4024 - Custom Length, Specify rope grab type and connector.

CSA Certification No's RMRP:POL001/RMRP:SSR001

ADP/Rope Grab Slope Specification: Degree/Angle: Min.Horizontal/Max.Vertical.

"A" end attaches

to anchorage point.

#### **Inspect Before Each Use!**

Prior to each use, inspect and perform function tests for all components. Annual inspections should be done at least once a year by a competent person and recorded on the matrix label. See Fig.11. A record of inspections, repair, and removal of equipment from service should be maintained for each component. The following inspection points are a quideline of common conditions that occur as a result of abuse, poor maintenance or long service life.

### Remove equipment from service if any of the following conditions are present:

- 1) Subjected to a free fall or other force.
- Obvious damage to any component. 2)
- 3) Warning labels missing or not legible.
- Has not been inspected annually.
- Fails to pass inspection/function tests.

6) Paint, caulk, asphalt, rust or any type of material that impedes function or causes fiber or material deterioration.

The following conditions require removal from service or repair at SAS factory or by a competent person.

**ACTION REQUIRED:** ⊠=Remove ☑=Repair. **①**=Inspection points

#### Lifeline and Rope Grab 4015V: Figs.5-6.

- Strands are cut or hocked. ⊠
- PVC splice cover tubing is missing. ✓
- Splice is unravelling. ✓
- Grab Knot is less than 6 wraps. 

   ✓
- Knots are tied on lifeline above termination knot. <a>✓</a>
- If Knots can not be removed. ⊠
- **(** Termination knot is missing. ✓

#### Rope Grab 4015M-4015C: Figs.7-8.

- **1** Arrow position is upside down. ✓ Remove and install correctly.
- Body or Locking Cam bent, twisted or missing rivets.
- Grab is locked onto lifeline or won't move position easily. Clean lifeline and retest. If no change: ⊠

#### Webbing Components: Fig.9.

- Loop wear pads are missing or

#### Energy Absorber: Figs.10-11-12.

- PVC cover is missing or damaged. ⊠ Fall indicator warning "Remove From
- Service" is visible or missing. ⊠ Fails webbing inspection.

#### Snaphook-Carabiner: Page 3.

- obvious damage/missing rivets. 🗵 **②** Gate is bent or won't close. ⊠
- Gate locking device is damaged. 29 Carabiner won't lock closed. ⊠

**ADVISORY!** Equipment removed from service should be disposed of in a way that prevents further use.

indicate deployment

#### Fig.12 Fig.11 **Energy absorber** Absorber serviceable has been deployed. condition. **PVC Cover** PVC Cover and Missing label in place. **Fall Indicator** WARNING is visible Absorber deployed. DO NOT USE! 24 Red ▲ arrow may not be visible on some models and does not

Inspection

matrix label.



Inspect connector attachment points for webbing deterioration



Wear Pad

outside 20

Wear pad outside 20 Cover webbing

4015C ADP **Fall Arrester** Arrow position wrong. Grab is upside down. 110

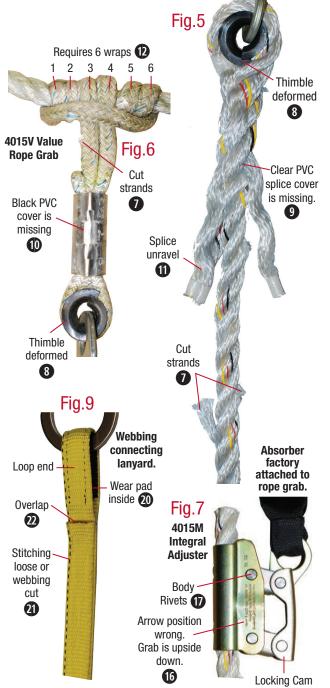
Fig.8

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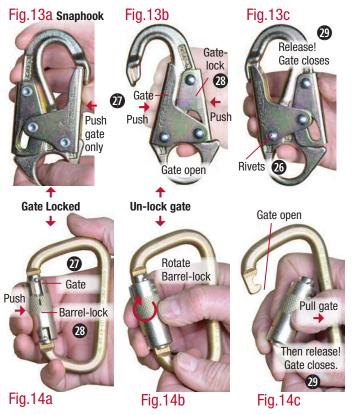
Rivets 17

Body 17

WARNING! 4015M-4015C are single direction locking devices that must be installed with the arrow indicator pointing up-slope to the lifeline anchorage point "A" end or they will not lock in the event of a free fall.



**Connectors:** Gates are designed to remain closed during use and are fitted with gate locks to prevent accidental disengagement.



#### **Function Tests**

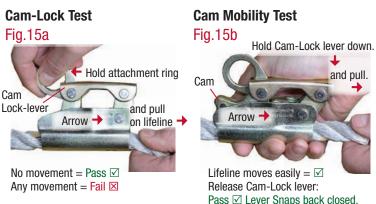
Test rope grabs and connectors before each use.

Remove equipment from service if any function tests fails.

Fig.	Test Type	Function	Pass ✓	Fail ⊠
13a-14a	Gate-lock	Push against gate only	Won't open	Opens
13b	Gate-open	Push gate-lock and gate at the same time	Opens	Gate won't open
13c	Gate-close	Release gate and gate-lock at same time	Snaps shut	Won't close and lock
14b-14-c	Un-lock gate	Rotate barrel lock	Gate opens	Won't open
14a	Gate closes	Release gate/barrel	Snaps shut	Won't close

#### **Integral Adjuster 4015M Locking Test**

Dual spring loaded cam-locks produce constant pressure on the lifeline that restricts movement. Mobility is achieved by pushing or pulling the adjuster up or down the lifeline. Push the cam-lock lever down to release pressure. See Fig. 15b.



#### **Auto-Lock Carabiner**

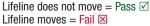
Perform same tests for thread-lock carabiners.

#### Fall Arrester 4015C

Locking cam is activated by force applied to the connector ring. Remove by opening gate. Mobility: move position by pulling or pushing device up or down on the lifeline or hold cam-lock open.

### Fig. 16a Cam-lock Test





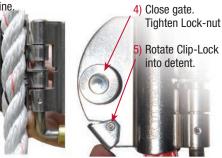


Easily moves = Pass ✓ Does not move = Fail ⊠

#### Open/Close Gate Fig. 16



3) Open gate and hold cam foot open, insert lifeline.



#### Rope-Grab 4015V: DO NOT REMOVE FROM LIFELINE!

Up **↑** 

**Locking Function Test** 

Does not move:

Connector

A Prussic type device locks in two directions (bi-directional) by applying force to the connector end. Move position by pushing or pulling the wraps up or down on lifeline.



be restored

replacing the lifeline.

Lock gate

Fig.17



4015V rated for use on vertical and horizontal lines. Mobility can be reduced by tightening the wraps.

#### Rigging/Length of Fall Plan

Leading Edge

Length

of

**Fall** 

"LOF"

12ft-6"

150"

(3.8m)

18c

The Sample Length of Fall Plan **(LOFP)** shown here is based on the maximum stretch and deceleration values for each component, a user weight of 310lb(140kg), and a maximum free fall of 6ft(1.8m). To prevent contact with the ground or a lower level, the following factors must be calculated in your own Job Specific Length of Fall Plan:



18b "A"

Free-fall

72"(1.8m)

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Rope grab Deceleration

24"(.6m)

"E"

Absorber deployment

42"(1.06m)

"F"

Harness stretch 12"(.3m)

"G"

Ground

clearance

D-ring

height.

52"(1.3m)

**LOF** 

Ground

Clearance

16ft-8"

202"

(5.1m)

**LOFP** 

- 4) Rope grab deceleration: "D" 6) Harness stretch: "F"
  - 7) Ground clearance: "G"

Position on the lifeline is gauged using the rope grab. A limiter knot tied below the rope grab will prevent it from creeping downslope and will allow factor "D" to be eliminated from the LOF.

#### Calculate Line Slack "C"

Travel along the leading edge is limited to the amount of slack, "C" in the lifeline. The greater the slack, the wider the range of horizontal movement along the leading edge. Line slack is calculated by subtracting the D-ring height "B" from the free fall length "A".

Figs.18a, 18b. (A-B) = C. The sample plan line slack value is 20"(.5m).

#### **Adjusting Rope Grab Position**

Shown at Fig.18a, the PPE in this sample plan is rigged in tension to reduce excess slack. The vertical distance you will travel in a free fall is:

"B" Length from the lifeline D-ring connection to the leading edge. "C" The amount of slack in the lifeline.

**Option:** If the absorber and rope grab hang vertically from the D-ring at Fig.18a, the length of the two components must be added to the "B" value D-ring height.

### Calculate Length of Fall (A+D+E+F+G)=L0FP

(ATDTETI TU)-LUII					
Factors:	Sample Plan				
1) Desired Free fall length "A"	72"(1.8m)				
2) Rope grab deceleration "D"	24"(0.6m)				
3) Absorber deployment "E"	42"(1.06m)				
4) Harness stretch "F"	12"(0.3m)				
Total Length of Fall (LOF)	150"(3.8m)				
5) Ground clearance "G"	52"(1.3m)				
Length of Fall Plan (LOFP)	202"(5.1m)				
Note: Rope grab deceleration "D" may be					
eliminated from the <b>LOF</b> by use of a Limiter Knot.					

#### **Insufficient Ground Clearance**

WARNING! A failure to calculate the LOF and correctly rig PPE can result in striking the ground or a lower level in the event of a fall and may lead to serious injury or death.

#### **WARNING! PROMT RESCUE!**

A plan for immediate rescue is necessary to avoid serious injury or death resulting from suspension trauma. SAS recommends that each harness is fitted with a suspension ladder and workers trained in its use. Request S.T.E.P Trauma Strap N°6060.

#### Labels

Lifeline eye thimbles are fitted with a primary label, an inspection matrix label and may have an optional rope grab label. Do not use equipment if the labels are missing or not readable.

